

VFW Bert Fuller Post 9578

Newsletter

November 2023 Alpine, CA



Commander's Message

Comrades,

November has arrived! I want to thank each and every veteran who took the oath to serve our great nation! As you can see, the world is still with its conflicts across the globe and American soldiers, sailors, airmen, Marines and others continue to be at the ready!

Please keep in your thoughts and prayers all of our active duty and reservists who are deployed. I would like to invite each and every one of you to our **Post at 1 p.m.** on **Saturday, Nov 11** to honor our veterans past and present!

In addition to our ceremony, there will be 29 new names added to **Alpine's Wall Of Honor** at the **Alpine Community Center** including myself as your **Post Commander**. That will start at 9:30 a.m.

My grandfather who fought in WWII was captured and held as a POW in the "**The Battle of the Bulge**" will also have his name added to the wall along with my



Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



House Committee Message

Comrades,

In February we were talking about enclosing the deck.

By the time you get this newsletter, our deck will be enclosed with plexiglass.

We also would like to put a special thanks out to our **VFW Post 9578 Auxiliary**. They are putting together a meal for **Veterans Day** for our veterans. This **Post** is very lucky and blessed to have such a strong **Auxiliary**.

We are still looking for more members to attend our **General meetings** to help us with our decisions. We also need our members to step up and volunteer so we can continue to have a great post and serve our veterans and the Alpine community.

We are still looking for volunteers to help with our Thanksgiving dinner.

Please come out and attend our member's **General meeting** held at **11 a.m. Saturday, Nov. 18th** at the **Post**. Your input and feedback on **Post** operations is welcome.

The House Committee will meet at **10 a.m. a.m. Saturday, Nov. 18th** at the **Post**.

Thanks,



younger brother. Please come and honor our community and our veterans and celebrate the heroes and history of this great town.

In sad news our brother and comrade, **U.S. Navy Vietnam veteran Denny Lee** will have his memorial service held at the **Post 9578** deck at **3 p.m.** on **Sunday, Nov 12th**. His Military burial will be held at **10 a.m.** on **Monday, Nov. 13th** at the **Miramar National Cemetery**.

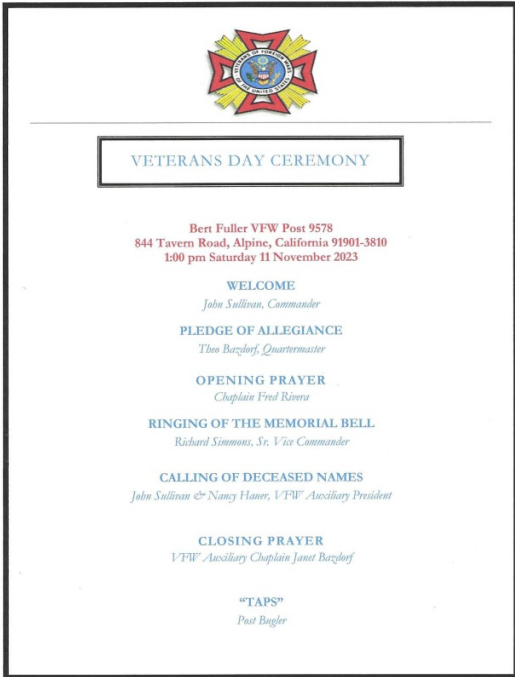
In closing, I leave you with this quote from **President Ronald Reagan**: "veterans know better than anyone else the price of freedom, for they've suffered the scars of war. We can offer them no better tribute than to protect what they have won for us"

Keep pushing comrades. I am proud of this **Post** and proud to be your **Commander!**

If you need to reach out to me, please call me at **(858) 729-3911**. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of **Alpine!**

God Bless you and God bless the United States of America!

