

What's on the Menu?

AOD School Food Program K-8— Lunch Menu
ST. AUGUSTINE CATHOLIC SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday



Specials

October

Daily Offerings

Entrée #2

Garden Chicken Salad

Entree #3

Soy Butter & Grape Jelly
Sandwich

Fruit, Milk and Vegetables
available daily with all
entrées

*School **MUST** offer all **5** components
(Protein, Grain, Fruit, Veggie and 1%
Milk)

*Students **MUST** choose **3** or more
components – 1 component **MUST**
at least be ½ cup fruit & or
Vegetable

5 BBQ
Pork sandwich
Apple

Gold fish

12
Chicken
nuggets
Baked Beans
fries Apples

19
Orange chicken
Rice
Veggie
Peaches

26
Chicken
sticks
Broccoli
Fruit

6 Cheese
Burger
Fries
Mix fruit

13
Pepperoni
stuffed
Bread
mix veggie
Strawberries

20
Chicken tacos
Refried Beans
fruit

27
Walking
Taco
Refried Beans
Fruit

7 Pancakes
Vanilla yogurt
Zucchini
applesauce

14
French toast
Carrots
Mandarin
oranges

21
Pancakes
yogurt
celery
Applesauce

28
French
Toast
Sausage
tater tots
Fruit

1 Alfredo
Chicken

8 Hot dog
Baked Beans
Apple crisp
Orange

15
NO
Lunch

22
Chicken
nuggets
fries
fruit

29
Spaghetti
and meat ball
Green Beans
fruit
Roll

2
Pizza

9 Pizza
Carrot celery
sticks
Pineapple

16
NO
Lunch

23 Pizza
Salad
Pineapple

30
NO
Lunches

chartwells
serving up happy & healthy
All meals served with milk.

Menus will be changing to accommodate
for the National Food Supply Chain
challenges

- AOD School Food Program Contact Information: (313) 883-8755
This institution is an equal opportunity provider.