

VFW Bert Fuller Post 9578

Newsletter

May 2022 Alpine, CA



Commander's Message

Comrades,

As always, I would like to say welcome to all of our new members and everyone receiving this newsletter for the first time.

Our **Post** continues to be a staple in this community through your support and membership in our **Post**.

Our **Member Appreciation Dinner** was a success and I would like to thank **East County Transitional Living** staff for once again serving a great meal. Lots of laughs and stories were shared and it was just a great time to appreciate and serve those that made it possible for us to be called a **VFW**; and that is because of our men and women who served overseas during wartime. As your **Post Commander**, I say thank you!

Sunday, May 1st is a day for us to all go and welcome our past **Post Commander Jack Gauthier** and all of the fellow **Honor Flight** heroes home at the San Diego airport. If you want to go, plan on being at airport no later than 12:30 p.m. and the flight



Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



Quartermaster's Report

The arrival of warmer weather has increased the fire danger in **East County**, so steps are being taken here at the **Post** to ensure we are ready in the event we have a major fire this year. In addition to the clearing our property of unwanted vegetation, we have increased the amount of fire insurance on our facility and have under gone a through inspection by our insurance company to cover our property.



The **Post** membership has already reached 100% with the transfers from other posts and new memberships from the **Afghanistan** conflict. It is possible by the new fiscal year on July 1st that our membership count will be excellent! The fact that over 40 of our members have passed away this year reflects the sad reality of friendships and memberships lost.

Congratulations to our **VFW 9578 Post Chaplain Theo Bazdorf** for earning the **CA Post Chaplain of the Year** designation, well-earned and very much deserved!

Please visit your **Post** often and attend our monthly **General Meeting**. Important notice: our May monthly general meeting has been moved to **10 a.m., Saturday, May 21**.

We will celebrate **Memorial Day** at the **Post** at 11 a.m. on **Monday, May 30** at the **Post Memorial Wall** at the front entrance.

Carl
Quartermaster

should land between 1 and 2 p.m.

When you see our **Post Chaplain Theo** around the **Post**, congratulate him on being named **California's VFW Chaplain of the Year!** **Theo** will be awarded on Sunday for District 1 Chaplain of the Year and on Thursday, June 9th, he will be awarded his state award. **Theo** is now up for **National VFW Chaplain of the year** and if he gets selected, he will be flown to the **VFW 123rd National convention in Kansas City** in July. Thank you **Theo** for everything you do for the **Post**, our members and the Alpine community!

Memorial day is Monday, May 30th. We will hold our ceremony at the **Post Memorial Wall** in front of the **Post** at 11 a.m. **Randy Voepel** will be our guest speaker. He is a **Vietnam veteran** and currently serves as a **California State Assembly** member. Come enjoy the ceremony as we honor our brothers and sisters whose plaques are posted on our wall.

In closing, as always I am honored to serve as your **Commander** and I deeply appreciate all of you as members and patrons of this great **Post!** If you need to reach out to me, please call me at **(858) 729-3911**. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of **Alpine!**

Until next time comrades,

John

Post Commander
John Sullivan

Meet The New CA VFW Chaplain of the Year

by **Theo Bazdorf**

After one year of college at **Rutgers University** in New Jersey, I volunteered for the Draft, and was inducted at the age of 19 into the **U.S. Army** in September 1958. I did my **basic and advanced tank training** at **Fort Hood, Texas**. In September 1959, I was sent to **South Korea**, where I served as a **tank crewman** in a tank battalion of the **7th Infantry Division**. My one-year tour of duty there was spent about ten miles south of the DMZ, training **South Korean** soldiers to help us keep the peace since the uneasy "Truce" with **North Korea** was signed in 1953.

After being released from active duty, I

Carl Silva

House Committee Report

Comrades:

I hope those who attended our **1st Annual Members Day**

had a good time. It was intended for members, spouses (or significant others) and members' children. Members, please attend the **General Meeting** to discuss if that policy should be changed and we can work it out there.

We haven't had any major issues as of the past month to speak of. So that is good news.

We are waiting on a bid to re-surface the patio deck this summer. The deck will be closed for a few days until it dries. We are also working on bids to seal the parking lot and clearly identify the parking spots. All subject to approval from the **House Committee** and **Members**.

