

# What's on the Menu?

AOD School Food Program K8  
St. Augustine

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2023

Monday

Tuesday

Wednesday

Thursday

Friday

2  
Christmas Break

3  
Christmas Break

4  
Cheeseburger  
French Fries  
Fresh Orange

5  
Chicken Nuggets  
Dinner Roll  
Mashed Potatoes  
Seasoned Peas  
Diced Peaches

6  
Domino's  
Cheese Pizza  
Side Salad  
Carrot Sticks  
Fresh Apple

9  
Beef Nachos  
Seasoned Black Beans & Corn  
Fresh Apples

★ Sweet & Sour 10  
Chicken  
Vegetable Fried Rice  
Seasoned Broccoli  
Fresh Cantaloupe

11  
Bosco Sticks  
Marinara  
Carrot & Celery Sticks  
Fresh Orange

12  
Chicken Tenders  
French Fries  
Diced Pears

13  
Domino's  
Cheese Pizza  
Side Salad  
Carrot Sticks  
Fresh Apple

16  
Martin Luther Jr.  
King Day  
Chefs Choice

★ Chicken Drumstick 17  
Macaroni & Cheese  
Collard Greens  
Sweet Tater Tots  
Fresh Grapes

18  
Cheeseburger  
French Fries  
Fresh Orange

19  
Chicken Nuggets  
Dinner Roll  
Mashed Potatoes  
Seasoned Peas  
Diced Peaches

20  
Domino's  
Cheese Pizza  
Side Salad  
Carrot Sticks  
Fresh Apple

23  
Beef Tacos  
Refried Beans  
Seasoned Corn  
Fresh Apple

★ Beef Hot Dog 24  
Cheesy Broccoli  
Baked Beans  
Fresh Honeydew

25  
Bosco Sticks  
Marinara  
Carrot & Celery Sticks  
Fresh Orange

26  
Chicken Tenders  
French Fries  
Diced Pears

27  
Domino's  
Cheese Pizza  
Side Salad  
Carrot Sticks  
Fresh Apple

30  
Sausage, Egg & Cheese  
English Muffin  
Hashbrown  
Seasoned Broccoli  
Fresh Apple

★ Grilled Cheese 31  
Sandwich  
Tomato Soup  
Seasoned Broccoli  
Fresh Banana

**Available Daily**  
Entrée 2 – Garden Salad w/ Chicken & Pita Bread  
Entrée 3 – Soy Butter & Grape Jelly  
**Fresh Fruit, Milk and Vegetables available with all Entrées**  
- School's **MUST** offer all 5 components (**Grain, Fruit, Milk, Protein and Veggie**). Students **MUST** choose 3 or more food groups. 1 component **MUST** at least be ½ cup fruit and/or vegetable

