



WELCOME BACK TO SCHOOL

2019
Menu



2019-2020 Meal Prices

Lunch = \$3.00
.40 for those qualified reduced
School Milk 1/2 pint .40

Free and Reduced
application
available online at:
www.lunchapp.com

The U.S. Department of Agriculture (USDA)
Prohibits discrimination. See Full USDA
Nondiscrimination Statement on our website at
www.anchorbay.misd.net/departments/foodservice
This institution is an equal
opportunity provider.

Menu Subject to Change

Other Available Options

Fresh Salad Lunch • Yogurt Lunch
• Hummus Lunch

Lunch Includes:

Salad, Yogurt or Hummus Entrée
Variety Bread/Grain Item
Fruit and Vegetables Of the Day
One Milk

Salad Offerings:

Monday—Hummus Lunch
Tuesday- Club Salad with Egg, Turkey & Ham
Wednesday-Taco Salad
Thursday- Grilled Chicken Salad

***Wednesday Pepperoni Pizza Lunch**
Pepperoni is made with Beef & Chicken

On Line Resources

Applications:
www.lunchapp.com

Nutritional
www.anchorbay.misd.net/departments/foodservice

Meal Account Website:
www.sendmoneytoschool.com



Mon	Tue	Wed	Thu	Fri
August 26 Welcome back! #1 Cheese & Pepperoni Pizza Romaine Salad Cherry Tomato Strawberry Cup Milk #2 Yogurt Lunch #3 Hummus Lunch	27 #1 Chicken Nuggets Twister Fries Baked Beans Mandarin Oranges Milk #2 Yogurt Lunch #3 Salad Lunch	28 #1 Nacho Deluxe Tortilla Chips with Taco Meat and Cheese Sauce Refried Beans Salsa Smiley Sherbet #2 Yogurt Lunch #3 Salad Lunch	29 #1 Chicken Tenders Mashed Potato Gravy Chocolate Chip Muffin Peach Cup Milk #2 Yogurt Lunch #3 Salad Lunch	30 Happy LABOR DAY Weekend
September 2 3 #1 Macaroni & Cheese Garlic Twist Cherry Star Juice Cucumber Apple Slices #2 Yogurt Lunch #3 Salad Lunch	4 #1 Cheese Pizza Romaine Salad Cherry Tomato Fresh Apple Milk #2 Yogurt Lunch #3 Salad Lunch	5 #1 Chicken Patty On a Bun Thunder Fries Crisp Cucumber Diced Peaches Milk #2 Yogurt Lunch #3 Salad Lunch	6 PTC Pizza Lunch 	
9 #1 Hamburger On a Bun Baked Beans Pickle Spear Mixed Fruit Cup Milk #2 Yogurt Lunch #3 Hummus Lunch	10 #1 Beef Hot Dog on a Bun Thunder Fries Apple Slices Milk #2 Yogurt Lunch #3 Salad Lunch	11 Patriot's Day #1 Galaxy Cheese Pizza Romaine Salad Cherry Tomato Flag Sherbet Milk #2 Yogurt Lunch #3 Salad Lunch	12 #1 Chicken Drumsticks Twister Fries Crisp Cucumber Fresh Melon Milk #2 Yogurt Lunch #3 Salad Lunch	13 PTC Pizza Lunch
16 #1 Pasta W/Meat Sauce Parmesan Cheese Garlic Twist Romaine Salad Strawberry Cup Milk #2 Yogurt Lunch #3 Hummus Lunch	17 #1 French Toast Sticks w/Syrup Scrambled Eggs Fresh Carrots 100% Juice Milk #2 Yogurt Lunch #3 Salad Lunch	18 #1 Tony's Deep Dish Cheese Pizza Romaine Salad Cherry Tomato Fruit Slushie Milk #2 Yogurt Lunch #3 Salad Lunch	19 #1 Tyson Baked® Chicken Tenders Mashed Potato w/Gravy Choc. Chip Mini Muffin Crisp Cucumber Applesauce Milk #2 Yogurt Lunch #3 Salad Lunch	20 PTC Pizza
23 #1 Nacho & Cheese Tortilla Chips W/Cheese Cup Garbanzo Salad Green Beans Apple Slices Milk #2 Yogurt Lunch #3 Hummus Lunch	24 #1 Eggo® Pancakes W/Syrup Emoji Fries String Cheese Stick Orange Juice Milk #2 Yogurt Lunch #3 Salad Lunch	25 #1 Pepperoni Pizza* Romaine Salad Cherry Tomato Diced Pears Milk #2 Yogurt Lunch #3 Salad Lunch	26 #1 Chicken Rings Buttered Noodles Hostess® Cinnamon Roll Crunchy Carrots Applesauce Cup Milk #2 Yogurt Lunch #3 Salad Lunch	27 PTC Pizza Lunch
30 #1 Mini Corn Dogs Thunder Fries Garbanzo Salad Fruit Slushie Milk #2 Yogurt Lunch #3 Hummus Lunch	Students will order lunch each day when teacher takes attendance. No need to preorder. Each Student Lunch consists of five food components: Protein Grain 3/4 cup to 1 cup of Vegetables 1/2 cup of Fruit 8 ounces of 1% White or Flavored Milk Students may choose to take all of these lunch items or just 3 but one of the choices must be a 1/2 cup fruit or vegetable. Thank you 			