Important note regarding donated items: please *do not* bring in any of your unwanted items to the **Post**; we don't have the room to store them. Walkers, wheel chairs and crutches are not a reusable item and will not be accepted. We are preparing a donation letter for new items for the **Annual BBQ** this year. If you would like to participate with getting new items or entertainment packages to auction off in the Fall, that would be great.

For **Cinco de Mayo** on **Thursday, May 5th**, food will be provided by one of our very own bartenders, **Julie**, who does an outstanding job whenever she is hosting a meal at the **Post**.

The **Auxiliary** will be supplying burgers on **Memorial Day, Monday, May 30th**, with times to be determined.

Stay safe and God Bless everyone.

Best Regards,

John

House Committee Chair
John Rizzo



moved to **San Diego** in April 1961, serving in the **U.S. Army Reserves** until my Honorable Discharge in August 1964.

I joined the **Alpine VFW Post 9578** as a **Life Member** in December 2010, and became **Post Chaplain** in June 2012. I was baptized and confirmed in the **Episcopal Church**, but I do not attend church regularly. About ten years ago, I decided to apply for an on-line minister-ship from **First Nation Church**. This has authorized me to officiate at wedding ceremonies in California, of which I've done about a dozen so far.

When I was elected your **Post Chaplain**, I downloaded the **VFW Chaplain's Manual**, which has been my guide ever since. I take this position very seriously, and hope I've been able to provide a "voice of reason" for our members. Over the years, I've been able to provide prayers and solace for ailing veterans and respectful non-denominational memorial services (assisted by our **Commander** and **Quartermaster**) for those who've passed away.

I'm very humbled and honored to have been selected as **VFW Post Chaplain of the Year** for **District 1** and the **State of California**. I credit my wife **Jan**, who serves the **VFW Post 9578** as **Auxiliary Chaplain**, for inspiring me to be the best **Chaplain** that I can be!



Auxiliary President's Message



As we start to look forward to the beginning of summer there is a lot going on with our Auxiliary.

At our April meeting, we elected new officers. We are grateful for the dedication of these individuals in their work to help bring **Post 9578 Auxiliary** to the next level and to serve the **Auxiliary**, the **Post** and the many veterans in need. Here is a list of the newly elected officers:

President – **Michael Buxton**
Sr. Vice President – **Nancy Hauer**
Jr. Vice President - **Ana Churgai**
Secretary – **Erika Simmons**
Chaplain - **Jan Bazdorf**
Conductress – **Vikki Hemmen**
Guard – **Sven Ricketts**
First Year Trustee – **Darren Pyle**
Second Year Trustee – **Bob Bealo**
Third Year Trustee - **Pat Alston Aldrich**

Congrats to the leadership team of 2022 - 2023. I am happy and honored to be your **President** again this year. I have a lot of great plans to continue to move us forward and to do great things to support veterans.

We will not be having a regular chapter meeting in May at the **Post**. In lieu of our meeting, we will be joining **Post 9578's** own **Sheila Snyder** who is running for **District 1 Auxiliary President** at the Mass Installation of Officers on Saturday, May 7th. This is a great way to support our officers and to meet other from other posts.

Here is the information for the mass installation; we hope to see you there:

District 1 Mass Installation



10 a.m. Saturday, May 7th
VFW SABLE Post 2275
136 Chambers St, El Cajon, CA 92020

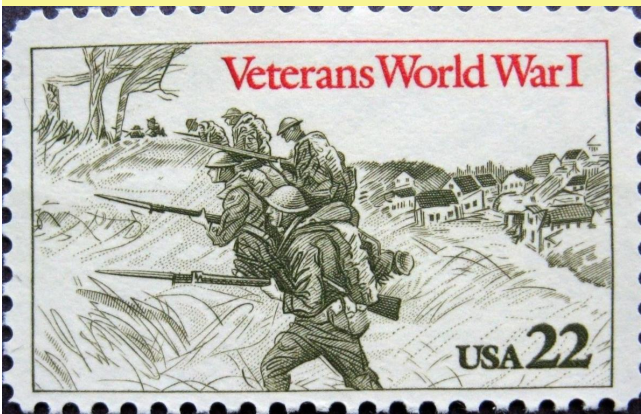
We wish everyone an amazing start to summer. And we look forward to seeing you at the **Post**. Thank you for all that you do to support our **Post** and veterans. We will see all of the auxiliary members at our next normal **Auxiliary** meeting at 10 a.m. on Saturday, June 4th!

