



# friendship force

## KNOXVILLE

## “Gateway to Worldwide Friends”

Volume 18, No. 7

July, 2016

### **General Membership Meeting**

At the May meeting, the membership decided **not** to meet during the summer. Thus there will not be meetings in June, July or August. We will resume meeting again in September. That does not mean inactivity in the Club. Efforts to enhance the appeal of the Club are ongoing and discussions of less formal gatherings of the members are in progress.

### **35<sup>th</sup> ANNIVERSARY CELEBRATION**

The 35<sup>th</sup> Anniversary of the formation of the Knoxville branch of Friendship Force will be celebrated on October 18, 2016. The dinner will be at Rothchild's on Kingston Pike. Cocktails will start at 6.00pm with dinner at 7.00pm. The dinner will be free to members, but there will be a \$20.00 reservation fee per member that will be refunded to members at the dinner. More information about this in future newsletters.

The **celebration planning committee** met on Friday, July 8<sup>th</sup> to plan the details of our dinner. Ron and Jean Mayer have agreed to write-up the information for the program, Wanda Rogers will work with others on the committee to do table decorations for the dinner. She is investigating the possibility of having **music** for the evening. If committee members or other club members

have any **suggestions please contact Wanda** at (865) 288-0413.

Sonya DuBois will be taking care of table favors and Karen Setzfand will be putting together an invitation to be mailed to all members.

The committee is also looking for a guest speaker for the dinner. Should you have any suggestions for a speaker please call Sonja at (865) 691-8530.

Anyone interested in helping the committee would be very welcome. Our next meeting is scheduled for September 13th at the Egg and I on Kingston Pike at 11:30 a.m.

More information will be published in upcoming newsletters, emails and on our website.

### **Lunch on 9th Aug.**

A casual social lunch is being organized for noon Tuesday 9<sup>th</sup> of August at Naples restaurant. The back room at the restaurant has been reserved for our use. Naples is at 5500 Kingston Pike.

If you are going to join us, please let Sonja know at 691-8530 or by E-mail at [ronson@knology.net](mailto:ronson@knology.net) by Aug. 3<sup>rd</sup>.

## EXCHANGES

### **Inbound and Outbound Exchanges for 2018**

On July 14th we received an email from FFI that they are now beginning the matching process for 2018. The club needs to determine by August 15th, 2016 how many inbound exchanges we would like to accept. With the tremendous response we got from our survey taken earlier this year we should be able to handle two inbound exchanges in 2018.

If you have any preferences as to what countries or specific club chapters we would like to host, please send those requests to Jim Dennis at [jj.dem@tds.net](mailto:jj.dem@tds.net).

On September 1st we will receive forms for outbound requests for 2018. Here begin thinking now of countries and/or clubs you would like to visit in 2018. We will be sending out sheets for you to indicate your personal choices. FFI suggested at the Southeast Conference in Memphis that we be as specific as possible. That is Don't say Canada, but select a club and indicate why you would like to go on that exchange. The more information FFI has the better it is for us to possibility get that exchange.

As in the past there will be four choices in the order we want them. This will be done by a survey of all members.

More information will be sent as it becomes available.

## INTERNATIONAL EXCHANGE PREVIEW

The FFK Exchange Committee has been contacted by the Calgary, Canada Friendship Force Exchange Director and President with regard to a possible visit to our area in 2017. The FFK committee has discussed this possibility and feel extremely confident that this would be a good visit with past friends from the Calgary Club since our Club members visited the Calgary Club last year. In conversation and written words with the Exchange Contact persons of both Clubs it would appear that the dates for the visit would be in late April or early May of 2017 (subject of course to possible changes). Both Clubs will take the final event proposals to their Boards in late 2016. Friendship Force Knoxville (FFK) will keep you abreast of the happenings of this proposal and will be asking you for your input and assistance as it progresses. The FFK Exchange Committee contact person is [Jim Dennis \(865-0362\)](mailto:Jim.Dennis@friendshipforce.org). Please call him if you have any questions about this proposal.

The following Exchanges are available. Further information on some of these and some other exchanges, is available in the **Friendship Force International** catalogue at [www.friendshipforce.org](http://www.friendshipforce.org).

