# STRATEGIES FOR CONFLICT RESOLUTION







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#### **MEDIATION**

#### **Communication Objective**

Mediation involves a neutral third party who facilitates a discussion between the conflicting parties to help them reach a voluntary agreement.

#### **NEGOIATION**

#### **Communication Objective**

Negotiation is a direct discussion between conflicting parties aimed at reaching a mutually acceptable agreement

#### **COMPROMISE**

#### **Communication Objective**

Compromise involves each party making concessions to reach a middle ground that is acceptable to both.

# USE...

- When communication has broken down
- When parties need a structured conversation
- When maintaining relationships is important
- · When both parties are willing to engage directly
- When there is a need for a quick resolution
- When parties have a history of cooperation
- When a guick solution is needed
- To establish both parties have equal power
- . When the conflict is not highly complex

# **Steps to Mediation:**

- Set Ground Rules: Establish rules for respectful communication and confidentiality.
- Identify the Conflict: Allow each party to express their views without interruption.
- 3. Identify Interests: Discuss the underlying needs of both parties.
- Explore Options: Brainstorm solutions that address both parties' concerns.
- Evaluate Options: Assess the feasibility and fairness of each solution.
- Reach Agreement: Must be mutually acceptable resolution.

## **Steps to Negotiation:**

- Prepare: Gather information and clarify your objectives.
- 2. Open Discussion: Share your perspective then listen openly
- 3. Identify Interests: Communicate needs of both parties.
- Explore Options: Generate a range of possible solutions.
- Evaluate Options: Assess the options and select the most viable solution.
- Formalize Agreement: Document the agreed-upon solution and ensure both parties understand their commitments.

## **Steps to Compromise:**

- 1. Identify the Conflict: Allow each party to express their views without interruption.
- 2. Express Willingness: Show readiness to listen
- Discuss Concessions: Each party suggests what they are willing to give up.
- Explore Options: Highlight where interests overlap.
- Evaluate Options: Reach a balanced solution that addresses the key concerns of both parties
- 6. Implement the Agreement: Put solution into action and monitor its effectiveness

Sources: Variable