

DIARY OF A SPOONIE · UNCATEGORIZED

Diary of a Spoonie 4: Why haven't I posted lately?

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So as my intensive surgery seems to have not helped the pain I set off a different path: Chinese medicine. This isn't my first rodeo, I tend to take my run with western medicine and when it fails I try another alternative type of medicine, then when that fails I go back to western medicine and so on. It continues in an exhausting circle. This time I went to a guy that does body work (think purposeful massage) and prescribes Chinese herbs. About a month ago I was going downhill fast, and he has given me a boost back up. He's done enough to get me to a place where I can finally stare at a computer screen and write. Hopefully you can expect longer articles soon! Thanks for your support and understanding.

Good luck out there!

-M