



What an interesting year of changes and new beginnings for so many of us in our neighborhood. We've welcomed new neighbors and said goodbye to old ones. Many of us have watched the neighborhood kids grow another year older. We've gone through a couple ofstorms and graciously come out on the other side with less damage than most of our southern Florida neighbors and we will be grateful for that. As our year comes to an end, please know that your Riviera Bay Civic Association has tried hard to keep up with changes

and city improvements that affect our neighborhood. Some people don't realize that this is a volunteer position for all of us and with fulltime jobs, businesses we might also own and run, families and personal situations we deal with every day, we are also expected by our neighbors to have everything under control and planned for our neighborhood each year. The hope was to have an amazing year and it started out strong with neighborhood clean-ups and our Spring Fest, but along the way we've had less participation from volunteers and unfortunately lost members of our team because of it. Please understand, that we take time away from our lives to volunteer and will continue to do so. However, we need more neighbors to step up and help in our community if we want to continue any of the fun, environmental, or city wide causes that we take on. If you are someone who can spare an hour or two out of your year to

help, reach out to info@rivierabay.org and let us know if you have some time to share to keep our neighborhood at its best. This fall, due to our lack of volunteers, we had to cancel our meetings, Fall Festival and Movies in the Park. We are still able to carry on the Christmas Golf Cart Parade, the Christmas Eve Boat Parade and the tradition of our Christmas Eve Luminaries that line our streets which will be sold only by distributors this year again (please look for yard signs designating a distributor). We hope you have a great holiday and happy new year!

Erin Osburn President RBCA





2022 RBCA YEAR-END EVENTS

Please check with our Facebook page or website for updates

LUMINARY SALE - 12/24
CHRISTMAS GOLF CART PARADE
- 12/3
CHRISTMAS EVE BOAT PARADE
- 12/24



SHOW TO PREVENT HOLIDAY STRESS AND ANXIETY IN CHILDREN

The holidays are a fun and joyous time but also a very busy one, and holiday stress and anxiety in children can and does happen. During the holidays, all the hustle and bustle means schedules are often out of whack, bedtimes get pushed back, and routines are disrupted. As a result, it's inevitable that kids may feel some degree of holiday stress. Here are some tips for Reducing Holiday Anxiety in Kids.

Set a Calm Example - The most important way parents can help ease anxiety during the holidays is by trying to keep things relaxed as much as possible. If you let holiday stress, get to you, your kids will definitely pick up on it, and child anxiety is more likely to be a problem in your house.

Set up Conditions for Good Behavior - Avoid taking your child to places, such as the mall or holiday gatherings, when he is hungry or tired. It's hard, even for grown-ups, to deal with noise and lots of stimulation when they're not feeling their best; kids get hungry more often and become tired more easily, and may understandably have a tough time being on their best behavior and are more likely to experience holiday stress.

Remember the Importance of Routines - The holidays can throw a big wrench into household routines, and that can play a role in anxiety in children. Try to get routines back on track once an event or party is over.

Watch What They Are Eating - Another thing that can fall by the wayside amidst the holiday hubbub is healthy eating. Between all the extra sugary holiday snacks and the lack of time to sit down to regular meals, it can be all too easy for kids to eat less healthy foods, which can contribute to holiday stress and anxiety



in children. Try packing healthy snacks when you have to go shopping or run other holiday errands. Offer healthy snacks, such as air-popped popcorn or apple slices with cheese and crackers and limit cookies and candy to after-snack treats.

Get Your Child Moving - fresh air and exercise are essential for boosting mood and re-setting the spirit, which can alleviate holiday stress and anxiety in children. Schedule some time to get your child outside to run around and play.

Avoid Overscheduling - As tempting as it may be to accept every invitation from friends and family, try to limit your holiday parties and activities so that you and your child are not overwhelmed.

Have Your Grade-Schooler Help You -Big kids love to help mom and dad, especially if they get lots of praise for being responsible and helpful. If you have to shop, ask your child to help you look for an item at the store. Giving your child a task will not only boost her self-esteem, but it'll also distract her and help prevent any holiday stress and anxiety.

Schedule Some Quiet Time - Having some peace and quiet with your child is more important than ever during the busy holiday season. Find a quiet corner and read a book with your child or create holiday pictures for grandma and grandpa. Take a walk outside in nature, away from noise and crowds and obligations.

