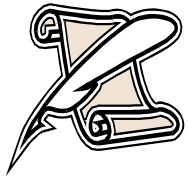


Centre Ridge Regent Review



centreridgeregent.org

SUMMER 2022



Letter from the President

Welcome Summer! Spring went by so fast and here we are welcoming summer. The pool has opened for the season. It is great to see so many families enjoying the pool this year. Please remember to follow the direction of the lifeguards and pool manager. Your life or your loved one's life may depend on it. Safety first...then fun.

There have recently been several cars ransacked in the community. Please make sure to lock your doors and do not keep any valuables in your cars. You should also call the police to report these incidents.

The Board of Trustees recently met with Doug Murphy from Patriot Disposal Services regarding ways to contain costs due to the rising cost of diesel fuel, staff retention, and an increase in Fairfax County tipping fees. The Board of Trustees approved reducing trash service to one time weekly instead of two times. Effective Friday, July 1, the second Friday trash pickup will be eliminated until further notice. Recycling and lawn debris pick up remains the same. If you have any questions, contact Mary Lynn at the community center at 703-968-7505 or Patriot Disposal Services at 703-257-7100.

Have a great summer!

Todd Edwards, President

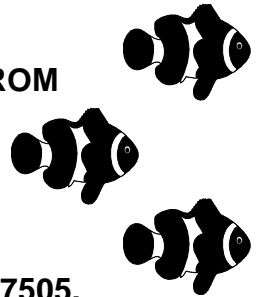


Have a Happy Summer!

Pool Hours

THE POOL IS OPEN DAILY FROM
11:00 am TO 7:00 pm

If you are a new resident
and need pool and recreation
cards, please contact the
community center at 703-968-7505.



Townhome Parking

Please do not park blocking sidewalks, at a 45 degree angle in front yards, or sticking out in the street. This is very dangerous for vehicles trying to drive down our streets.

You may be ticketed by the police or towed by Centre Ridge Regent without notice.

Slow It Down!

Speeding is a problem in Centre Ridge Regent. Please slow it down and watch out for children and pedestrians in the neighborhood. Everyone is busy, but arriving safely to your destination is more important than not arriving at all. Residents have complained about drivers being aggressive and not being courteous when passing through narrow lanes in the single family homes. Please remember we have a lot of young new drivers in the neighborhood.





IMPORTANT NUMBERS

Centre Ridge Regent HOA Office 703-968-7505
 FAX 703-968-2677

Fairfax County Animal Control 703-691-2131

Poison Control 703-625-3333

Sewer Line Breaks/Emergencies 703-323-1211

Patriot Disposal Services 703-257-7100

Fairfax Co. Police (non-emergency) ... 703-691-2131

Fairfax County Government 703-324-4636

Zoning Administration (for ARB
 plats of property) 703-222-1082



Just a reminder . . .

Quarterly Assessments Are Due July 1st

All homeowners are required to pay their quarterly assessments on time and in full in order to use the community pool or any other recreational facility (i.e., tennis and racquetball courts, workout equipment, Community Center). Remember—You are responsible for paying your assessment by the due date even if you do not receive the bill. If you do not receive your bill, please call 703-968-7505. A \$25.00 late fee will be assessed for payments that are more than 30 days past due.

Quarterly assessments are due by the first of the month in January, April, July, and October, and must be mailed to Centre Ridge Regent, P.O. Box 105007, Atlanta, GA 30348-5007. The Community Center Office cannot accept assessment payments.



Have a
Wonderful Summer!

Community Center Hours

The Community Center is open on the following days and times:

Monday–Friday 9:00 am–1:00 pm
 Closed Saturday and Sunday

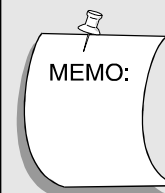
Community Manager: Mary Lynn Sallette

Community Center Address: 14275 Uniform Drive

Phone: 703-968-7505 Fax: 703-968-2677

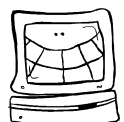
Summer Happenings

- * **Architectural Review Board:** 3rd Tuesday of each month, 7:00 pm. *Applications MUST be received by 2nd Tuesday of each month*
- * **Board of Trustees:** 2nd Wednesday of each month, 7:00 pm
- * **Open Space Committee:** Meets as needed



The bulletin board located on the lower level of the Community Center is available for ads and other communications between residents of Centre Ridge Regent.

The Community Center is available for rentals Friday, Saturday and Sunday evenings. See Mary Lynn to make a reservation or for more information.



CENTRE RIDGE REGENT WEBSITE!

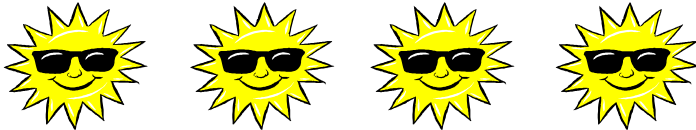
www.centreridgeregent.org

Fitness Center Hours

Monday - Friday:
9:00 am - 1:00 pm



The fitness center is open when the pool is open



Playing in the Streets

Please make sure your children are not playing in the streets. This is not allowed at any time for any reason. Drivers may not see small children on scooters or other toys. The streets are for vehicles only!



