

2020
Menu



2020-2021 Meal Prices

**Lunch = \$3.50 or
.40 for those qualified reduced
School Milk 1/2 pint .40**

Free and Reduced
application
available online at:



www.lunchapp.com

The U.S. Department of Agriculture (USDA) prohibits discrimination. See Full USDA Nondiscrimination Statement on our website at www.anchorbay.misd.net/departments/foodservice.

This institution is an equal opportunity provider.

Menu Subject to Change

**Other Available Options
Fresh Salad Lunch • Yogurt Lunch**

Lunch Includes:

Salad or Yogurt of the Day
Variety Bread/Grain Item
Fruit and Vegetables Of the Day
One Milk

Monday Chicken Tender Wrap Lunch
Includes Fruit & Vegetables of the Day

**Tuesday- Club Salad
Wednesday-Taco Salad
Thursday- Grilled Chicken Salad**

Online Resources

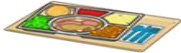




Applications:
www.lunchapp.com

Nutritional:

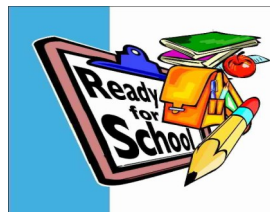
www.anchorbay.misd.net/departments/foodservice

Meal Account Website: For Viewing Only
No Deposits Accepted
www.sendmoneytoschool.com



Mon	Tue	Wed	Thu	Fri
<p>What's for Lunch?</p> 	<p>8 #1 French Toast Sticks W/Syrup Scrambled Eggs Hashbrown Rounds Celery Sticks Fresh Orange Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>9 #1 Macaroni & Cheese Garlic Knot Bread Romaine Salad Cherry Tomatoes Apple Slices Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>10 #1 Popcorn Chicken Twister Fries Carrot Sticks Applesauce Cup Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p> 	<p>11 PTC Lunch</p>
<p>14 #1 Soft Turkey Taco W/Salsa Side of Refried Beans Mandarin Oranges Milk</p> <p>#2 Yogurt Lunch #4 Chicken Tender Wrap</p>	<p>15 #1 Chicken Patty On a Bun Tater Tots Carrot Coins Pineapple Tidbits Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>16 #1 Corn Dog On a Stick Steamed Carrots Zucchini Coins Birthday Grahams Fresh Banana Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>17 #1 Chicken Nuggets Mashed Potato W/Gravy WG Dinner Roll Golden Corn Diced Peaches Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p> 	<p>18 PTC Lunch</p>
<p>21 #1 Cheesy Bosco Sticks W/Marinara Fresh Broccoli Strawberry Cup Milk</p> <p>#2 Yogurt Lunch #4 Chicken Tender Wrap</p>	<p>22 #1 Sloppy Joe On a Bun Golden Corn Diced Peaches Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>23 #1 Spaghetti W/ Beef Sauce W/Parmesan Pkt. Garlic Knot Bread Green Beans Diced Peas Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>24 #1 Cheeseburger On a Bun Pickle Spear Baked Beans Squash Coins Mixed Berries Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p> 	<p>25 PTC Lunch</p>
<p>28 #1 All Beef Hot Dog On a Bun Smile Potatoes Steamed Carrots Fruit Slushie Milk</p> <p>#2 Yogurt Lunch #4 Chicken Tender Wrap</p>	<p>29 #1 Crazy Cheese Bread W/Marinara Green Beans Zucchini Coins Pineapple Tidbits Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>30 #1 Beefy Nacho Grande Tortilla Chips Salsa Cup Side of Refried Beans Apple Slices Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>1 #1 Grilled Cheese Tomato Soup W/Crackers Celery Sticks Red Grapes Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p> 	<p>2 PTC Lunch</p>

Students will order lunch each day when teacher takes attendance. No need to preorder.



Each Student Lunch consists of five food components:

**Protein
Grain**

**3/4 cup to 1 cup of Vegetables
1/2 cup of Fruit or 100% Juice**

8 ounces of 1% White or Flavored Milk

Students may choose to take all of these lunch items or just 3 but one of the choices must be a 1/2 cup fruit or vegetable. Thank you.