Focus on Helping Others - A great antidote for holiday stress and the bloated commercialism of the season is helping others, whether it's by shoveling an elderly neighbor's sidewalk or by wrapping presents for needy kids at your local church.

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We're hoping that everyone has had a fantastic year and is looking forward to the Holiday Season! We will continue the tradition of having our Christmas Eve Boat Parade again this year. We would love to make this the biggest one yet, if you are interested in joining us please make sure to be around the Sunlit Cove boat ramp at 6:00 pm on Christmas Eve. Captain Lance Obst will lead us once again. Tune to channel 69 for updates during the parade. We will leave





promptly at 6:15 pm this year and head to the most northern canal first and will end at Sunlit Cove. We ask that everyone please participate in the entire parade, so that everyone can enjoy! We will have a cash prize provided by neighborhood realtor Brad Bess of \$100 and we have an official trophy that you will get to keep for the next year along with bragging rights!! Merry Christmas!







Every Christmas Eve our neighborhood lines the streets with Luminary Candles. These are available for purchase starting December 1, 2022 from your local distributors only. If you do not know who that may be, look for yard signs or email info@ rivierabay.org for additional information. Locations and prices will be posted on social media sites as well as our neighborhood website, rivierabay.org





YOUR LOCAL RIVIERA BAY REAL ESTATE AGENT!!



BRAD BESS

love our wonderful neighborhood and love helping my neighbors achieve their Real Estate Goals.

Our neighborhood is consistently one of the most desirable areas in St. Petersburg.

Feel free to contact me anytime with advice on selling your home or simply asking about our current Market. I take calls all the time from neighbors asking me about what they should or should not do to their home.

My family and I are committed to making this neighborhood the best that it can be, whether it is the 4th of July Flags, Footballs leading up to the big game, or sponsoring the Memorial Day Concert at the Sandbar!

I am a neighbor first, so feel free to call anytime with questions or assistance!









Hear what your neighbors have to say about me:

"Purchasing or selling a home can be the most stressful undertaking a family can endure. From the first day we met Brad, me and my wife were 110% satisfied with not only his professionalism, but the fact that he truly cared about our purchase." — *Trevor L McCarthy*

"Brad Bess is hands down the best Realtor we have ever worked with. He is incredibly knowledgeable, energetic and attentive." — Wayne & Rebekkah Perry

"Brad adeptly walked us through an internet purchase of our new home while we were living overseas. He went above and beyond even after the sale, connecting us the services required to set up housekeeping." — Desiree and Rick Panlilio

"Brad Bess recently helped my wife and I purchase and sell a home. He was an aggressive advocate for us on our purchase and literally worked day and night to make sure everything went smoothly. He was honest and knowledgeable, especially about the Riviera Bay market. I would highly recommend Brad to anyone buying or selling a home!" — *Brenton J. Ross, Esq.*

Call Today: 727-324-3077

Email: BradBess@gmail.com

These neighbors have trusted me with marketing and selling their home! Call me anytime and I would be happy to assist you as well!

727-324-3077

SOLD!!







City of St. Petersburg Codes Compliance Reminders

any of us moved to Riviera Bay because it's a little hidden gem in St. Petersburg where we can enjoy quiet coastal living and the perks of both cities from one side of the bridge to the other. We take pride in our homes and neighborhood and encourage everyone to do the same. While we are not an HOA, we still expect everyone to follow and comply with the City of St. Petersburg Codes Compliance Department. Mosthavetaken advantage of the See, Click, Fix App and we appreciate you! If you see something out of the ordinary, please reach out and report it to keep our neighborhood at it's best.

Something important to remember is basic Yard Maintenance. Not only does maintaining your yard make your neighborhood look good, but it also helps maintain safety and protect the environment. The City Code regulates yard maintenance standards for many reasons. These standards help promote public safety by maintaining visibility along streets and intersections and improve the general appearance of St. Pete neighborhoods. Additionally, yard debristhatendsupinourstreetsandstorm drains can cause clogs, pollution and water quality problems in our creeks, lakes and surrounding bays. These problems include fish kills, algae blooms, odors and other environmental concerns.

