

VFW Bert Fuller Post 9578

Newsletter

July 2023 Alpine, CA



Commander's Message

Comrades,

As we move into the month of **July** I would like to wish you as safe and happy **Independence Day**.



Our **Post** does not have anything planned this year due to lack of volunteers, but we are hoping to change this soon. **VFW** posts thrive off of the support from their members and our **Post** hurts in this category. We often have members ask "what are we doing on.." or "why aren't we doing anything..."? I say to you, what are **YOU** going to step up and do for this **Post**, for your **Post**? It does not always have to be the same 2 or 3 members volunteering and we should not always have to depend on the **Auxiliary** to bail us out for our own events.

As your **Commander**, I am asking you to take pride in your **Post**; once again, ask not what this **Post** can do for you, ask yourself "what can I do for this **Post**?".

Speaking of volunteering, a huge shout out must go to **Auxiliary President Nancy** and

Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



House Committee Message

Comrades,

Please attend the member's **General meeting** held at **11 a.m. Saturday, July 8th** at the **Post**. Your input and feedback on **Post** operations is welcome.

The House Committee will meet at **10 a.m. a.m. Saturday, July 8th** at the **Post**.

Thanks,

Mark

Post 9578 House Committee Chair
Mark Traplay

VFW Post 9578 Auxiliary

Notice of Regular Monthly Meeting

10 a.m., Saturday, July 1st

VFW Post 9578 Meeting Room

844 Tavern Road, Alpine, CA (619) 445-6040

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Auxiliary President's Message

Happy Summer everyone! I hope you all are enjoying

her team of fabulous auxiliary volunteers; along with **Dep Stepp's** amazing meal, our **Celebration of Life** for our dear friend and **Past Post Commander Jack Gauthier** was amazing as it could be. I know this meant a lot to the family and the members and guests in attendance.

The "**Dani and Sandy** show" at the celebration was also a hit as always, as they ensured everyone was well hydrated and all the while having smiles and happiness in their hearts, I want to thank both of you for volunteering to be our event bartenders - you two ladies are amazing!

We have a comment and suggestion box in the entry room; please leave a note if you have positive feedback and or suggestions.

Thank you and lets have an amazing month!

In closing as always, I am honored to be your commander and deeply appreciate all of you as members and patrons of this great **Post!**

If you need to reach out to me, please call me at **(858) 729-3911**. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of **Alpine!**

God Bless you and God bless the United States of America!

John

Post Commander
John Sullivan



Chaplain's Message

My name is **Alfredo (Fred) Rivera**, and I am the appointed **Chaplain** for our **VFW Post 9578**

our warmer weather. A huge thank you to my **Post 9578 Auxiliary** volunteer team that helped at **Jack Gauthier's Celebration of Life**. I truly appreciate all the ladies that took time out of their busy days to volunteer on **Friday** and **Saturday**.



Also, a huge shout out to Auxiliary member **Deb Step** who cooked an incredible meal: pot roast, mashed potatoes, glazed carrots, dinner roll and salad. **Deb** also made all the desserts. It was an incredible feast!

Our next **Auxiliary** meeting will be held at **10 a.m. on Saturday, July 1st**. Officers, please arrive at 9:30 a.m. as we will be discussing fundraisers.

The **School of Instruction** will be held on Saturday, July 15th at the **Lakeside VFW Carter Smith Post 5867** at 12650 Lindo Lane, Lakeside.

Kindest regards,

Nancy

Post 9578 Auxiliary President
Nancy Hauer

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link: [VFW Post 9578 Auxiliary](#)

Auxiliary Chaplain's Message

Please have a Happy and safe 4th of July. The **Post Auxiliary** will be cooking burgers. Please stop by and support us.



The **VFW Auxiliary's** mission:

"Since 1914, the VFW Auxiliary has united Americans from all walks of life with a common purpose: to improve the lives of veterans, service members and their families, and our communities."

Alpine. I have been a **Post Life Member** for several years and have served the **Post** as a **Trustee** for the past two years.

I am a former **Army** combat veteran and served with the **5th Infantry Division** in **Vietnam** 1968 – 1969.



Also, I am retired from the **Department of Defense** (35 years), the **CA Teachers Association** (44 years adjunct teacher) and **Army National Guard** (24 years).

I look forward to serving the **Post** as your **Chaplain**.

Fred

Post 9578 Chaplain
Fred Rivera



Fred Rivera circa 1968 - 1989

Special Notice regarding Post Events, Meals

The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.