John
Post Commander
John Sullivan



The image shows a printed program for a Veterans Day Ceremony. At the top is the VFW logo. Below it, the title "VETERANS DAY CEREMONY" is centered in a blue box. The program details are as follows:

Bert Fuller VFW Post 9578
844 Tavern Road, Alpine, California 91901-3810
1:00 pm Saturday 11 November 2023

WELCOME
John Sullivan, Commander

PLEDGE OF ALLEGIANCE
Theo Bartzdorf, Quartermaster

OPENING PRAYER
Chaplain Fred Rivera

RINGING OF THE MEMORIAL BELL
Richard Simmons, Sr. Vice Commander

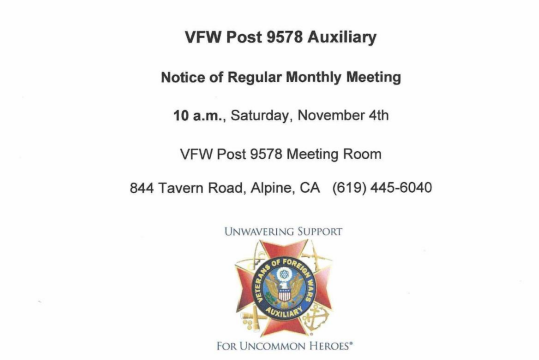
CALLING OF DECEASED NAMES
John Sullivan & Nancy Hauser, VFW Auxiliary President

CLOSING PRAYER
VFW Auxiliary Chaplain Janet Bartzdorf

"TAPS"
Post Bugler

Neal

Post 9578 House Committee Chair
Neal Zeitler



The image is a notice of a regular monthly meeting. It includes the following text:

VFW Post 9578 Auxiliary
Notice of Regular Monthly Meeting
10 a.m., Saturday, November 4th
VFW Post 9578 Meeting Room
844 Tavern Road, Alpine, CA (619) 445-6040

Below the text is the VFW logo with the motto "UNWAVERING SUPPORT FOR UNCOMMON HEROES".

Auxiliary President's Message



The Auxiliary hosted a very authentic **Oktoberfest dinner** last month.

We had an opportunity basket and provided karaoke for entertainment. The event was a huge hit! We sold out 50 dinners. Once again, thank you to all who volunteered to make the evening a success.

The Auxiliary also hosted a **Halloween** party with a costume contest with cash prizes for **Post** and **Auxiliary members**.

Congratulations to **Theo** and **Jan Bartzdorf** for being featured in the **National VFW** magazine. It is exciting to have our **Post** recognized at the national level. Thank you, **Theo** and **Jan**, for all that you both do!

Our next meeting will be held at **10 a.m.** on **Saturday, Nov. 4th**. Please come and find out about all the great things that the **Post 9578 Auxiliary** is planning. There will be **Burgers with a View** after the meeting. Please stay for a delicious lunch.

Please keep in mind that we are a volunteer organization. For those of you that volunteer regularly, thank you. If everyone would just volunteer a few times a year, it would relieve the burden of those who continually volunteer. Please remember that we are here to serve the members and all veterans. To all our regular volunteers, thank you very much for all that you do. We are a great team!



Please join us as we honor more Heroes
on our **Alpine Veterans Wall of Honor**
Saturday, November 11th, 2023 9:30am
at the Alpine Community Center
Everyone is welcome!

Denny Lee Memorial at the VFW Post 9578 3 p.m. Sunday, Nov. 12th

U.S. Navy Vietnam veteran Denny Lee
(pictured below with **Rachel Field**) will
have his memorial service held at the **Post
9578** deck from **3 - 5 p.m.** on **Sunday, Nov
12th**. This will be a potluck, so please bring
your favorite dish!



VFW Post 9578

Notice of Monthly Regular Meeting

11 a.m., Saturday, November 18th

VFW Post 9578 Meeting Room

844 Tavern Road, Alpine, CA (619) 445-6040

Chaplain's Message

Best wishes and good

Here is the contact email for the Auxiliary:
AlpineVFWAuxiliary9578@gmail.com
Also, I can be reached at (619) **540-6204**.

Yours in service,

Nancy

Post 9578 Auxiliary President
Nancy Hauer

A great way for members of the Alpine
community to support their **Bert Fuller
VFW Post 9578** is to join the post auxiliary.
Check the Auxiliary Facebook page for
details; click on this link:
[VFW Post 9578 Auxiliary](#)

**Auxiliary burger and dog
fundraiser is back!**

The first Saturday of each month from
11:30-2

Burger lunch \$10
Dog lunch \$8
(Cheese and chili, if you want)

Your choice of potato, macaroni, or pasta
salad, (depending on the day)
Watermelon
Maybe a dessert surprise! 😊

Thank for your support. The VFW
Auxiliary exists to help and support
our Veterans and our community.