As always, if you have any questions or is there is something that the **Auxiliary** can help with, please email me at buxtonm@gmail.com.

Yours in Service,

Michael
Post 9578 Auxiliary President
Michael Charles Buxton

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link:
[VFW Post 9578 Auxiliary](#)



Chaplain's Message

One of the most special American holidays for military veterans (besides **Independence Day** and **Veterans Day**) is **Memorial Day**. This particular day began as an informal and unofficial "**Decoration Day**" during the **Civil**



Auxiliary Chaplain's Message

On this **Memorial Day**, I would like to remember and honor my father, **Charles Christian Ryan, GM3 US Navy, WWII**, Pacific Theater, 1944~1946. He was only 19 when he left. He was an old man when he returned. Malaria, dysentery, and PTSD were his new normal. Physically he healed; mentally, I don't think he ever did.



My nearly 97-year old Mom is, according to everyone that knows her, the nicest lady in

War, when citizens would place U.S. flags on the graves of those killed in action during that war. **Memorial Day** now is a special day to remember and honor all those men and women who have given their lives in our country's military service.

Heavenly Father, on this Memorial Day, we pray for those who courageously have laid down their lives for the cause of freedom. May the example of their sacrifice inspire in us selfless love of our fellow man. Bless the families of our fallen troops, and fill their homes and their lives with your strength and peace. In union with people of goodwill of every nation, embolden us to answer the call to work for peace and justice, and thus, seek an end to violence and conflict around the world. AMEN.

Also this month, **Armed Forces Day** is celebrated on Saturday, May 21. This began in the United States in 1950 as a means to honor Americans serving in the **U.S. Army, Navy, Marine Corps, Air Force, Coast Guard, National Guard** and **Reserves**. And let us not forget our active-duty troops!

At **9:30 a.m.** on **Saturday, May 28th**, there will be a **Wall of Honor** ceremony at the **Alpine Community Center**.

On Monday, May 30th, your **Post Color Guard** will present a short service at **10 a.m.** at the **Alpine Cemetery**, followed by another service at **11 a.m.** at the **Post Memorial Wall** at the front entrance. The public is invited to attend to the ceremonies.

Theo

Post 9578 Chaplain
Theodore Bazdorf

Special Notice regarding Post Events, Meals

The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.

Saturday Night Entertainment at the Post in May

the world! She picked my Dad to marry, so I believe he was all I wished he would have been to her and his seven children. I'd really like to think that my Dad was the most wonderful person that ever lived, but I don't know that. Because for my Father, the War changed him, like so many others. He suffered in ways I will never know but still try to understand.

Life was hard for my Dad, every single day. You could see it on his face. My memories of him are... keeping to himself, always with a mildly frustrated or sad look. Deep in thought, with seven rowdy kids running around a very small home. Today, none of my siblings remember him being playful, or talkative, or even at peace with himself or his surroundings. My Dad was not mean – he was in pain. Deep, long term pain, 38 years worth of pain. My Dad worked hard – every day. He had a couple of acquaintances, but no true friends. No one to talk with about what he, and they, had been through.

My Dad had just turned 59 when he passed. PTSD was not a “thing” in the 40's, 60's or even 80's. Now we know, now we listen, now we are more educated, now there is help. We realize what we asked our young men and women to do for us, for our Country – still do – and it has serious ramifications to some.

I am truly grateful that I am involved with the **VFW** and see firsthand what was, what is, and what could be. Now I can at least understand a little and hopefully help a lot.

We heard this week that one of my daughter's classmates committed suicide. He was a **Marine**, formerly worked for the police department and he was in his early 30's. This brought back so many painful feelings about how he must have suffered, how my Dad must have suffered, and how no one was able or willing to help them, or thousands of others like them. **We have to do better than that.**

This **Memorial Day** we will remember all those who died in our world conflicts. And those that died at home long after the conflict had ended. We must all make a pledge to help our Brothers and Sisters who are in need. We can pledge to be more aware, engage them in conversation to let them know we are all here to help. Don't let another day go by without praying for our Military. For this world to be at peace. For not one more person to feel so hopeless that they perish under our watch. We must remember and act.

