

(In)Sane & In Chronic Pain

I've spent almost 2,000 days in pain and I've somehow managed to get through every single one. I'm not an expert, but I sure can run with the big dogs. So whether you're here just to feel like your not alone, because someone in your life is chronically ill, or you just wanna see what it's like to have chronic pain, buckle up, because that's what this whole blog is for.

