

## REFERENCES AND FURTHER READING:

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*Horse Speak: The Equine-Human Translation Guide – Conversations with Horses in Their Language* by Sharon Wilsie & Gretchen Vogel

*Nature in Horsemanship: Discovering Harmony Through Principles of Aikido* by Mark Rashid.

*The Tao of Equus: A Woman's Journey of Healing & Transformation through the Way of the Horse* by Linda Kohanov

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*The Way to Perfect Horsemanship*, by Udo Burger

*Two Bodies, One Heart: Horses and Your Heartbeat* by Hayley Rosenberg

*Your Horse is Talking, are you Listening*, blog by Jill Roth <https://bridlesandbreath.com/blog/f/your-horse-is-talking-are-istening>

*Zen Mind, Zen Horse: The Science and Spirituality of Working with Horses* by Allan J. Hamilton