Be a Good Neighbor - Private property owners and occupants are responsible for routine maintenance of plant material on their property and in adjoining right-ofway areas. YARD MAINTENANCE REQUIREMENTS

- Mow the lawn so that grass is 10" or less in overall height and maintain ground cover plants at an overall height of 24" or less
- Edge or remove growth from driveways, sidewalks, curb lines and gutters.
- •Trim hedge heights to 5 feet or less in frontyards on residential property. Hedges on private property are only regulated within five feet of the property line. Contact the Codes Compliance Assistance Department for more details on hedge regulations inside yards, rear yards, non-residential property or waterfront property.
- Shrubs and trees over the public sidewalks must be trimmed up to a height of eight feet to allow motorists to see past them as well as allowing pedestrians to walk under them.
- •Remove vegetation which is hazardous (i.e., vegetation with thorns) from the right-of-way area.
- Trim trees over the street or alley to a height of 14 feet above the street or alley surface.
- Provide vegetative ground cover, such as grass, for all exposed sand or soil areas. Grass helps hold soil in place that might otherwise wash away. This erosion harms the property and can block City stormwater
- City ordinance allows the use of leaf blowers and other power tools 8 a.m.—8 p.m. Monday through Saturday and 11 a.m.—7 p.m. on Sundays and holidays.

- DISPOSAL
- Collect waste and add to compost, dispose of in the trash or drop off at one of the City's Brush Sites found at stpete.org/BrushSites.
- Mulch leaves into the lawn or blow them into landscape beds. They'll decompose, returning nutrients to the soil and they can help keep sand out of the streets and stabilize loose soils.
- If a tree must be removed, contact the City's Urban Forester at 727-893-4249 to inquire whether a permit is required.

ENFORCEMENT

Disposing of grass clippings, tree trimmings, leaves and other vegetative material on streets, right-of-ways, waterways, other people's property or in the City stormwater system is prohibited. City ordinances prohibit blowing or depositing leaves, yard clippings or other debrisintothepublicright-of-way, another property, citystreets, alleys or stormdrains. Violating these restrictions may result in fines up to \$500 for each occurrence.

COMMON VIOLATIONS

Most codes investigators are assigned to a specific geographic area and build a partnership with each neighborhood association in that area. Because every neighborhood has a unique character and may identify their own enforcement priorities, the codes investigator will emphasizeenforcementconcernsidentified by each neighborhood.

COMMERCIAL EQUIPMENT

Commercial equipment includes any vehicle or equipment which is designed for a commercial or industrial function or contains exterior commercial advertising. Commercial equipment cannot be parked in residential districts unless it is stored within a completely enclosed building, such as a garage. View the Parking Commercial Equipment Brochure.

DOMESTIC EQUIPMENT

Domestic equipment includes boats, utility trailers, camper trailers and recreational vehicles. No more than two pieces of domestic equipment (not to exceed 35 feet in length, 8 feet in width, and 12 feet in height) may generally be parked on any one residential lot in the rear or interior side yard of the lot anytime; however, depending on the arrangement of the lot or proximity to the street, required shielding or other rules may apply.

OUTDOOR STORAGE

Outdoor storage is prohibited by City Code. This means there are limits to what



can be left out in the yard. Ordinarily, any equipment, materials, or furnishings that are not used out doors may not be stored out doors. Discarded items (considered junk and rubbish) cannot be left in the yard, and should be collected and disposed of properly. Examples of prohibited out doors to rage include autoparts and tires, building materials, tree trimmings and limbs, yard clippings, appliances, furniture, paper, plastic and cardboard debris or containers, and other trash and debris. View the Junk, Rubbish and Outdoor Storage Brochure.

INOPERATIVE MOTOR VEHICLES

Abandoned, disabled, or inoperative motor vehicles are not allowed to be parked anywhere in the city.

PROPERTY DISREPAIR

As we age, we take steps to maintain and improve our health. The neighborhoods and structures in St. Pete also require maintenancetostayingoodhealthastheyage. Individual structures and neighborhoods that are poorly maintained cost citizens more money, depress property values, and foster vandalism and crime. View the Property and Building Maintenance Brochure and the Painting to Protect Your Home Brochure. To understand which dwellings or structures may be classified as unfit or unsafe, view the Unsafe or Unfit Structures Brochure.

RESIDENTIAL PARKING

To keep St. Pete neighborhoods safe and uncluttered, City Codes govern where vehicles and equipment can be parked in residential areas. View the Good Neighbor Guide to Residential Parking.

YARD MAINTENANCE

Property owners are required to maintain vegetation on both the private property and the City right of way, including mowing grass, edging sidewalks and curbs, and trimming hedges and trees, according to specific criteria outlined in the City code.