Saturday Nights @ The Post

6 – 10 p.m. May 7th

BROWN SUGAR OLDIES

San Diego's only
"Oldies by Request" Music Group
Music of the 50's-80's and
Welcome to Requests

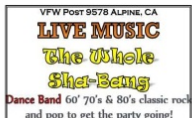


6 – 10 p.m. May 14th

High-energy rock & roll dance music and live songs!!!



6 – 10 p.m. March 21st



6 – 10 p.m. May 28th



5 – 7:30 p.m. Dinner Service

\$22 Ribeye Steak Dinner

Ribeye Steak
Baked Potato
Vegetable
Dinner Roll



Ribeye Steak & Shrimp Dinner \$29

Fish & Shrimp Dinner \$16

Shrimp Dinner \$20

Shrimp Skewer \$9



Shrimp Cocktail \$11

Salad \$6

Extra Vegetable or Potato \$3

Dessert \$3

Alpine VFW Post 9578
844 Tavern Road, Alpine
(619) 445-6040

Jan

Post 9578 Auxiliary Chaplain
Jan Bazdorf

Canteen Manager's Message



Congratulations to
Melissa and also to
Ernie Allen for their
respective wins of the
April Raffle Baskets!

This month we will be bringing back
Karaoke from 5 to 9 p.m. on the **first** and
third Wednesday. Mark your calendars for
May 4th & 18th to join in the fun!

Be sure to purchase raffle tickets every time
you visit the **Post**. We are always looking
for donations, especially for raffle prizes.

The **Raffle Basket** and **Raffle Wagon**
tickets are each sold for \$1 donation each
and six (6) tickets for \$5 donation.

For **Post Raffle Basket** and **50/50** tickets:
please put your name and contact number
on all tickets that you purchase since you do
not have to be "present" to win!

Kimberley

Canteen / Entertainment Manager
Kimberley Rivera

Melissa

Easter Raffle Basket Winner!



**Friday Night Entertainment
at the Post in May**

Friday Nights @ The Post



FRIDAY DINNER

5 – 7:30 P.M.

Fish & Chips Dinner - \$16

Fish & Shrimp Dinner - \$16

Shrimp & Chips Dinner - \$16

½ Fish or Shrimp Dinner - \$9

Chicken Sandwich & Fries - \$11

Shrimp Cocktail - \$11

Shrimp Skewer - \$9

Shrimp Salad - \$9

Individual Shrimp - \$1 each

French Fries - \$3

Dinner Salad - \$6

Dessert - \$3



6 – 10 p.m. Friday Night Karaoke
with Fred Johnson



Stay connected with our up to date Facebook:

@AlpineVFW9578 or: www.vfw9578.com

Open to the public for meals and entertainment

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Now Hear This:

Wednesday Night Karaoke
Returns to the VFW Post 9578
from 5 to 9 p.m. on the
1st and 3rd Wednesdays
of May, June & July!

That is All!

5 – 9 p.m. Wednesday Night Karaoke
with Fred Johnson

1st & 3rd Wednesdays Monthly

Open to the public for meals and entertainment

Stay connected with our up to date Facebook:

@AlpineVFW9578

Or visit our webpage: www.vfw9578.com

Alpine VFW Post 9578

844 Tavern Road, Alpine (619) 445-6040



Important Note Re: Estate Planning

VFW Bert Fuller Post 9578 does NOT endorse any services or products listed. The services or products offered may not be suitable for all attendees. Before retaining any professional services or making any investments, you should seek advice from an independent third-party licensed/certified financial advisor.



Ernie Allen
Easter Raffle Basket Winner!



VFW Riders Group of Post 9578 Leaders

President: **Todd Greenwood**

Interim Vice President: **Mark Cormier**

Secretary: **Darla Beery**

Treasurer: **James Roe**

Sgt at Arms: **CJ Burroughs**

Chaplain: **Fred Rivera**

Road CAPT: **Roger Burroughs**

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a **Drug-Free Zone**. If drugs are used on our Post's property, it will put our **ABC** liquor license in jeopardy, as well as our **Post** charter with the **National VFW**.

