

## DISCOVER BEAUTY IN BALANCE



Are you experiencing low energy, difficulty sleeping, irritability or weight gain?

Rocky Mountain Analytical® is now offering **Comprehensive Hormone Insights**™ (CHI). This urine test provides important details on hormone production and metabolism, to provide a more complete picture of your overall hormonal health.





Sleep disturbances

or depression)
Headaches
Hot flashes
Memory lapses
Fatigue
Acne, oily skin
Weight gain

Women

## **Hormones Are Important for Overall Health**

Hormones are essential for the body to function optimally. Imbalances may result in many health conditions, including:

Mood disturbances (e.g., anxiety, irritability

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•	Apathy Low sex drive Grumpiness Loss of sense of humour Aggressiveness Poor exercise tolerance Fatigue Male pattern baldness	

Polycystic ovary syndrome (PCOS)

Talk to your healthcare provider about the CHI test today.