

What's on the Menu?

AOD School Food Program K8
OVS

Monday

Tuesday

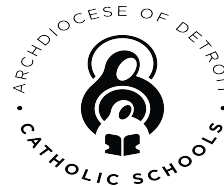
Wednesday

Thursday

Friday

Available Daily

Entrée 2 – Garden Salad w/ Chicken & Pita Bread
Entrée 3 – Soy Butter & Grape Jelly
Fresh Fruit, Milk and Vegetables available with all Entrées



- School's **MUST** offer all 5 components (**Grain, Fruit, Milk, Protein and Veggie**). Students **MUST** choose 3 or more food groups. 1 component **MUST** at least be ½ cup fruit and/or vegetable

Turkey Soft Taco ⁵
W/G Tortilla
Seasoned Corn
Black Beans
Fresh Apple

Chicken Alfredo ⁶
Breadstick
Cauliflower Florets
Broccoli Florets
Grapes

Cheeseburger ⁷
W/G Bun
French Fries
Celery Sticks
Orange Wedges

Rotini Pasta ⁸
Seasoned Mixed
Vegetables
Sliced Zucchini
Assorted Berries

Bosco Sticks ⁹
Marinara
Carrot Sticks
Celery Stick
Assorted Fruit

Popcorn Chicken ¹²
Bowl
W/G Dinner Roll
Seasoned Corn
Broccoli Florets
Fresh Apple

Chicken Tenders ¹³
French Fries
Carrot Sticks
Grapes

Italian Hoagie ¹⁴
Cauliflower Florets
Sliced Cucumbers
Orange Wedges

Chicken Nuggets ¹⁵
W/G Dinner Roll
Sliced Cucumbers
Celery Sticks
Chilled Fruit

Chicken & Cheese ¹⁶
W/G Quesadilla
Refried Beans
Carrot Sticks
Assorted Fruit

Sloppy Joe ¹⁹
W/G Bun
Baked Beans
Sliced Cucumbers
Fresh Apple

Macaroni & Cheese ²⁰
Seasoned Peas
Carrot Sticks
Grapes

Chicken Sandwich ²¹
W/G Bun
Tater Tots
Cauliflower Florets
Orange Wedges

W/G Spaghetti & ²²
Meatballs
Seasoned Zucchini
Sliced Cucumbers
Assorted Berries

Fish Sticks ²³
W/G Dinner Roll
Cauliflower Florets
Broccoli Florets
Assorted Fruit

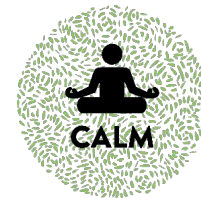
Chicken Drumstick ²⁶
W/G Dinner Roll
Sliced Zucchini
Broccoli Florets
Fresh Apple

Lasagna Cheese ²⁷
Roll-Up
Carrot Sticks
Celery Stick
Grapes

Chicken Nuggets ²⁸
Ranch Wrap
Cauliflower Florets
Broccoli Florets
Orange Wedges

Turkey Nachos ²⁹
Refried Beans
Sliced Cucumbers
Chilled Fruit

Cheesy French ³⁰
Bread Pizza
French Fries
Carrot Sticks
Assorted Fruit



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2022