

What's on the Menu?

AOD School Food Program K-8– Lunch Menu
St. Augustine Catholic School



10/6 Noodle Day!
10/7 Taco Day!
10/8 Apple Crunch! Day!
10/21 Potato Day!
10/31 Happy Halloween!
National School Lunch Week
October 13th – October 17!

Monday

Tuesday


Wednesday

Thursday

Friday

[#BrunchforLunch](#) 1
Cinnamon Waffles
Turkey Sausage Patty
Fresh Broccoli
Fresh Pear

2
Chicken Tenders
Dinner Roll
Steamed Carrots
Cinnamon
Applesauce

3

Cheese Pizza Day!
Fresh Garden Salad
Fresh Banana

6
Swedish Meatballs
w/ Gravy
Hearty Egg Noodles
Steamed Broccoli
Fresh Fuji Apple
Noodle Day!

7
Chicken Taco
Tortilla Shell
Refried Beans
Salsa
Mixed Fruit
Taco Day!

8
Classic Cheeseburger
French Fries
Diced Peaches
*Homemade Apple
Crisp
Apple Crunch Day!

9
[#BrunchforLunch](#)
Mini Pancakes
Yogurt Cup
Fresh Carrot Sticks
Fresh Banana




13
Baked Chicken Nuggets
Dinner Roll
Steamed Corn
Fresh Orange

14
[#Taco Tuesday](#)
Beef Soft Taco
Fiesta Rice
Refried Beans
Salsa
Mixed Fruit ★

15
[#BrunchforLunch](#)
Turkey Sausage & Cheese on English Muffin
Tater Tots
Fresh Apple

16

Lasagna Roll Ups
Garlic Bread
Green Beans
Diced Peaches

17

Cheese Pizza Day!
Fresh Broccoli
Cinnamon Applesauce

20
Grilled Cheese Sandwich
Tomato Soup
Carrot & Celery Sticks
Fresh Pear ★

21
Chicken Tenders
Dinner Roll
Creamy
Mashed Potatoes
Fresh Orange
Potato Day!

22
[#BrunchforLunch](#)
Confetti Pancakes
Sausage Patty
Mixed Vegetables
Cinnamon
Applesauce

23
Beef Hot Dog
Hot Dog Bun
Baked Beans
Mixed Fruit
***Baked Cookie**

24

Cheese Pizza Day!
Fresh Garden Salad
Fresh Banana

27
Homemade Mac & Cheese
Breadstick
Green Beans
Cinnamon Applesauce

28
[#Taco Tuesday](#)
Beef Walking Taco
Seasoned Black Beans
Salsa
Fresh Orange ★

29
[#BrunchforLunch](#)
French Toast Sticks
Yogurt Cup
Tater Tots
Fresh Banana

30
Baked Chicken Sticks
Seasoned Broccoli
Fresh Pear



Specials



Global Eats turns food into a worldly adventure!
For the Month of October, we're traveling to Italy! Come Us!

Global Eats – Italy
Featuring:

Lasagna Roll Ups

Thursday, October 16th



Daily Offerings

Entrée #2

Garden Salad w/Chicken & Pita Bread

Entrée #3

Soy Butter & Grape Jelly Sandwich

Fruit, Milk and Vegetables available daily with all entrées

*School **Must** offer all **5** components (Protein, Grain, Fruit, Veggie and 1% Milk)

*Students **MUST** choose **3** or more components – 1 component **MUST** at least be ½ cup fruit & or Vegetable