We said a final farewell to our **past Post Commander, Jack Gauthier**. He was the nicest man. We thank him for his dedication and volunteerism. I would like to acknowledge him especially for the help he gave **Theo** after he took over the **Quartermaster** job. **Jack** was there most days to help organize the office and assist **Theo** in any way he could, until he was unable to come in. Thank you Sir! We appreciate all you did so much!

We have lost so many people in these past couple of months. I just found out yesterday that my dear friend's mom passed away at 94 years old. It just makes me wonder about my life. Wonder if I have done enough. We're here for what seems like a very short time. Now that I am older have a longer look back period. I hope that I have done all I could do and continue to do all that I can. There were times in my life when I was able to do more, and sometimes I had to do less. But I always tried to volunteer and to help. But am I doing enough?

I am a firm believer that we are all put on this earth to be in a bigger community. We're in the community of our homes, our families, our friends, our churches, organizations. But I also feel that we are all here for the betterment of every person, every neighbor, every friend, every stranger. That it's our duty. It's our purpose on this earth. To be the very best that we can be - not only those we know and love... but to everyone.

Would you be proud of what you have done with your life?

With peace and love,

Jan

Post 9578 Auxiliary Chaplain
Jan Bazdorf

Canteen Manager's Message

Summer is here! Come up to the **Post** to enjoy our beautiful sunsets on our deck and Friday and Saturday night dinners, with new items added to our menu.



Monday Nights @ The Post

6 p.m. **GAME** Night!

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

@AlpineVFW9578

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Friday Nights @ The Post

FRIDAY DINNER 5 – 7:30 P.M.



Fish & Chips Dinner - \$16

Fish & Shrimp Dinner - \$16

½ Fish or Shrimp Dinner - \$11

Shrimp Cocktail - \$11

Dinner Salad & Shrimp - \$14

Dinner Salad - \$6

Dessert - \$3

Shrimp & Chips Dinner - \$16

Chicken Sandwich & Fries - \$12

Shrimp Salad - \$12

French Fries - \$4

Fish Sandwich & Fries - \$13

Chicken Caesar Salad - \$12



5 – 9 p.m. Friday Night **Karaoke**
with Fred Johnson

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

@AlpineVFW9578

or:

www.vfw9578.com

June 2023

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Saturday Nights @ The Post

5 – 9 p.m. July 1st



6 – 9 p.m. July 8th

MARINE BAND SAN DIEGO

JAZZ COMBO

6 – 10 p.m. July 15th

The Whole She-Bang

5 – 9 p.m. July 22nd

Brown Sugar Oldies

6 – 10 p.m. July 29th



*Open to the public
for meals and entertainment!*

Alpine VFW Post 9578
844 Tavern Road
(619) 445-6040

5 – 7:30 p.m. Dinner Service

\$24 Ribeye Steak Dinner

Ribeye Steak
Baked Potato
Vegetable
Dinner Roll



Ribeye Steak
& Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Skewer \$10



Shrimp Cocktail \$11

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable \$4

Extra Potato \$4

Dessert \$3

June 2023

50-50 and raffle baskets one dollar each or six for five dollars. We are always looking for donations...

Kimberly

Canteen / Entertainment Manager
Kimberly Rivera

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a **Drug-Free Zone**. If drugs are used on our **Post's** property, it will put our **ABC** liquor license in jeopardy, as well as our **Post** charter with the **National VFW**.

Please report any violations of drug use on **Post** property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

Post Members Meetings - 2nd Saturday

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: (619) 445-6040

Fax: (619) 445-8740

eMail: VFW9578cmd@gmail.com

Newsletter Submissions

Items for consideration may be emailed to

John.P.Sullivan1@gmail.com

Contact: (858) 729-3911
or mailed to the post at:

VFW Bert Fuller Post 9578
Attention: **John Sullivan**
844 Tavern Road
Alpine, CA 91901

Please note: newsletter submission deadline is the 25th of the prior month.

Alpine VFW Post 9578

Saturday Dinner Menu

5 - 7:30 p.m.

\$24 Ribeye Steak Dinner



Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Cocktail \$11

Shrimp Skewer \$10

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable or Potato \$4

Dessert \$3



Stay connected and up-to-date:

Facebook page: @AlpineVFW9578

VFW Website: www.vfw9578.com

Open to the Public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

June 2023

VFW Post 9578 Hours of Operation

(Subject to change without advance notice - call Post at (619) 445-6040 for details)

The Post will observe the following business hours:

Sundays: 9 a.m. - close
Mondays: 11 a.m. - close
Tuesdays: 11 a.m. - close
Wednesdays: 11 a.m. - close
Thursdays: 11 a.m. - close
Fridays: 11 a.m. - close
Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day.