Auxiliary Chaplain's Message

In the U.S., November
is "**National Gratitude
Month**"! I would like to
dedicate my November
Chaplain's message to
all Auxiliary members
who have so
generously and willingly given of their time,
goods, assistance, love, and support
recently to our **VFW Post 9578**.



Our **Oktoberfest** was a tremendous
success! Let's keep the momentum going!

Your support allows us to continue to fulfill
our mission and serve our Veterans.

health to all. The month of November is extremely special and a time to celebrate **Thanksgiving** with friends and family.

Additionally, November also has a significant meaning to us Veterans in general.

While it is customary to give thanks to our Supreme Being, it is also a good gesture to give thanks to our veterans. Have you ever wondered how **Veterans Day** came to be? Why was November 11 chosen for **Veterans Day**?

Veterans Day, formerly known as **Armistice Day**, was originally set as a legal holiday to honor the end of **World War I**, which officially took place on November 11, 1918. In 1938, through an act of Congress, November 11 was made a legal holiday. The first **Veterans Day** celebration occurred in Birmingham, Alabama in 1947. **Raymond Weeks**, a **WWII** veteran, organized "**National Veterans Day**," which included a parade and other festivities to honor all Veterans. The event was held on November 11.

As a veteran, I would like to encourage everyone to participate with our community and thank our local veterans. On **Veterans Day** our **VFW Post 9578** will celebrate our veterans. Feel free to attend our ceremony; wear a red poppy which are available at our Post. You can also visit our veterans at local hospitals, support veteran-owned businesses. Also, it is important for our youth to learn about **Veterans Day** and its significance.

Finally, do not hesitate to express thanks whenever you see someone in uniform; extend a simple word of gratitude or do a small act of kindness to show how much their service means to you.

This month's Bible verse is from Psalm 144:1

"Praise the Lord my rock who trains my hands for war, my fingers for battle."
Blessings,

Fred
Post 9578 Chaplain
Fred Rivera



Without volunteers, our **Auxiliary** will cease to exist.

"Volunteers do not necessarily have the time; they just have the heart."

– Elizabeth Andrew

"You make a living by what you get. You make a life by what you give."

- Winston Churchill

"Dear children, let us not love with words or speech but with actions and in truth."

– 1 John 3:18

"A generous person will prosper; whoever refreshes others will be refreshed."

– Proverbs 11:25

Volunteers, we appreciate and give thanks and recognition to YOU!

Cara Cowser
Christie Kurtz
Donna Lowell
Jana Tzinberg
Jeff Campbell
Kimberley Rivera
Marie Kasmer
Nancy Hauer
Olivia Wilkinson
Jamye Pritchett Solorzano
Jeanne Pate
Jeannine Meskimen
Pat Alston-Aldrich
Rosie Lutack
Sherry Wheeler
Sven Ricketts

Special mention to nonmembers who are big supporters of our **Post: Colleen Prantil, Karlee Kropf, and Hector Gonzalez**. Keep up the great job everyone.

We can always use more volunteers!

In love, gratitude, and thanks,

Jan
Post 9578 Auxiliary Chaplain
Jan Bazdorf

**Canteen
Manager's
Message**

Come up to the **Post** to enjoy our beautiful sunsets on our deck and Friday and

Special Notice regarding Post Events, Meals

The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.

Monday Nights @ The Post

6 p.m. **GAME** Night!

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

VFW Post 9578

This Week's Meals by *Christie*

Tuesday

Lunch 11 a.m. - until gone!

Smoked Tri Tip Sammies, Side Salad & Chips - \$10

Open to the public for meals and entertainment!

