



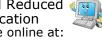
# **One FREE Lunch**

For Each Student Per Day Through December 20th Milk Only .40

You may apply at anytime through out the school year for free and/or reduced lunches

Applications are available at all schools.

Free and Reduced (100) application available online at:



# www.lunchapp.com

The U.S. Department of Agriculture (USDA) prohibits discrimination. See Full USDA Nondiscrimination Statement on our website at www.anchorbay.misd.net/departments/foodservice.

This institution is an equal opportunity provider.

### Menu Subject to Change

#### Other Available Options

Fresh Salad Lunch • Yogurt Lunch

Lunch Includes:

Salad or Yogurt of the Day Variety Bread/Grain Item Fruit and Vegetables Of the Day One Milk

Monday Chicken Tender Wrap Lunch Includes Fruit & Vegetables of the Day One Milk

Tuesday- Club Salad Wednesday-Taco Salad Thursday- Grilled Chicken Caesar Salad

# On Line Resources

Applications:

www.lunchapp.com

Nutritional:

www.anchorbay.misd.net/departments/foodservice

Meal Account Website:

www.sendmoneytoschool.com

#### Mon Tue Wed Thu Fri PTC Lunch 1 Please Join Grilled Cheese Sandwich Us for Tomato Soup W/Crackers Celery Sticks Red Grapes Lumahl Milk PTC Lunch 5 8 6 #1 #1 Popcorn Chicken Macaroni All Beef Chicken Patty Hot Dog on a Bun Potato Smiles & Cheese On a Bun Garlic Bread Knot Carrot Sticks Golden Corn Steamed Carrots Steamed Broccoli Apple Slices Fruit Slushie Sun Chips Applesauce Cup Elf Grahams Pineapple Tidbits Milk Milk Milk Milk #2 Yogurt Lunch #3 Salad Lunch #2 Yogurt Lunch #2 Yogurt Lunch #3 Salad Lunch #2 Yogurt Lunch #4 Chicken Tender Wrap #3 Salad Lunch 13 14 No School 15 12 #1 Cheesy Bosco Sticks Soft Rotini Pasta Turkey Taco Cheeseburger W/Salsa W/Meat Sauce W/Marinara On a Bun Parmesan Pkt. Golden Corn Side of Refried Beans Pickle Spear Garlic Bread Knot Green Beans Strawberry Cup Pineapple Tidbits Milk Baked Beans Milk Berry Cup Milk Diced Pears Milk

19

#1 French Toast Sticks W/Syrup Sausage Links Hash Brown Rounds Fresh Orange Milk

#2 Yogurt Lunch

26

#4 Chicken Tender Wrap

#1

Cheese Ravioli

W/Beef Sauce

Parmesan Pkt.

Cucumber Slices Steamed Broccoli

Berry Cup Milk

#4 Chicken Tender Wrap

#2 Yogurt Lunch

Garlic Bread Knot

#2 Yogurt Lunch

#4 Chicken Tender Wrap

20

#1 Crazy Cheesy Bread W/Marinara Green Beans Carrot Sticks Pineapple Tidbits Milk

#2 Yogurt Lunch #3 Salad Lunch

#2 Yogurt Lunch #3 Salad Lunch

Beefy

Nacho Grande

Tortilla Chips

Salsa Cup Shredded Lettuce

Side of Refried Beans Pineapple Tidbits

#2 Yogurt Lunch #3 Salad Lunch

27 #1

#2 Yogurt Lunch #3 Salad Lunch

28

21

#1 Chicken Rings Buttered Noodles Steamed Carrots Celery Sticks Mixed Fruit Milk

#2 Yogurt Lunch #3 Salad Lunch

#1

Chicken Tenders Mashed Potato

W/Gravy WG Dinner Roll

Corn Cob

Diced Peaches

Milk

#2 Yogurt Lunch #3 Salad Lunch

22

#1 Corn Dog On a Stick Tater Tots Birthday Cake Grahams Fresh Banana Milk

#2 Yogurt Lunch #3 Salad Lunch

#2 Yogurt Lunch #3 Salad Lunch

PTC Lunch

2020



PTC Lunch

Lunch #1 Spooky Soft Hot Pretzel W/Dipping Cheese Yogurt Cup Golden Corn Grapes Milk

Free: Fall Harvest Sugar Cookie

#3 Yogurt Lunch #4 Chicken Tender Wrap