If you have questions on the guidelines please call the **Post** at (619) 445-6040.

FYI for Post Members!

House Committee meetings are held every **second Saturday of the month** at **10 a.m.**

Post Member meetings are held **every second Saturday of the month** at **11 a.m.**

Auxiliary Member meetings are held on the **first Saturday of the month** at **10 a.m.**

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578** and invite them to enjoy the meals and events!

VFW Bert Fuller Post 9578

Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Bert Fuller Post 9578 Core

Alpine VFW Post 9578

Sunday Breakfast Menu

Served 9 a.m. - 12:30 p.m.

- Ribeye Steak, Eggs, Potatoes & Toast - \$24
- Bacon, Eggs, Potatoes & Toast - \$14
- Sausage, Eggs, Potatoes & Toast - \$14
- Porkchop Breakfast - \$18
- Porkchop (only) - \$12
- Chicken Fried Steak Breakfast - \$17
- Chicken Fried Steak Sandwich - \$17
- Breakfast Sandwich w/ Potatoes - \$12
- Biscuits and Gravy (full order) - \$8
- Biscuits and Gravy (half order) - \$4
- BLT Sandwich w/ Potatoes - \$10
- Pancakes - \$8
- Extra Bacon or Sausage - \$6
- Extra Egg or Toast - \$2
- Extra Gravy - \$3



Stay connected and up to date:

Facebook: @AlpineVFW9578 or website: www.vfw9578.com

Open to the public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

June 2023

VFW Post Officers & Trustees

John Sullivan - Commander
Richard Simmons - Sr Vice Commander
Neal Zeitler - Jr Vice Commander
Theo Bazdorf - Quartermaster
Fred Rivera - Chaplain
John Rizzo - Adjutant
Jim Bilka - Judge Advocate
Rick Walsh - Service Officer

Fred Rivera - 1st Year Trustee
Rich Martindell - 2nd Year Trustee
James Abercrombie - 3rd Year Trustee

Auxiliary Officers

Nancy Hauer - President
Jeanne Pate - Senior Vice
Jayne Pritchett Solorzano - JrVice
Jan Bazdorf - Chaplain
Pat Alston Aldrich - Treasurer
Erika Simmons - Secretary
Vikki Hemmen - Conductress
Sven Ricketts - Guard

Darren Pyle - Trustee #1
Bob Bealo - Trustee #2
Olivia Wilkenson - Trustee #3

House Committee

Mark Traplay - Chairperson
Dan Focht - Member
Joel Murillo - Member
Richard Simmons - Member
John Rizzo - Member

Canteen / Entertainment

Kimberly Rivera - Canteen Manager
Sandy Curry - Canteen Assistant Manager

Volunteer Bartenders

April Ball
Darla Beery
Dani Caton
Gigi LaFaver
Jessica McKittrick
Katie Sharp
Sandy Curry

Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions



Drive Thru Food Distribution

What: FREE Food Distribution
Who: Open to ALL MILITARY - Active Duty, Veterans, Guard, Reservists and their families.
When: 2nd and 4th Sat. of every month 10am
Where: 9465 Farnham St. San Diego CA 92123

- ✓ *First come, first serve. No RSVP required.*
- ✓ *Must present military/veteran ID at check-in.*

*Hosted by Courage to Call in partnership with Feeding San Diego.
If you have any questions, please email couragetocall@turnhs.org*

Courage to Call



6 – 9 p.m. Saturday, July 8th Live Band at VFW Post 9578:

Marine Band San Diego Jazz Combo



Pictured (l-r): Saxophone: **Lance Corporal Jake Maine** (Warner Robins, GA); Piano: **Corporal Jacob Abinante** (Los Angeles, CA); Percussion: **Sergeant Tyler Crocker** (Blacksburg, VA); Bass Guitar: **Corporal Desean Porchea** (Rochester, NY); Saxophone: **Chief Warrant Officer 2 Randel Metzinger** (Tacoma, WA).

Open to the public for meals and entertainment!

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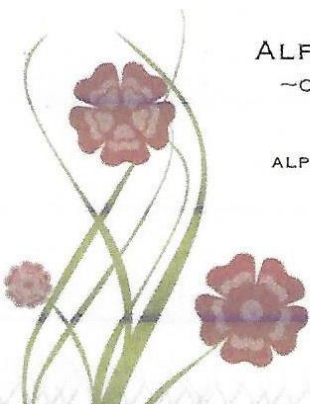
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- Pop-up warnings
- Unsolicited calls from "Tech Support"
- Email message warnings
- Website error messages



You have received a phone call, pc or laptop screen pop-up or email informing you that there is a problem with your computer or laptop:
Pretending to be from a popular tech company, scammers will try to convince you that your computer or laptop is infected and they want to immediately remote in to it, and then will gain access to your personal and financial information...

