

ADOLESCENT DOMESTIC BATTERY TYPOLOGY CHECKLIST

Offender's name:

Offender's date of birth:

Victim's name:

Victim's date of birth:

Relationship between offender and victim:

Completed by:

Signature:

Date:

Behavior, Attitude & Environment

HOW TO USE THIS TOOL:

Circle a letter for each of the items listed below that best describes the youth's behavior, attitude, and environment.

1. What was the youth's intent during the incident?
 - a. It was an emotional outburst during a rare conflict **(isolated)**
 - b. Youth was defending themselves or family member from abuse or threat **(defensive)**
 - c. To "win" or dominate a family argument **(family chaos)**
 - d. To assert power, punish, or intimidate **(escalating)**

2. How often has this kind of behavior occurred?
 - a. Less than 3 incidents in the past 24 months **(isolated)**
 - b. Only in response to abuse or extreme fear **(defensive)**
 - c. Happens on and off during arguments at home **(family chaos)**
 - d. More than 3 incidents in the past 24 months **(escalating)**

3. How does youth typically respond to conflict?
 - a. They avoid conflict and don't typically resort to aggression **(isolated)**
 - b. They become fearful, freeze, or try to escape (avoiding aggression but using if perceived necessary) **(defensive)**
 - c. They argue or yell back, often mirroring the caregiver's behavior **(family chaos)**
 - d. They escalate quickly, may threaten or act out physically **(escalating)**

4. What is the family environment like?
 - a. The family is generally supportive and structured **(isolated)**
 - b. The youth is afraid of one or more caregivers **(defensive)**
 - c. There's frequent yelling, poor boundaries, or unclear rules/ expectations **(family chaos)**
 - d. Caregivers are trying to set limits, but violence continues to grow **(escalating)**

5. What is the youth's behavior like outside the home?
 - a. Well-behaved, with very little to no history of aggression **(isolated)**
 - b. Quiet, withdrawn, or hypervigilant **(defensive)**
 - c. Conflict occurs mostly at home, not elsewhere **(family chaos)**
 - d. Aggressive, impulsive, or disrespectful in multiple settings **(escalating)**

6. How does the youth feel about what happened?
 - a. Regretful and willing to take accountability **(isolated)**
 - b. Afraid, confused, or still feeling unsafe **(defensive)**
 - c. Verbally acknowledges that violence is wrong but is willing to use it again if less aggressive behaviors are not effective in achieving their purpose **(family chaos)**
 - d. Justifies their actions or shows little remorse **(escalating)**

7. How does the youth typically respond to limit-setting or discipline?
 - a. Typically responds appropriately; this was an exception **(isolated)**
 - b. Avoids or shuts down; may become more anxious **(defensive)**
 - c. Challenges or argues with rules, but doesn't fully reject them **(family chaos)**
 - d. Disregards rules; may react with threats, manipulations, or violence **(escalating)**

8. What role does the parent take on in the household?
 - a. Parent exerts a developmentally reasonable level of authority **(isolated)**
 - b. Parent exerts a developmentally unreasonable level of authority **(defensive)**
 - c. Parental authority is inconsistent or unclear; little follow through with consequences **(family chaos)**
 - d. Parental authority is shifting or has shifted to youth **(escalating)**

Add up the number of times each letter was answered:

A _____ B _____ C _____ D _____

Majority A- Isolated Incident Typology

Majority C- Family Chaos Typology

Majority B- Defensive Typology

Majority D- Escalating Typology

The typology that has been selected above is the youth's projected typology.