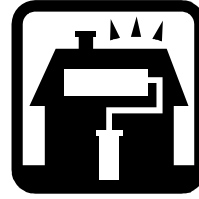
Thank you for your help with this important safety issue.

Northern Virginia Tree Experts, Inc.

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Residential and Commercial

www.northernvirginiatreeexperts.com

703-263-3199



From the Architectural Review Board

The Architectural Review Board wants to remind everyone to fill out exterior alteration applications for any exterior alterations to your homes.

Towing Company

Battlefield Towing (703-378-0059) is the towing company for Centre Ridge Regent.

- ◆ Do not park in the fire lanes or streets of the townhomes.
- ◆ Do not leave cars unattended in these areas.
- ◆ Do not park in residents' assigned parking spaces.
- ◆ Do not park in spaces over 48 hours.
- ◆ Vehicles must be current on license plates and inspections.
- ◆ Do not park vehicles angled in front yards or blocking the sidewalk or street.
- ◆ Do not park commercial vehicles (vehicles with logos, box trucks, vehicles with ladders or racks, tow trucks) in driveways or in the guest parking areas of the townhomes.



DUES PAYMENTS



TO PAY DUES ONLINE:

Log on to www.smartstreet.com and click "online payments". You may pay by credit card or set up recurring payments. You need your account number to do this. You can also call 1-888-705-0600.

TO PAY DUES BY MAIL:

Please check your account numbers and the payment mailing address. Do not add spaces, dashes or numbers at the end of your account number.

Dues payments should be sent to:
Centre Ridge Regent
P.O. Box 105007
Atlanta, GA 30348-5007

The Community Center Office cannot accept dues payments.



Friendly Reminders:

- * Do not leave trash cans in the common areas or blocking sidewalks.
- * Do not store trash cans in the common areas behind fences or in front of garages.
- * Do not dump tree branches or wood in the common areas especially along the pond on Glade Spring Drive, Cider House Lane, or Clay Pipe Ct.



- * Do not put out construction debris (toilets, wood, cabinets) for pick up. You should have them removed by your contractor.
- * Do not put out paint cans or tires. Patriot Disposal does not take these items.



- * Do not build steps or walkways in the common areas.

Your cooperation is appreciated.

Greendrop Charitable Donations

1-888-944-3767 www.greendrop.com

Greendrop is located directly across the street from the Centre Ridge Regent community center behind Chipotles. Donations support the American Red Cross, Military Order Purple Heart Service Foundation, and the National Federation of the Blind.

Acceptable donation items: Clothing, shoes, household items, kitchenware, games and toys, small appliances, sporting goods, books, CDs and videos, small furniture under 50 pounds, electronics.



Reminder to Dog Owners:

Please remember to clean up after your pet, especially in common areas. Please keep your dog off other residents' property. This is a major problem, especially at the town homes. Please walk your dog on a short leash or flexi lead to a common area to pee or poop.

Here at Centre Ridge Regent, we all take great pride in the appearance of our yards and common areas so please, neighbors, let's work together and make a renewed effort to do the right thing. Also please remember to keep your dog on a leash at all times.



Dog Park

The dog park hours are 7:00 am to 7:00 pm. Residents should not be in the dog park after hours. Children under the age of 16 are not allowed in the dog park at any time for any reason. Clean up after your dog.

www.anicira.org 571-208-0199

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Thunderstorm Safety: Avoiding a Lightning Strike

Warm weather usually means fun in the sun, but summer heat also can bring severe weather. Threatening thunderstorms often loom large on summer afternoons so it's important to be prepared for downpours and accompanying lightning, which can strike outdoors or indoors.

Consider the following suggestions when planning both outdoor and indoor events this summer to reduce the risk of a lightning strike.

- * **Watch the weather.** Pay attention to your local weather forecast before participating in outdoor activities. If there's a chance of thunderstorms, consider rescheduling or moving events indoors. If that's not possible, have an emergency plan in place in case a severe storm rolls in and designate a sufficient nearby structure as an emergency shelter.
- * **Stay inside.** If severe thunderstorms are imminent, go indoors and wait until they pass. Safe, enclosed shelters include homes, schools, offices, shopping malls and vehicles with hard tops and closed windows. Open structures and spaces do not provide adequate protection.
- * **Duck and crouch.** If you're caught outside during a severe storm, it's important to crouch low on the ground, tuck your head and cover your ears to help protect yourself from harm. Do not lie down; lightning strikes can produce extremely strong electrical currents that run along the top of the ground and laying horizontally increases the risk of electrocution.
- * **Turn off faucets.** During a thunderstorm, lightning can sometimes be conducted through the plumbing. Avoid any type of contact with running water, including bathing, showering, and washing your hands, dishes, or clothes.
- * **Turn off electronics.** All electrical appliances—televisions, computers, laptops, gaming systems, stoves, and more—that are plugged into an electrical outlet could carry a current from a lightning strike. Surge protectors will reduce the risk of damaging electronics.
- * **Stay away from windows.** Not only is lightning a threat, but high winds and hail create flying debris that could be harmful during a thunderstorm. Close all windows and doors and keep away from them.