Please report any violations of drug use on

LIVING TRUST SEMINAR

PLAN NOW INSTEAD OF THE COURT DECIDING LATER

LEARN HOW A TRUST CAN PREVENT YOUR ESTATE FROM BEING WIPE OUT BY NURSING HOME EXPENSES

PLAN TO ATTEND THIS FREE SEMINAR

ALPINE
VFW POST 9578
844 Tavern Road
THURSDAY, MAY 19th
11 a.m. to Noon

AVOID PROBATE...EVERY HOMEOWNER SHOULD ATTEND THIS SEMINAR

- How a properly funded trust can avoid Medi-Cal Recovery
- Create new or replace old, outdated documents
- Keep your affairs private and out of the courts
- What happens without a Living Trust
- Provisions for your loved ones
- Danger of Joint Tenancy

FREE

RESERVE YOUR SEAT TODAY
1 (800) 350-6376 or
www.LearnLivingTrust.com

MARRIED COUPLES ENCOURAGED TO ATTEND TOGETHER

FREE

Presented by:

ALPHA OMEGA FAMILY SERVICES
Representing AmeriEstate Legal Plan, Inc

All new clients are provided with consultations by an independent qualified attorney who will help you determine the best plan for your family

Bring this flyer to receive **\$300 OFF** your Living Trust package at the seminar



VFW Bert Fuller Post 9578

Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions

Post property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

Post Hours of Operation

(Subject to change without advance notice - call Post at (619) 445-6040 for details)

Monday - Friday: 11 a.m. to Closing

Lunch Service: 11 a.m. - 5 p.m.

Dinner Service: 5 p.m. - 7:30 p.m.

Saturday & Sunday: 9 a.m. to Closing

Members Meetings - 2nd Saturday/Month

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: (619) 445-6040

Fax: (619) 445-8740

eMail: csilvasr@aol.com

Newsletter Submissions

Items for consideration may be emailed to csilvasr@aol.com or mailed to the post at:

VFW Bert Fuller Post 9578

Attention: **Carl Silva**

844 Tavern Road

Alpine, CA 91901

Please note: newsletter submission deadline is the 25th of the prior month.

VFW Post 9578 Hours of Operation

The Post will observe the following business hours:

Sundays: 9 a.m. - close

Mondays: 11 a.m. - close

Tuesdays: 11 a.m. - close

Wednesdays: 11 a.m. - close

Thursdays: 11 a.m. - close

Fridays: 11 a.m. - close

Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent

Post Officers & Trustees

John Sullivan - Commander
Sean Lynch - Senior Vice Commander
Richard Simmons - Jr Vice Commander
Carl Silva - Quartermaster
Theo Bazdorf - Assistant Quartermaster
Theo Bazdorf - Chaplain
Sean Lynch - Adjutant
Jim Bilka - Judge Advocate
John Rizzo - Service Officer
John Rizzo - Surgeon

Rich Martindell - 1st Year Trustee
Charlie Rodgers - 2nd Year Trustee
James Abercrombie - 3rd Year Trustee

Auxiliary Officers

Michael Buxton - President
Nancy Hauer - Senior VP
Ana Churgai - Junior VP
Jan Bazdorf - Chaplain
Vacant - Treasurer
Erika Simmons - Secretary
Vikki Hemmen - Conductress
Sven Ricketts - Guard
Darren Pyle - Trustee #1
Bob Bealo - Trustee #2
Pat Alston Aldrich - Trustee #3

House Committee

John Rizzo - Chairperson
Dan Focht - Member
Richard Simmons - Member
Joel Murillo - Member
Mark Traplay - Member

Canteen / Entertainment

Kimberley Rivera - Canteen Manager
Sandy Curry - Canteen Assistant Manager

Volunteer Bartenders

Darla Beery
Dani Caton
Julie Kalogiannis
Gigi Lafaver
Jessica McKittrick

***Support Your Post -
Attend Regularly
to Enjoy
The Camaraderie,
Games,
Meals &
Live Entertainment!***

upon attendance and varies per day.

Please please do your best to comply with state and county guidelines at all times and **do not, under any circumstances, attend a Post activity or event if you or a member of your family unit are experiencing COVID-19 symptoms.**

If you have questions on the guidelines please call the **Post** at **(619) 445-6040**.

History of Memorial Day

Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military.

Originally known as **Decoration Day**, it originated in the years following the **Civil War** and became an official federal holiday in 1971. Many Americans observe **Memorial Day** by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, it marks the beginning of the summer season.