### **Domestic Exchange to Reno/Tahoe** **From Austin** **July 24 – 30, 2016**

Cost \$285 for 6 night

For more information, contact  
Mae Scheib, 12401 Los Indios Trail # 52,  
Austin, TX 78729

[RMae10@aol.com](mailto:RMae10@aol.com) or [512-250-1908](tel:512-250-1908)

### **Charlotte, North Carolina**

Western Colorado is having an outgoing exchange to Charlotte, North Carolina in October, 2016 from the 25th through the 31st, with an optional 5-day pre-exchange trip to Virginia visiting America's Historic Triangle — Jamestown, Williamsburg and Yorktown. We will begin our six-night exchange with FF Charlotte on October 25th. All FFI and host fees for the domestic exchange (#12786) are \$295.

For information, contact Nancy Galbraith, the ED at 970-382-0204 or [splash99@frontier.net](mailto:splash99@frontier.net).

### **Follow the Path of the Protestant Reformation**

“On the Trails of Dr. Martin Luther - 500 Years of Reformation”.

Nuremberg, Wittenberg, Berlin, Germany  
July 30 to August 10, 2016.

Further information is available at [www.friendshipforce.org](http://www.friendshipforce.org).

### **2016 FFI World Conference, Marrakesh, Morocco.**

**September 16-19, 2016**

For online registration and details, please visit our conference website at

<http://www.etchouches.com/ffconf2016>

### **2017 FFI World Conference**

**Manchester, United Kingdom.**

**August 25 to 27, 2017**

For additional information, please contact [www.friendshipforce.org](http://www.friendshipforce.org)

### **Farm to Table: Culture and Cuisine**

August 15 to 22, 2016, Des Moines, Iowa.

Cost \$630.

Focusing on Agriculture, Food, Farming, History, Cooking, Iowa State Fair

See more at:

[http://catalog.thefriendshipforce.org/index.php/catalog/all\\_more/iowa\\_farm\\_to\\_table/#sthash.wpaAyoAi.dpuf](http://catalog.thefriendshipforce.org/index.php/catalog/all_more/iowa_farm_to_table/#sthash.wpaAyoAi.dpuf)

For more information contact ED Carol Grant, FF Greater Des Moines at [carol.grant@mchsi.com](mailto:carol.grant@mchsi.com) or +1 515-226-9844 or +1 515-664-0096 - See more at:

[http://catalog.thefriendshipforce.org/index.php/catalog/all\\_more/iowa\\_farm\\_to\\_table/](http://catalog.thefriendshipforce.org/index.php/catalog/all_more/iowa_farm_to_table/)

### **Explore San Miguel de Allende, Mexico**

September 11 to 19, 2016

Focusing in part on Mexican Independence Celebration.

- See more at:

[http://catalog.thefriendshipforce.org/index.php/catalog/southamerica\\_more/explore\\_san\\_miguel\\_de\\_allende\\_mexico/#sthash.DckgQ0GT.dpuf](http://catalog.thefriendshipforce.org/index.php/catalog/southamerica_more/explore_san_miguel_de_allende_mexico/#sthash.DckgQ0GT.dpuf)

There is no home hosting on this exchange; however there will be people-to-people opportunities with cultural visits to the homes of locals.

For more information contact the ED Joyce Rulon, FF Oklahoma at [joyspath@cox.net](mailto:joyspath@cox.net) or 405-733-1191

### **WICHITA AIR POWER – IN WAR AND PEACE**

Sept. 25 – Oct. 2, 2016

Cost \$625

If you are interested, contact either KAREN – 316-734-2255, email: [kwarnel1@cox.net](mailto:kwarnel1@cox.net) or RONDA – 316-651-6142 [delronhol@yahoo.com](mailto:delronhol@yahoo.com) for details

### **CRAZY FOR QUILTING**

**September 30 to October 9, 2016**

Cedar Rapids and Ames, Iowa

Cost \$775

Registration and Information available on line through the FFI catalogue or by contacting Lynn Avant (ED) at 515-450-4155

## **EXPLORE MYANMAR**

October 3 to 14, 2016

Come and join us on this exciting adventure in Myanmar where you will get to meet the people and make a difference.