The law requires that the property owner be notified of violation conditions and given a reasonable time to comply. If the owner fails to bring the property into compliance, the property is referred to the City's Sanitation Department whose crews mow, trim, edge, and clear rubbish from the property. The costs of these activities are charged as a special assessment to the property owner. View the Yard Maintenance Standards Brochure and the Rodent and Insect Control Brochure for more on proper yard maintenance.

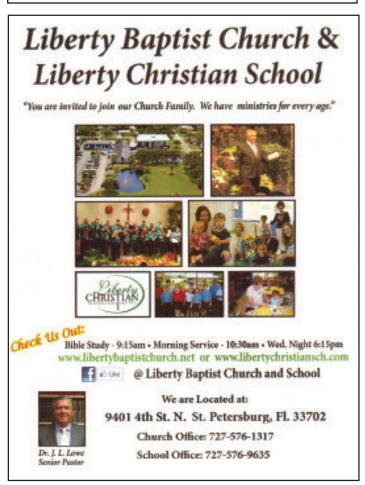
YARD PARKING

There are City codes that govern where vehicles and equipment can be parked on residential property. Passenger vehicles and motor cycles can be parked in front of the house or in a street side yard provided they are in an approved, legally recognized parking area.





The best neighborhood in the world, that's what people are saying! In the last 3 months we have had 39 homes sold, that means 39 new families have moved to our paradise! We had a record sale at 9019 Treasure Lane NE sell for \$2,630,353 in October. Treasure lane also had a home sell for \$1,800,000 in October. The biggest question I am getting from neighbors is about the current market and how the interest rates are impacting us. The answer is that I have noticed prices coming down slightly and the amount of days homes stay on market increasing. People are still moving to our area in large numbers so we should see even more homes sell over the next 3 months. Buyers still seem to be looking for homes that are updated and move-in ready, most of them are moving from out of state and do not want to take on updates. If you need any more information about our market please feel free to reach out to me at 727-324-3077 and I would be happy to help.





This is Captain Bill Aston of Central Marine.

I've been living and boating on Riviera Bay with my family for more than 25 years, and I'm passionate about helping others enjoy the boating lifestyle.

I have more than 25 years of experience in boat sales and would love to show you what we have at Central Marine. We carry new boats from Jupiter, World Cat, Cobia, and Parker. We also specialize in used, consigned, and brokerage boats.

Call me today, and let's find your family the perfect boat to explore our Tampa Bay waters.



Finding

Patients find relief with fewer pills in breakthrough new clinic in St. Petersburg. For those battling with pain, but unable or unwilling. to alleviate their condition with potentially addictive pills it can feel as if they are on pins and needles waiting for a solution. However, for some suffering from pain, pins and needles ARE

the solution.

Dr. Matthew Mann, DAOM, an Acupuncture Physician who trained internationally with some of the leading practitioners in China, practices acupuncture and other advanced procedures at St. Petersburg Acupuncture & Integrative Medicine. Dr. Mann said almost all of his patients cannot or prefer not to take medications. to relieve their conditions. Prior to opening his doors in St. Petersburg, Dr. Mann practiced in Texas working in high volume clinics. He currently consults with practitioners all across the country and helps on their unique cases in addition to treating and overseeing cases in the Sunshine City. One such case was Lily T's, where pills were no longer an option.

"I have nerve damage in my hands and feet from my chemo treatments for colon cancer. While the cancer is gone, the burning needle sensation keeps me from enjoying my remission as much as I'd like to. Things like my favorite hobby, making origami became impossible with my hands and fingers. When the medications the doctors prescribed me didn't help, they all told me that there was nothing else they could do for me. I'd be up all night hurting," Lily said. Initially Dr. Mann had told Lily that she could not be accepted as a patient. He was skeptical that acupuncture could help Lily's neuropathy (nerve damage) because it was so severe. Lily said, "I did not have high hopes, but I needed to do something to get some relief. I did not expect the treatments to work so well but I'm thankful they did! My pain is mostly resolved and now I am able to enjoy my life again. There is more I still want to do! I have resumed so many activities I hadn't even realize I'd stopped.'

Dr. Mann says, "while we see these seemingly miraculous results day in and day out, Lily turned out to be an unusually fast responder. Typically, I expect patients to take a few more weeks to report these kinds of changes, I'm very happy for her, and all of us here at St. Pete AIM are excited to see this look of amazement on our

patients' faces."