VFW Post 9578 * 844 Tavern Road, Alpine * (619) 445-6040



Christie Kurtz

Christie's lunches will begin the week of November 6th

Tuesday Nights @ The Post

5 - 7 p.m. **Fundraiser Games**

Open to the public for meals and entertainment

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

VFW Post 9578

This Week's Meals by *Christie*

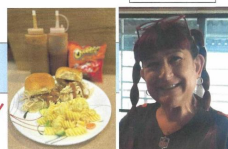
Wednesday

Lunch 11 a.m. - until gone!

BBQ Chicken Sammies, Side Salad & Chips - \$8

Open to the public for meals and entertainment!

VFW Post 9578 * 844 Tavern Road, Alpine * (619) 445-6040



Christie Kurtz

Saturday night dinners.

50-50 and raffle baskets one dollar each or six for five dollars. We are always looking for donations, thanks!



Kimberly

Canteen /
Entertainment Manager
Kimberly Rivera

Friday Nights @ The Post

FRIDAY DINNER 5 - 7:30 P.M.



Fish & Chips Dinner - \$16	Shrimp & Chips Dinner - \$16
Fish & Shrimp Dinner - \$16	Chicken Sandwich & Fries - \$12
1/2 Fish or Shrimp Dinner - \$11	Shrimp Salad - \$12
Shrimp Cocktail - \$11	French Fries - \$4
Dinner Salad & Shrimp - \$14	Fish Sandwich & Fries - \$13
Dinner Salad - \$6	Chicken Caesar Salad - \$12
Dessert - \$3	



5 - 9 p.m. Friday Night **Karaoke**
with Fred Johnson

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

www.vfw9578.com

Nov 2023

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Alpine VFW Post 9578

Saturday Dinner Menu

5 - 7:30 p.m.

\$24 Ribeye Steak Dinner



Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Cocktail \$11

Shrimp Skewer \$10

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable or Potato \$4

Dessert \$3



Stay connected and up-to-date:

Facebook page: [@AlpineVFW9578](#)

VFW Website: www.vfw9578.com

Open to the Public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

Nov 2023

Wednesday Nights @ The Post

5 – 7 p.m. Fundraiser Games

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

@AlpineVFW9578

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a **Drug-Free Zone**. If drugs are used on our **Post's** property, it will put our **ABC** liquor license in jeopardy, as well as our **Post** charter with the **National VFW**.

Please report any violations of drug use on **Post** property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

VFW Post 9578

This Week's Meals by Christie

Thursday

Lunch 11 a.m. – until gone!

Meatball & Provolone Cheese Sammies, varied sides & Chips - \$8

Open to the public for meals and entertainment!

VFW Post 9578 • 844 Tavern Road, Alpine • (619) 445-6040



Christie Kurtz

Thursday Nights @ The Post

5 – 7 p.m.

Fundraiser Games

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

@AlpineVFW9578

or:

www.VFW9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Post Members Meetings - 2nd Saturday

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: (619) 445-6040

Fax: (619) 445-8740

eMail: VFW9578cmd@gmail.com

Newsletter Submissions

Items for consideration may be emailed to

John.P.Sullivan1@gmail.com

Contact: (858) 729-3911

or mailed to the post at:

VFW Bert Fuller Post 9578

Attention: John Sullivan

844 Tavern Road

Alpine, CA 91901

Please note: newsletter submission deadline is the 25th of the prior month.

Saturday Nights @ The Post

5 – 9 p.m. Nov 4th

High-energy rock & roll dance music and live songs!!



5 – 9 p.m. Nov 11th



6 – 10 p.m. Nov 18th



5 – 9 p.m. Nov 25th

Brown Sugar Oldies

Open to the public for meals and entertainment!

Alpine VFW Post 9578
844 Tavern Road
(619) 445-6040

5 – 7:30 p.m. Dinner Service

\$24 Ribeye Steak Dinner

Ribeye Steak
Baked Potato
Vegetable
Dinner Roll



Ribeye Steak
& Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Skewer \$10



Shrimp Cocktail \$11

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable \$4

Extra Potato \$4

Dessert \$3

November 2023

VFW Post 9578 Hours of Operation

(Subject to change without advance notice - call Post at (619) 445-6040 for details)

The **Post** will observe the following business hours:

Sundays: 9 a.m. - close

Saturday Dinner Menu

5 - 7:30 p.m.