Early Observances of Memorial Day

The **Civil War**, which ended in the spring of 1865, claimed more lives than any conflict in U.S. history and required the establishment of the country's first national cemeteries. By the late 1860s, Americans in various towns and cities had begun holding springtime tributes to these countless fallen soldiers, decorating their graves with flowers and reciting prayers.

Did you know? Each year on Memorial Day a national moment of remembrance takes place at 3 p.m. local time.

It is unclear where exactly this tradition originated; numerous different communities may have independently initiated the memorial gatherings. And some records show that one of the earliest **Memorial Day** commemorations was organized by a group of formerly enslaved people in **Charleston, South Carolina** less than a month after the Confederacy surrendered in 1865.

Nevertheless, in 1966 the federal government declared **Waterloo, New York**, the official birthplace of **Memorial Day**. **Waterloo**, which first celebrated the day on May 5, 1866, was chosen because it hosted an annual, community-wide event, during which businesses closed and residents decorated the graves of soldiers with flowers and flags.



“Burgers with a View”

11 a.m. – 1:30 p.m. Saturdays

\$8 Burgers \$6 Hot Dogs



Sides include:

Beans

Chili

Potato or Macaroni Salad

Chips

Open to the public for meals and events

844 Tavern Road, Alpine (619) 445-6040

Decoration Day

On May 5, 1868, **General John A. Logan**, leader of an organization for Northern Civil War veterans, called for a nationwide day of remembrance later that month. “The 30th of May, 1868, is designated for the purpose of strewing with flowers, or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village and hamlet churchyard in the land,” **Logan** proclaimed.

The date of **Decoration Day**, as he called it, was chosen because it wasn’t the anniversary of any particular battle. On the first **Decoration Day**, **General James Garfield** made a speech at **Arlington National Cemetery**, and 5,000 participants decorated the graves of the 20,000 **Civil War** soldiers buried there.

Memorial Day: A Federal Holiday

Memorial Day, as **Decoration Day** gradually came to be known, originally honored only those lost while fighting in the **Civil War**. But during **World War I** the United States found itself embroiled in another major conflict, and the holiday evolved to commemorate American military personnel who died in all wars, including **World War II**, **The Vietnam War**, **The Korean War** and the wars in **Iraq** and **Afghanistan**.

For decades, **Memorial Day** continued to be observed on May 30, the date **General Logan** had selected for the first **Decoration Day**. But in 1968, Congress passed the **Uniform Monday Holiday Act**, which established **Memorial Day** as the last Monday in May in order to create a three-day weekend for federal employees. The change went into effect in 1971. The same law also declared **Memorial Day** a federal holiday.

Source: History.com

VFW 9578 Alpine

Saturday Dinner Menu

5 - 7:30 p.m.

\$22 Ribeye Steak Dinner



Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$29

Shrimp Dinner \$20

Shrimp Cocktail \$11

Shrimp Skewer \$9

Salad \$6

Extra Vegetable or Potato \$3

Dessert \$3



Stay connected and up to date with our Facebook:

@AlpineVFW9578 or VFW Website: www.vfw9578.com

Open to the Public for meals and entertainment

Alpine VFW Post 9578

844 Tavern Road, Alpine (619) 445-6040



Sunday Breakfast Menu

Served 9 a.m. - 12:30 p.m.

- Ribeye Steak, Eggs, Potatoes & Toast - \$22
- Bacon, Eggs, Potatoes & Toast - \$13
- Sausage, Eggs, Potatoes & Toast - \$13
- Chicken Fried Steak Breakfast - \$16
- Chicken Fried Steak Sandwich - \$13
- Breakfast Sandwich w/ Potatoes - \$11
- Biscuits and Gravy (full order) - \$6
- Biscuits and Gravy (half order) - \$4
- BLT Sandwich w/ Potatoes - \$10
- Porkchop Breakfast - \$16
- Side Order Potatoes - \$4
- Extra Bacon or Sausage - \$3
- Extra Egg or Toast - \$1



Stay connected and up to date:

Facebook: [@AlpineVFW9578](#) or website: www.vfw9578.com

Open to Public for Meals & Entertainment
844 Tavern Road, Alpine (619) 445-6040

May 2022

FYI for Post Members!

