



OCTOBER

2020



**One FREE Lunch
For Each Student
Per Day
Through December 20th
Milk Only .40**

You may apply at anytime through out the school year for free and/or reduced lunches.

Applications are available at all schools.

Free and Reduced application available online at:



www.lunchapp.com

The U.S. Department of Agriculture (USDA) prohibits discrimination. See Full USDA Nondiscrimination Statement on our website at www.anchorbay.misd.net/departments/foodservice.

This institution is an equal opportunity provider.

Menu Subject to Change

Other Available Options

Fresh Salad Lunch • Yogurt Lunch

Lunch Includes:

Salad or Yogurt of the Day
Variety Bread/Grain Item
Fruit and Vegetables Of the Day
One Milk

Monday Chicken Tender Wrap Lunch

Includes Fruit & Vegetables of the Day
One Milk

Tuesday- Club Salad
Wednesday- Taco Salad
Thursday- Grilled Chicken Caesar Salad

On Line Resources

Applications:

www.lunchapp.com

Nutritional:

www.anchorbay.misd.net/departments/foodservice

Meal Account Website:

www.sendmoneytoschool.com



Mon	Tue	Wed	Thu	Fri
		<p>Please Join Us for Lunch!</p>		<p>1</p> <p>Grilled Cheese Sandwich Tomato Soup W/Crackers Celery Sticks Red Grapes Milk</p>
<p>5</p> <p>#1 Popcorn Chicken Potato Smiles Carrot Sticks Applesauce Cup Milk</p> <p>#2 Yogurt Lunch #4 Chicken Tender Wrap</p>	<p>6</p> <p>#1 Macaroni & Cheese Garlic Bread Knot Steamed Broccoli Apple Slices Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>7</p> <p>#1 All Beef Hot Dog on a Bun Golden Corn Fruit Slushie Sun Chips Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>8</p> <p>#1 Chicken Patty On a Bun Steamed Carrots Elf Grahams Pineapple Tidbits Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>PTC Lunch</p>
<p>12</p> <p>#1 Rotini Pasta W/Meat Sauce Parmesan Pkt. Garlic Bread Knot Green Beans Diced Pears Milk</p> <p>#2 Yogurt Lunch #4 Chicken Tender Wrap</p>	<p>13</p> <p>#1 Cheesy Bosco Sticks W/Marinara Golden Corn Strawberry Cup Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>14</p> <p>#1 Soft Turkey Taco W/Salsa Side of Refried Beans Pineapple Tidbits Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>15</p> <p>#1 Cheeseburger On a Bun Pickle Spear Baked Beans Berry Cup Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>No School</p>
<p>19</p> <p>#1 French Toast Sticks W/Syrup Sausage Links Hash Brown Rounds Fresh Orange Milk</p> <p>#2 Yogurt Lunch #4 Chicken Tender Wrap</p>	<p>20</p> <p>#1 Crazy Cheesy Bread W/Marinara Green Beans Carrot Sticks Pineapple Tidbits Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>21</p> <p>#1 Chicken Tenders Mashed Potato W/Gravy WG Dinner Roll Corn Cob Diced Peaches Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>22</p> <p>#1 Corn Dog On a Stick Tater Tots Birthday Cake Grahams Fresh Banana Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>PTC Lunch</p>
<p>26</p> <p>#1 Cheese Ravioli W/Beef Sauce Parmesan Pkt. Garlic Bread Knot Cucumber Slices Steamed Broccoli Berry Cup Milk</p> <p>#2 Yogurt Lunch #4 Chicken Tender Wrap</p>	<p>27</p> <p>#1 Beefy Nacho Grande Tortilla Chips Salsa Cup Shredded Lettuce Side of Refried Beans Pineapple Tidbits</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>28</p> <p>#1 Chicken Rings Buttered Noodles Steamed Carrots Celery Sticks Mixed Fruit Milk</p> <p>#2 Yogurt Lunch #3 Salad Lunch</p>	<p>29</p> <p>Happy Halloween Lunch</p> <p>#1 Spooky Soft Hot Pretzel W/Dipping Cheese Yogurt Cup Golden Corn Grapes Milk</p> <p>Free: Fall Harvest Sugar Cookie</p> <p>#3 Yogurt Lunch #4 Chicken Tender Wrap</p>	<p>PTC Lunch</p>