

# Lift Up the Gates – Psalm 24:7–10

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Part 4—A Call to Make Room for the King of Glory

By Ellen Fox

*"Lift up your heads, O you gates; be lifted up, you ancient doors, that the King of glory may come in." (Psalm 24:7, ESV)*

## The Next Step in the Series

We've already explored how Jesus is the Door (John 10:9), how He pointed us to the Narrow Gate (Matthew 7:13–14), and how He lovingly knocks at the door of our hearts with a holy Invitation (Revelation 3:20). But Psalm 24 invites us to take one more step. This time, we're the ones who open wide.

Psalm 24:7–10 is a triumphant, powerful picture of spiritual readiness—a call to throw open the gates and welcome the King of Glory. It's not just about ancient city gates—it's personal. The gates in this psalm symbolize the readiness of our hearts to receive Christ as King.

## The Shift: From Entering to Welcoming

In John 10, Jesus said He is the door. We walk through Him to be saved.  
In Matthew 7, He described the narrow gate that leads to life.  
In Revelation 3, He knocked at the door, seeking fellowship.  
Now, in Psalm 24, we hear the call to lift up our heads and open wide.

This is a movement from entering into Him to letting Him enter into us—from seeking salvation to making space for His glory, from saying yes to forgiveness to saying yes to full surrender.

## Who Is This King of Glory?

Psalm 24:7 answers its own question: 'The Lord, strong and mighty... the Lord, mighty in battle.' This is the risen Jesus, victorious over sin, death, and the grave; the One who doesn't just visit your life but comes to reign in glory.

The gates of Heaven themselves were told to lift up because the victorious Christ was returning. Many of us walk through the Door of salvation but leave certain areas of our lives gated off, still under our control. But the King of Glory doesn't want a visit. He wants residence. Reign. Room.

## Lift Up Your Head. Open the Gate.

To “lift up your head” is a posture of awakened hope, holy anticipation, and bold surrender. It’s the opposite of being cast down, stuck in shame, fear, or distraction.

Lift your eyes from your struggle. Lift your focus to Jesus. Open the gates. Let Him in.

## Questions to Reflect On

- Have I welcomed Jesus into every area of my life—or are some doors still shut?
- What would it look like to lift my head today?
- Where do I need to make room for the King of Glory?

## A Prayer to Close

Lord, I lift my head and open the gates.

Come in, King of Glory.

Take your rightful place, not only as Savior but also as King.

Reign in my heart, my mind, and my life.

I make room for Your glory. Amen.

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## Scripture Reference Block

John 10:9 (ESV)

*“I am the door. If anyone enters by me, he will be saved and will go in and out and find pasture.”*

Matthew 7:13–14 (ESV)

*“Enter by the narrow gate. For the gate is wide and the way is easy that leads to destruction, and those who enter by it are many. For the gate is narrow and the way is hard that leads to life, and those who find it are few.”*

Revelation 3:20 (ESV)

*“Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me.”*