



# Mothers of Young Children Retreat

A Catholic retreat day designed for mothers of children 5 years and under.  
*Retreat is for mothers only, nursing babies welcome.*

**Our Lady of Fatima Catholic Church (Parish Hall)**

**1985 Miller Street, Lakewood, 80215**

**Cost— \$35 Includes Lunch**

*We all struggle with weariness, comparison traps, and the lies that we aren't doing a good enough job.*

*Join other women for a restful day of short talks, prayer, and fellowship.*

*Walk away with the confidence to live in the truth and be the mother God called you to be.*

**SATURDAY**

**April**

**5**

**9AM—3PM**

To sign up, visit: [allisonauth.com/retreat](http://allisonauth.com/retreat)

Questions: [babyandbeyondbook@gmail.com](mailto:babyandbeyondbook@gmail.com)



## - Retreat Leaders -

Father Ryan O'Neil



Fr. Ryan is currently the chaplain at Annunciation Heights camp in Estes Park. He was previously the Vocations Director for the Archdiocese of Denver for six years..

Author Allison Auth



Allison Auth is a mother of 5 and the author of *Baby and Beyond: Overcoming Those Post-Childbirth Woes*. She also writes for the Denver Catholic and Catholicmom.com. She is a parishioner at Our Lady of Fatima.