House Committee meetings are held every **second Saturday of the month** at **10 a.m.**

Post Member meetings are held **every second Saturday of the month** at **11 a.m.**

Auxiliary Member meetings are held on the **first Saturday of the month** at **10 a.m.**

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578!**

Our Newsletter Supporters

AAA Southern CA (619) 644-5128

Elyse Lobaugh

Alpine Artistic Florist (619) 445-7974

Jamie Lewis

www.alpineartisticflorist.net

Alpine Dentistry (619) 445-8896

Jonar R. Bonifacio DDS Dr. "B"

[Alpine Dentistry](#)

Accurate Land Surveys (619) 445-0110

Bill Russell

Alpine Computer & Tutor (619) 277-7858

Duncan Marks

Bisher's Quality Meats (760) 789-1488

Dan Bisher

<https://weareramona.com/listing/bishers-quality-meats-ramona/>

California Bank & Trust (619) 445-9321
Kellye Murphy

California Signs & Marketing (619) 258-2001
[California Signs & Marketing](http://www.CalSigns.net)

Clayco Solar Services (619) 971-2799
Clay Mauldin

Copy Corral (619) 562-3660
Julie Walker
www.lakesidecopy.com

East County Karate (619) 627-4850
Nathan Morton
<http://ecmartialart.com>

Kamps Propane (619) 390-6304
Richard Edwards
www.kampspropane.com

Keller Williams (619) 301-2301
Doris Fifer

Off The Hook Mobile Detailing (619) 760-5021
Jake Evans

On Line Bookkeeping & Tax Service
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References Upon Request




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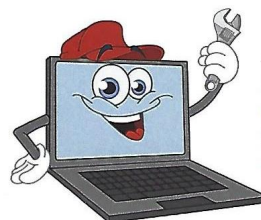


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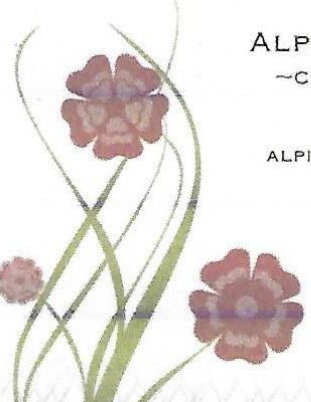
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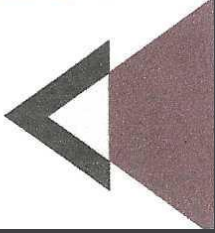
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May 2022 Bert Fuller V.F.W. Post 9578 Activities & Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 MAY DAY From 9 a.m.: NASCAR, PGA & other sports on 7 TVs!	 6 p.m. Texas Hold'em	5 p.m. FUNDRAISER GAMES	5 – 9 p.m. Karaoke By Fred Johnson FUNDRAISER GAMES	5 National Day of Prayer 2 – 7 p.m. Cinco De Mayo @ The Post! FUNDRAISER GAMES	6 – 10 p.m.  Karaoke by Fred Johnson	7 RAMADAN No Auxiliary Meeting – see note below 6 – 10 p.m. Band Brown Sugar Oldies
8 MOTHER'S DAY From 9 a.m.: NASCAR, PGA & other sports on 7 TVs!	 6 p.m. Texas Hold'em	5 p.m. FUNDRAISER GAMES	11 4 p.m. VFW Riders Bike Night 5 p.m. FUNDRAISER GAMES	12 5 p.m. FUNDRAISER GAMES	13 6 – 10 p.m.  Karaoke by Fred Johnson	14 6 – 10 p.m. Band <i>High-energy rock & roll dance music and live songs!</i> 
15 From 9 a.m.: NASCAR, PGA & other sports on 7 TVs!	 6 p.m. Texas Hold'em	17 5 p.m. FUNDRAISER GAMES	18 5 – 9 p.m. Karaoke By Fred Johnson FUNDRAISER GAMES	19 5 p.m. FUNDRAISER GAMES	20 6 – 10 p.m.  Karaoke by Fred Johnson	21 ARMED FORCES DAY 10 a.m. House Comm Mtg 11 a.m. General Mtg 6 – 10 p.m. Band The White Sheet Band
22 From 9 a.m.: NASCAR, PGA & other sports on 7 TVs!	 6 p.m. Texas Hold'em	24 5 p.m. FUNDRAISER GAMES	25 5 p.m. FUNDRAISER GAMES	26 5 p.m. FUNDRAISER GAMES	27 6 – 10 p.m.  Karaoke by Fred Johnson	28 9:30 a.m. Wall of Honor Ceremony at Alpine Community Center 6 – 10 p.m. Band RON HOUSTON & THE BERRY PICKERS
29 From 9 a.m.: NASCAR, PGA & other sports on 7 TVs!	30 MEMORIAL DAY 10 a.m. Service at Alpine Cemetary 11 a.m. Service at Post Memorial Wall 6 p.m. Texas Hold'em	31 5 p.m. FUNDRAISER GAMES			<p style="text-align: center; color: #4F81BD;">For May only:</p> <p>The 10 a.m. House Committee and 11 a.m. General Membership Meetings will be held on Sat, May 21st.</p> <p>The Auxiliary is invited to attend the District 1 Mass Installation at 10 a.m. Saturday, May 7th at VFW SABLE Post 2275 at 136 Chambers St, El Cajon</p>	