Dr. Ralph Becker, pain management physician for the Mayo Clinic recommends acupuncture and said Lily's comments are common.

"Patients today realize that there are noninvasive options out there and want to avoid surgery and long term use of pain medications if possible. If people ask me, I encourage them to try it. Our saying is, can't hurt, often helps."

Lify said, "I have wonderful caring friends who are always willing to help out but I tell them. I can do it now that I don't have the pain anymore. I've made so much progress

in gaining back my independence.

Dr. Becker, who has been practicing 20 years, said he learned about acupuncture during his fellowship and has been recommending it to his patients for years. He has found that acupuncture helps with many of those who have chronic pain and neurological conditions. "You give them less medication, there are less uncomfortable side effects, and they become more active." Also, because of the opioid epidemic, many in the pain management field are now more cautious about prescribing medication.

For some struggling with pain management like Harold W. from Clearwater, who began seeing Dr. Mann when his migraines became so severe he went to the emergency room multiple times a week, the pills just stopped working. "I was so stressed out because I knew I needed to get checked out immediately but I also knew I couldn't keep going to the ER. I was maxed out on meds for my migraines, and the pain was still so bad some days that I went the ER. All the doctors just told me I was going to have to learn to live with the pain. That wasn't working for me so I started searching online for an alternative solution and found Dr. Mann. Acupuncture was my last hope and it gave me the best results. Dr. Mann has changed my life! Before I started seeing him I couldn't sleep because of the pain but being awake was painful too. I couldn't keep up with my work anymore, I didn't have much of a life. I didn't know anything about acupuncture, but I was desperate. I'm so glad I gave it a chance after the pain meds failed to help me.

To see if you are a candidate for the procedures used by Dr. Mann, call 727-235-0435 to schedule a consultation today.





BUS-AND-TURN LANE ENFORCEMENT **BEGINNING SOON!**





As red pavement appears, don't drive, park, load or unload vehicles in the lane.



Vehicles are only allowed in lanes to make a turn.



Only PSTA buses and emergency vehicles are allowed to drive in the red lanes.

BUS AND TURN LANE LOCATIONS



1st Avenue N.

left lane westbound between 3rd Street N. and 66 Street N.

20th Street N.

right lane eastbound between 16th Street S. and 4th Street S.

PSTA.NET/SUNRUNNER

RBCA OFFICERS

PRESIDENT: Erin Osburn -President@rivierabay.org

VICE PRESIDENT: Vacant

TREASURER: Sean Singh treasurer@rivierabay.org

SECRETARY/MEMBERSHIP: Vacant

RBCA BOARD MEMBERS

Brad Bess - 727-324-3077 membership@rivierabay.org Dean Akers - events@rivierabay.org Toni Michlove - Board1@rivierabay.org Lauren Chenibelle

GENERAL INFORMATION/ NEWSLETTER: info@rivierabay.org

RBCA NEWSLETTER:

Editor & Advertising: Erin Osburn

Layout: Missy Martino - RBCAnews@aol.com

PSTA.NET/SUNRUNNER

MAYOR'S ACTION LINE -727-893-7111 (For any dept in the city) MAYOR KEN WELCH -727-893-7201, mayor@stpete.org

NON-EMERGENCY POLICE -727-893-7780

COMMUNITY POLICE SERVICE SOUAD - 727-551-3182.

DISTRICT 2 COUNCILWOMAN Brandi Gabbard - 727-893-7117 Brandi.Gabbard@stpete.org

Membership Renewal Info

The Riviera Bay Civic Association works for the neighborhood to maintain, improve and create community events for all ages. As a member of the association, it allows you a say in neighborhood plans, event incentives and perks within our community. If you have not joined, please scan the QR code or fill out the form below and mail it to the PO Box address provided. Please show your support by sending at least \$10 (larger amounts are always welcomed) and memberships are per household which include your spouse/partner and children. Memberships should be renewed each calendar year.

	viera Bay Civic Association. Enclosed please find at least \$10. (a dues for our family for January through December.	more is
Phone:	Email:	Interest
Please make checks payable to: Mail to: Riviera Bay Civic Asso	Riviera Bay Civic Association ciation, PO Box 55883, St. Petersburg, FL 33732	SCAN ME