What To Do Next – Action Steps:

- If a caller: Hang up the phone and...
- If a pop-up: Immediately shut down the pc/laptop and...
- If an email: Close your email program, shut down your pc/laptop and...

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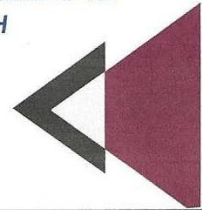
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July 2023 Bert Fuller VFW Post 9578 Activities (subject to change w/o advance notice!)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please note: Canteen bartenders and food servers are here to provide you service. Please remember to tip generously for the great service you and your party receives when you visit the Post!</p>			28 5 p.m. FUNDRAISER GAMES	29 5 p.m. FUNDRAISER GAMES	30 5 - 9 p.m. Karaoke by Fred Johnson	1 10 a.m. Auxiliary Mtg 6 - 9 p.m. Live Band: The Rock Hounds <small>Classic Rock Band</small>
2 From 9 a.m.: NASCAR, PGA & Other sports On 7 TVs!	3 5:30 p.m. GAME Night!	4 5 p.m. FUNDRAISER GAMES	5 5 p.m. FUNDRAISER GAMES	6 5 p.m. FUNDRAISER GAMES	7 5 - 9 p.m. Karaoke by Fred Johnson	8 10 a.m. House Comm 11 a.m. General Mtg 5 - 9 p.m. Live Band: Marine Band San Diego's JAZZ COMBO
9 From 9 a.m.: NASCAR, PGA & Other sports On 7 TVs!	10 5:30 p.m. GAME Night!	11 5 p.m. FUNDRAISER GAMES	12 5 p.m. FUNDRAISER GAMES	13 5 p.m. FUNDRAISER GAMES	14 5 - 9 p.m. Karaoke by Fred Johnson	15 6 - 10 p.m. Live Band: The Whole She-Bang
16 From 9 a.m.: NASCAR, PGA & Other sports On 7 TVs!	17 5:30 p.m. GAME Night!	18 5 p.m. FUNDRAISER GAMES	19 5 p.m. FUNDRAISER GAMES	20 5 p.m. FUNDRAISER GAMES	21 5 - 9 p.m. Karaoke by Fred Johnson	22 5 - 9 p.m. Live Band: Brown Sugar Oldies
23 From 9 a.m.: NASCAR, PGA & Other sports On 7 TVs!	24 5:30 p.m. GAME Night!	25 5 p.m. FUNDRAISER GAMES	26 5 p.m. FUNDRAISER GAMES	27 5 p.m. FUNDRAISER GAMES	28 5 - 9 p.m. Karaoke by Fred Johnson	29 6 - 10 p.m. Live Band: SHOWDOWN

July 2023 Bert Fuller VFW Post 9578 Menu (subject to change w/o advance notice!)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please note: Canteen bartenders and food servers are here to provide you service. Please remember to tip generously for the great service you and your party receives when you visit the Post!</p>					<p>30 11 a.m. \$8 Lunch by 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner</p> 	<p>1 11 a.m. \$8 Lunch TBA</p>  <p>5 – 7:30 p.m. \$24 Ribeye Steak Dinner</p>
<p>2 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA</p>	<p>3 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>4 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>5 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>6 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>7 11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner</p> 	<p>8 11 a.m. \$8 Lunch TBA</p>  <p>5 – 7:30 p.m. \$24 Ribeye Steak Dinner</p>
<p>9 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA</p>	<p>10 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>11 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>12 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>13 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>14 11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner</p> 	<p>15 11 a.m. \$8 Lunch TBA</p>  <p>5 – 7:30 p.m. \$24 Ribeye Steak Dinner</p>
<p>16 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA</p>	<p>17 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>18 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>19 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>20 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>21 11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner</p> 	<p>22 11 a.m. \$8 Lunch TBA</p>  <p>5 – 7:30 p.m. \$24 Ribeye Steak Dinner</p>
<p>23 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA</p>	<p>24 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>25 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>26 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>27 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA</p>	<p>28 11 a.m. \$8 Lunch TBA 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner</p> 	<p>29 11 a.m. \$8 Lunch TBA</p>  <p>5 – 7:30 p.m. \$24 Ribeye Steak Dinner</p>
<p>30 9 a.m. – 12:30 p.m. Breakfast Service</p>	<p>31 9 a.m. – 12:30 p.m. Breakfast Service</p>					

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