May 2022 Bert Fuller V.F.W. Post 9578 Menu (Items & prices subject to change)

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
1 MAY DAY 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	2 11 a.m. \$7 Lunch by Julie 5 p.m. Pizza \$2/slice	3 11 a.m. \$7 Lunch 6 p.m. \$3 Tacos by Nora	4 11 a.m. \$7 Lunch by Julie 5 p.m. Dinner TBA	5 Cinco De Mayo @ the Post! 11 a.m. \$7 Lunch by GiGi 2 – 7 p.m. \$9 Dinner by Julie Carne & Pollo Asada Tacos w/ Rice & Beans	6 11 a.m. \$7 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	7 RAMADAN 11 a.m. – 1:30 p.m. \$8 Burgers \$6 Hot Dogs Served by Auxiliary 5 – 7:30 p.m. \$22 Ribeye Steak Dinner 		
8 MOTHER'S DAY 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	9 11 a.m. \$7 Lunch by Julie 5 p.m. Pizza \$2/slice	10 11 a.m. \$7 Lunch 6 p.m. \$3 Tacos by Nora	11 11 a.m. \$7 Lunch by Julie 5 p.m. Dinner TBA	12 11 a.m. \$7 Lunch by GiGi 5 p.m. Dinner TBA by Julie	13 11 a.m. \$7 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner	14 11 a.m. – 1:30 p.m. \$8 Burgers \$6 Hot Dogs Served by Auxiliary 5 – 7:30 p.m. \$22 Ribeye Steak Dinner		
15 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	16 11 a.m. \$7 Lunch by Julie 5 p.m. Pizza \$2/slice	17 11 a.m. \$7 Lunch 6 p.m. \$3 Tacos by Nora	18 11 a.m. \$7 Lunch by Julie 5 p.m. Dinner TBA	19 11 a.m. \$7 Lunch by GiGi 5 p.m. Dinner TBA by Julie	20 11 a.m. \$7 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner	21 ARMED FORCES DAY 11 a.m. – 1:30 p.m. \$8 Burgers \$6 Hot Dogs Served by Auxiliary 5 – 7:30 p.m. \$22 Ribeye Steak Dinner		
22 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	23 11 a.m. \$7 Lunch by Julie 5 p.m. Pizza \$2/slice	24 11 a.m. \$7 Lunch 6 p.m. \$3 Tacos by Nora	25 11 a.m. \$7 Lunch by Julie 5 p.m. Dinner TBA	26 11 a.m. \$7 Lunch by GiGi 5 p.m. Dinner TBA by Julie	27 11 a.m. \$7 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner	28 11 a.m. – 1:30 p.m. \$8 Burgers \$6 Hot Dogs Served by Auxiliary 5 – 7:30 p.m. \$22 Ribeye Steak Dinner		
29 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	30 MEMORIAL DAY 11 a.m. \$8 Burgers by VFW Post 9578 Auxiliary 5 p.m. Pizza \$2/slice	31 11 a.m. \$7 Lunch 6 p.m. \$3 Tacos by Nora					<p align="center">When visiting the Post, please remember to tip your Canteen Staff for the great service that they provide!</p>	

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