\$24 Ribeye Steak Dinner



Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Cocktail \$11

Shrimp Skewer \$10

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable or Potato \$4

Dessert \$3



Stay connected and up-to-date:

Facebook page: @AlpineVFW9578

VFW Website: www.vfw9578.com

Open to the Public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

Nov 2023

Mondays: 11 a.m. - close
Tuesdays: 11 a.m. - close
Wednesdays: 11 a.m. - close
Thursdays: 11 a.m. - close
Fridays: 11 a.m. - close
Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day.

If you have questions on the guidelines please call the **Post** at (619) 445-6040.

FYI for Post Members:

House Committee meetings are held every **second Saturday of the month** at **10 a.m.**

Post Member meetings are held **every second Saturday of the month** at **11 a.m.**

Auxiliary Member meetings are held on the **first Saturday of the month** at **10 a.m.**

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578** and invite them to enjoy the meals and events!

VFW Bert Fuller Post 9578

Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families

VFW Post Officers & Trustees

John Sullivan - Commander
Richard Simmons - Sr Vice Commander
Neal Zeitler - Jr Vice Commander
Theo Bazdorf - Quartermaster
Fred Rivera - Chaplain
John Rizzo - Adjutant
Jim Bilka - Judge Advocate
Rick Walsh - Service Officer

Fred Rivera - 1st Year Trustee
Rich Martindell - 2nd Year Trustee
James Abercrombie - 3rd Year Trustee

Auxiliary Officers

Nancy Hauer - President
Jeanne Pate - Senior Vice
Jamye Pritchett Solorzano - JrVice
Jan Bazdorf - Chaplain
Pat Alston Aldrich - Treasurer
Erika Simmons - Secretary
Vikki Hemmen - Conductress
Sven Ricketts - Guard

Bob Bealo - Trustee #1
Olivia Wilkinson - Trustee #2
Sherry Wheeler - Trustee #3

House Committee

Neal Zeitler - Chairperson
Dan Focht - Member
Joel Murillo - Member
Richard Simmons - Member
John Rizzo - Member

Canteen / Entertainment

Kimberly Rivera - Canteen Manager
Sandy Curry - Canteen Assistant Manager

Volunteer Bartenders

Christie Kurtz
Darla Beery
Dani Caton
Katie Sharp
Sandy Curry

- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions



Our Newsletter Supporters

AAA Southern CA (619) 644-5128
Elyse Lobaugh

Alpine Artistic Florist (619) 445-7974
Jamie Lewis
www.alpineartisticflorist.net

Alpine Dentistry (619) 445-8896
Jonar R. Bonifacio DDS Dr. "B"
[Alpine Dentistry](#)

Accurate Land Surveys (619) 445-0110
Rob Russell

Alpine Computer & Tutor (619) 277-7858
Duncan Marks

Bisher's Quality Meats (760) 789-1488
Dan Bisher
<https://weareramona.com/listing/bishers-quality-meats-ramona/>

California Bank & Trust (619) 445-9321
Kellye Murphy

California Signs & Marketing (619) 258-2001
[California Signs & Marketing](#)

Clayco Solar Services (619) 971-2799
Clay Mauldin

Copy Corral (619) 562-3660

Julie Walker

www.lakesidecopy.com

East County Karate (619) 627-4850

Nathan Morton

<http://ecmartialart.com>

Kamps Propane (619) 390-6304

Richard Edwards

www.kampspropane.com

Keller Williams (619) 301-2301

Doris Fifer

Off The Hook Mobile Detailing (619) 760-5021

Jake Evans

On Line Bookkeeping & Tax Service

Roger Garay & Christy Kohl (619) 445-5523

www.olbts.com

Pet/House Sitting (619) 820-1827

Vikki Hemmen

Primary Residential Mortgage (619) 722-1303

Chris Wiley

www.alpineprmi.com

Regional Elite Plumbing (619) 722-1049

Mike Putnam

Minister, First Nation Church (619) 890-8436

Theodore Alan Bazdorf

Three T RV (619) 444-0047

Tim Tracey

www.3trv.com



BISHER'S

QUALITY MEATS

The Very Best In Meats

Dan Bisher, Owner

2330 Main St #A Ramona 92065

Josh Lehman, Manager

(760) 789 1488

SIGNS, BANNERS, BUSINESS CARDS...MORE!



