



# January

2020

## 2019-2020 Meal Prices

Lunch = \$3.00  
 .40 for those qualified reduced  
 School Milk ½ pint .40

Free and Reduced  
 application  
 available online at:  
[www.lunchapp.com](http://www.lunchapp.com)

The U.S. Department of Agriculture (USDA)  
 Prohibits discrimination. See Full USDA  
 Nondiscrimination Statement on our website at  
[www.anchorbay.misd.net/departments/foodservice](http://www.anchorbay.misd.net/departments/foodservice).  
 This institution is an equal

Menu Subject to Change

Other Available Options  
 Fresh Salad Lunch • Yogurt Lunch  
 Chicken Tender Wrap

**Lunch Includes:**  
 Salad, Yogurt or Chicken Tender Wrap  
 Variety Bread/Grain Item  
 Fruit and Vegetables Of the Day  
 One Milk

Salad Offerings:

Monday—Chicken Tender Wrap  
 Tuesday- Club Salad  
 Wednesday- Taco Salad  
 Thursday- Grilled Chicken Salad



On Line Resources

Applications:  
[www.lunchapp.com](http://www.lunchapp.com)  
 Nutritional:  
[www.anchorbay.misd.net/departments/foodservice](http://www.anchorbay.misd.net/departments/foodservice)  
 Meal Account Website:  
[www.sendmoneytoschool.com](http://www.sendmoneytoschool.com)

Mon	Tue	Wed	Thu	Fri
<p>Welcome to the New Year</p>		<p>1</p>	<p>2 #1 Beef Hot Dog on a Bun Thunder Fries Crunchy Carrots Applesauce Hot Chocolate Milk #2 Yogurt Lunch No Salad Today</p>	<p>3 PTC Pizza Lunch </p>
<p>6 #1 Nacho &amp; Cheese Tortilla Chips Corn Peaches Milk #2 Yogurt Lunch #3 Chicken Tender Wrap </p>	<p>7 #1 French Toast Hash Brown Potato Cheese Stick Crunchy Carrots Mandarin Oranges Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>8 #1 Pepperoni Pizza Fresh Broccoli Florets Cherry Tomato Pineapple Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>9 #1 Chicken Tenders Mashed Potato w/Gravy WG Dinner Roll Crisp Cucumber Apple Slices Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>10 PTC Pizza Lunch </p>
<p>13 STUDENT CONGRESS APPROVED! #1 Sloppy Joes On a Bun Sweet Potato Fries Pickle Spear Emoji Sherbet Milk #2 Yogurt Lunch #3 Chicken Tender Wrap</p>	<p>14 #1 Scrambled Eggs Hash Potato Rounds Cinnamon Toast Bar Oranges Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>15 #1 Cheese Pizza Vegetable of the Day Crunchy Carrots Mixed Fruit Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>16 #1 Popcorn Chicken Buttered Noodles Crisp Cucumber Fresh Apple Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>17 PTC Pizza Lunch </p>
<p>20 #1 Boneless Chicken Wings Smile Potatoes Carrots Applesauce Milk #2 Yogurt Lunch No Wraps Today</p>	<p>21 #1 Cheesy Bosco Sticks w/Marinara Golden Corn Diced Pear Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>22 #1 Cheese Pizza Broccoli Florets Vegetable of the Day Fresh Apple Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>23 #1 Chicken Tenders Mashed Potato W/Gravy WG Dinner Roll Celery Sticks Peach Cup Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>24 PTC Pizza Lunch </p>
<p>27 Blue Water </p>	<p>28  #1 Chicken Rings Hostess Birthday Cake Mini Muffins Baked Beans Crunchy Carrots Birthday Sherbet Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>29 #1 Pepperoni Pizza Romaine Salad Cherry Tomato Strawberry Cup Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>30 #1 Chicken Drumsticks Twister Fries Crisp Cucumbers Diced Pears Milk #2 Yogurt Lunch #3 Salad Lunch</p>	<p>31 PTC Pizza Lunch </p>