Your Curb Appeal Checklist

The curb appeal of our community depends on each resident maintaining his or her property as completely as possible. For those who keep their homes and yards well maintained, the association thanks you for your efforts and good examples.

We encourage all residents to pay particular attention to the following maintenance items:

- * **Exterior paint.** Paint is a quick and easy way to keep your property looking fresh, new and clean. It will also protect against corrosion, weathering, and insects.
- * **Landscaping.** Landscaping is extremely important to our community's curb appeal. Please remove dead plants and branches. Keep shrubs properly pruned and flowers well-tended. Keep yards free of leaves and remove grass clippings.
- * **Roofs.** Please insure your roofs are properly maintained.
- * **Driveways and sidewalks.** Please repair cracks, pitted or flaking surfaces and other concrete problems. Remove weeds from sidewalk joints and debris from driveways and sidewalks. Do not use driveways for storage or auto repairs.
- * **Gutters and downspouts.** Please keep them cleaned out to prevent overflowing and flooding and make sure they are attached properly.
- * **Decks.** Please replace worn or damaged boards. Stain as needed.



Thanks for keeping our Centre Ridge Regent community looking sharp.

Tips for Safe Swimming

Nothing says summer vacation like warm days spent at the pool or a quick weekend retreat to the beach. Whether you're jumping waves in the ocean or splashing around in a pool, these tips from the Federal Citizen Information Center will help keep you and your family safe this summer:



- * **Teach your kids to swim.** Check for swimming lessons in your area on USA.gov. Giving your kids the basic water skills they need will help keep them safe.
- * **Keep an eye on your kids.** With lots of kids splashing around in public pools, it's easy for someone to get dunked by accident. Know where your kids are so if you see them go under you can make sure they come right back up.
- * **Check your drains.** If you have your own pool, make sure your drains meet safety standards. Drains that don't could catch children's hair or limbs and pull them with great force to the pool's bottom.
- * **Don't panic in a riptide.** Before you or your kids go in the ocean, make sure you all know what to do if you get caught in a riptide. Try to swim parallel to the shore. Don't fight your way directly back to the beach, but swim sideways until you are out of the current. Wave for a lifeguard to help get you back to shore safely.
- * **Play it safe in the lake.** Lake water can be murky, making it hard to see what hides below the surface. Wear water shoes to protect your feet from sharp



rocks or other debris. And don't swim too far from shore. You may not realize how far you've gone until you try to stand and can't find the bottom.

Playing in the water should be a fun family activity. With the proper safeguards, your family can stay safe while cooling off. For more ideas on water safety, visit The Federal Citizen Information Center's website at pueblo.gsa.gov.

Itch, Ouch, Scratch - It's Bug Season!

Whether you're attacked while working in the garden, enjoying a picnic in the park or lounging by the pool, bug bites and stings are an inevitable summer annoyance. At best, bites and stings can be uncomfortable for a few days; at worst, they can be a serious, life-threatening hazard.

Here are some tips on how to relieve the itch or sting and when to know if you should seek medical attention:

- * If the bite or sting is mildly painful or itchy, apply over-the-counter medication that contains Benadryl or cortisone for topical relief. Other home remedies, like a applying a paste made from baking soda and water, dabbing on ammonia with a cotton ball, soaking in oatmeal baths or even applying toothpaste to the site may also provide relief.
- * Whatever you do, don't scratch. This can cause an infection and leave a scar. And it won't relieve the itch.
- * If you feel faint, nauseous, dizzy or disoriented, or if you experience rapid heartbeat, difficulty breathing or your lips, tongue or throat swell, call 911 immediately. These symptoms indicate a severe allergy to the insect's venom. Administer an Epi-pen (injectable epinephrine) if one is available and administer CPR if symptoms worsen before emergency personnel arrive. After the episode, follow up with a physician who can determine an allergy prevention treatment.
- * Stay alert for delayed symptoms around the bite or sting, like redness or swelling, which could indicate an infection or other condition. And see a doctor right away if you have a headache, fever or joint pain within a few days of being bitten. Some insects, like ticks and mosquitoes, can infect their victims with serious, flulike illnesses, such as Rocky Mountain spotted fever, Lyme disease and West Nile virus, which only a physician can diagnose and treat.
- * Most important, use insect repellent when outdoors and wear lightweight, light-colored clothing over arms, legs and feet to keep insects off your skin. And avoid wearing fragrances, which can attract bugs.

