

SIGNS OF TENSION IN YOUR HORSE

- Tight Lips
- Flared or Taught nostrils
- Wrinkles behind the nostrils
- Laid back ears
- Clamped tail
- J or Scorpion Tail
- Tight Mandible Jaw muscles
- Rigid Back Muscles
- Pawing Ground
- Swishing Tail
- Kicking
- Bucking
- Hard Eyes
- Biting or Nipping
- Choppy Gait
- Taut ears
- Brace under the neck
- Sweat in unusual places
- White of the eyes showing
- Turning away / bracing towards you
- Unable to keep feet still
- Turning head away and/or “down and away”
- “Going inward”

SIGNS OF RELAXATION IN YOUR HORSE

- Blinking eyes
- Floppy ears
- Relaxed topline
- Soft eyes
- Licking and chewing
- Yawning
- Flowing Tail
- Rolling the eyes (from yawning)
- Flowing back movement
- Loose flowing muscles
- Lovely soft stride
- Rubbing Front leg with muzzle
- Shaking the head (Shaking it off)
- Blowing out softly
- Nice slow breaths
- Relaxed Nostrils
- Tents in “eyebrows” above center of pupil
- Curiosity
- Open Inviting Energy (no brace towards you)
- Head about wither height