Although homestays are not allowed in Myanmar, this exchange will still be in the typical Friendship Force style, centered around meeting and interacting with locals. Activities include:-

Get to know local students as you help them practice their English skills.  
Learn to meditate in a Buddhist monastery.  
Gain insight into a monk's life.  
Attend lunches and dinner parties as guests.  
Travel with locals on their unique train in Yangon.  
Visit a club foot clinic where babies' lives are transformed  
One highlight will be the Phaung Daw Oo Pagoda Festival. Once a year, an elaborately decorated gold barge carrying sacred Buddhist images cruises around Inle Lake for 18 day

For further information contact  
Ian Stanford, ED, Adelaide, Australia  
[ians5064@gmail.com](mailto:ians5064@gmail.com)

## **GUADELOUPE ISLANDS**

October 22 – 29, 2016

Decidedly French...Undeniably Caribbean  
Exchange activities include:

Visit the [Memorial ACTe](#), a cultural center dedicated to the memory and history of slavery trade.  
Boat excursion with a guided tour to the "Les Saintes" island.  
Clap, sing, and dance along with the performers of a "Gwo-ka" which combines responsive singing in Guadeloupean Creole, rhythms played on the Ka drums, and traditional dancing.

Price for the exchange is \$625 USD (does not include airfare), with a \$200 USD deposit due at the time of registration.

You can [apply online](#), or you can contact me:  
Rose Schultz, ED  
FF Oklahoma  
[roses@jswtech.com](mailto:roses@jswtech.com)  
01-641-777-3336

## **IN DEPTH KAUAI, HAWAII**

May 19-29, 2017

For a description of the planned activities contact Lyn Hargreave at  
[lynhargreave@gmail.com](mailto:lynhargreave@gmail.com)  
Fees \$1200, with a \$200 deposit in advance.

### **A WALK ALONG THE MIDDLE PRONG OF THE LITTLE RIVER**

The following is an enjoyable description of a great walk/ hike/ stroll along the Middle Prong of the Little River in the Smokey Mountains. The trail head is at the end of the road passed Tremont Institute. It is about 4 miles from the trailhead to Indian Flat Falls.

It offers a different opportunity for exploration of this area and can be as long or as short as you want it to be.

Wanda Rogers is the author.

Interesting History lurks in abundance along this lovely woodland path. By starting on the metal bridge at the trailhead, and look just upstream, part of a water-powered dynamo that supplied electricity to a hotel that operated nearby in the 1920s and '30s is still visible. The book "Dorie: Woman of the mountains" provides a colorful account of what it was like in the logging town that once tried to survive here.

The entire trail lies along an old railroad bed that was used for hauling thousands of logs out of the mountains. The name itself is slightly misleading as it lies entirely along Lynn Camp Prong, which, together with Thunderhead Prong, forms the Middle Prong of the Little River further downstream. The ridge separating the two tributaries is named for Anne Davis, who helped inspire the park movement along with her husband Willis.

Roughly a quarter-mile past picturesque Lynn Camp Prong Cascades is a beautiful place to rest on the log and enjoy the flowing water of the beautiful Cascades. Even if you just walk up to here and enjoy a snack or lunch and enjoy the Cascades it is very enjoyable. A railroad trestle once stretched across the river here providing access to timber along Marks Creek. A section

of American chestnut log, which helped support the trestle, can be spotted in the stream bank. A splash dam once stood in this area.

About two miles from the trailhead is a Rusting Cadillac off the main path found by following an easily visible spur trail that leads off to right of the main trail. Other historic sites along here include tiered mountainside bunkhouses that once housed 172 men. A stone chimney, smashed by a wind-thrown tree reveals the location of the former dining hall. Another small brick chimney, also part of the CCC camp, stands on the opposite side of the trail.

The trail eventually crosses Indian Flats Prong on the flatbed bridge and winds steeply uphill. Look carefully on your right for the remains of a railroad trestle constructed from American chestnut. After the second switchback, a narrow rocky spur trail leads to hidden Indian Flats Falls. A perfect place for lunch. This is one of my favorite hikes in the Smokies.

Some of this information is taken from Bear Paw” - Spring/Summer 2016.

Wanda Rogers

## **Birthday and Anniversary Wishes**

The Members of the Club send best wishes on their Birthdays to :-

**Ron DuBois**  
**Ron Mayer**  
**Wanda Rogers**  
**Laura Ford**  
**Joanne Hayden**