

DIARY OF A SPOONIE • UNCATEGORIZED

Diary Of A Spoonie #1: The Holidays

December 26, 2016 saneinchronicpain

Well it's Christmas day at 6:25pm and I am absolutely exhausted. I got one hour of sleep last night so I started out lagging and I never really caught up. My family started the day like most: opening presents. I was way blessed in getting several things I really wanted and it was fun to see my family enjoy the things that I got them. The rest of the day was pretty mundane, movies and such. But I enjoyed it because I honestly didn't have the energy to do much else. My pain stayed at a 7 most of the day and has only just now started to creep up towards 8-8.5. I would go lay down but dinner is almost ready and my presence is required. Man do the holidays take it out of you! I feel like a zombie!

Wish me luck!

-MF

