

# What's on the Menu?

AOD School Food Program K8  
St. Augustine Catholic School

Monday

Tuesday

Wednesday

Thursday

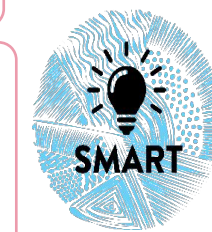
Friday

**Available Daily**

Entrée 2 – Garden Salad w/ Chicken & Pita Bread  
Entrée 3 – Soy Butter & Grape Jelly

**Fruit, Milk and Vegetables available with all Entrées**

- School's **MUST** offer all 5 components (**Grain, Fruit, Milk, Protein and Veggie**). Students **MUST** choose 3 or more food groups. 1 component **MUST** at least be ½ cup fruit and/or vegetable



6  
Beef Taco  
Seasoned Black Beans & Corn  
Fresh Apple

★ Spaghetti & Meatballs 7  
Cheesy Broccoli  
Seasoned Carrots  
Fresh Orange  
Smoothie \$2.75

8  
Bosco Sticks  
Marinara Sauce  
Carrot & Celery Sticks  
Fresh Grapes

9  
**NO SCHOOL**

10  
**NO SCHOOL**

13  
Chicken Alfredo  
Seasoned Broccoli  
Fresh Apple

★ Beef Hot Dog 14  
Tater Tots  
Fresh Orange  
Baked Cookie  
Smoothie \$2.75

15  
Bosco Sticks  
Marinara Sauce  
Corn  
Baked Beans  
Fresh Pear

16  
Chicken Tenders  
French Fries  
Assorted Fruit Cup

Domino's 17  
Cheese Pizza  
Baby Carrots  
Assorted Fruit

20  
Walking Taco  
Seasoned Black Beans & Corn  
Fresh Apple

★ Mashed Potato 21  
Chicken Bowl  
Seasoned Broccoli  
Fresh Orange  
Smoothie \$2.75

22  
**NO SCHOOL**

23  
**NO SCHOOL**

24  
**NO SCHOOL**

27  
French Toast Sticks  
Sausage Links  
Hashbrown  
Baby Carrots  
Fresh Apple

★ Chicken Drumstick 28  
Collard Greens  
Sweet Tater Tots  
Orange & Cookie  
Smoothie \$2.75

29  
Cheeseburger  
Baked Beans  
Celery Sticks  
Fresh Grapes

30  
Chicken Tenders  
French Fries  
Assorted Fruit Cup

November 2023