



## Merrimack Soccer Club – Covid-19 Guidelines

### 1) General

- a. A face mask is required to be worn by all who are attending games.
- b. Only exceptions will be when:
  - i. Eating or drinking
- c. All mask must cover the mouth and nose
- d. All players, coaches, and spectators are required to:
  - i. Check their temperatures prior to attending and game or practice. If the temperature is 100.4 degrees or higher, the person is to not attend the activity.
  - ii. Confirm they do not have any of the following symptoms as well:
    1. Runny nose
    2. Nasal congestion
    3. Sore throat
    4. Cough
    5. Change in smell or taste
    6. Has been in close contact with someone suspected or confirmed to have had COVID-19 in the past 14 days.

### 2) Players/Coaches

- a. Players shall wear a face mask entering and leaving the fields as well as on the sidelines.
- b. Coaches must wear their mask while on the sidelines.
- c. All trash must be pickup and disposed of properly by each team.

**The Merrimack Soccer Club reserves the right to remove anyone not following the above procedures from the field. In the event of an uncooperative member of either organization and or a visitor or volunteer, a single warning will be given before being asked to leave the premises.**