We Make You Look Good!

619-258-2001
www.CalSigns.net

ALPINE
COMPUTER

Duncan Marks
(619) 277-7858

Computer & Laptop Repairs
Virus, Malware Removal & Tuneups
New PC, Laptop, Printer, Wi-Fi Setup

ALPINECOMPUTER@hotmail.com

PET/HOUSE SITTING

(619) 820-1827
vikki.hemmen18@gmail.com

VIKKI HEMMEN

3947 9th Ave. #2
San Diego, CA 92103

References Upon Request




PRMI Primary Residential Mortgage, Inc.

Chris Wiley

Branch Manager
NMLS License #240137

619.846.8695 direct
800.920.3145 toll free
619.722.6139 fax
cwiley@primeres.com

2124 Arnold Way
Alpine, CA 91901
www.alpineprmi.com

On Line
Bookkeeping & Tax Service

Individuals • Small Businesses • Rental Owners
Corporations • LLC's • Partnerships • Trusts • Non-Profits

Roger Garay, E.A.
Christy A. Kohl, E.A.

olbts.com | info@olbts.com


2065 Arnold Way, Suite 103 (619) 445-5523
Alpine, CA 91901 Fax: (619) 445-1421

Your Home Sold
GUARANTEED
*Or We'll Buy It!**

SAMANTHA LEACH
SAMANTHA@REEFPPOINTREALTY.COM

RP REEF POINT REAL ESTATE 619-933-6163

Three T RV
Tim Tracey



1131 Broadway
El Cajon, CA 92021

619-444-0047
Cell 619-302-4348
3tmotors@gmail.com
www.3trv.com
www.buyrvs4cash.com

EAST COUNTY FAMILY DENTISTRY
Creating Healthy, Beautiful Smiles

9710 Winter Gardens Blvd, Suite C, Lakeside, CA 92040
(619) 443-8447

ADA Member of the American Dental Association www.eastcountyfamilydentistry.com




Picture Frame Composite Shingle



Traditional S Tile Skirted

Kamps PROPANE



Richard Edwards - Account Executive

(619) 390-6304 16245 Alpine Blvd.
(800) 797-4GAS Toll Free Alpine, CA 91901
(619) 390-6344 Fax www.kampspropane.com

FREE
With Solar Purchase:
Generator Manual, Transfer
Switch, Plug & Cord
(a \$1,000 value!)



CLAYCO ELECTRIC INC.
SOLAR SERVICES
DIR # 1000063999

Want it done the right way?
Don't overpay!
Call Clay today for all your SOLAR needs!

(619) 971-2799 • claycosolar.com • contact@claycosolar.com

Your local "on call" mobile computer tech!

- Malware removal
- Computer repair
- Wi-fi troubleshooting
- Printer repair
- Wireless network installation
- New computer/laptop prep & data transfer from old PC/laptop
- New printer installation
- New computer pricing service
- Computer tutoring & software program assistance



Just have a question about your computer, laptop, printer, wi-fi/home network or software programs?
Contact your friendly local "on call" mobile computer tech today!

(619) 277-7858

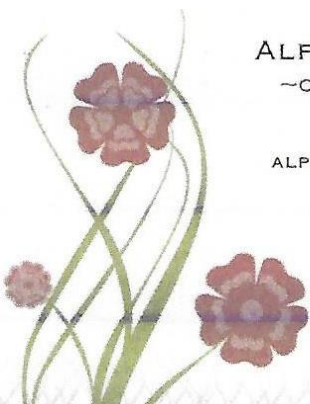
AlpineComputer@hotmail.com

ALPINE ARTISTIC FLORIST
~CELEBRATE LIFE WITH FLOWERS~

JAMIE LEWIS
ALPINEARTISTICFLORIST@YAHOO.COM

1730 ALPINE BLVD #103
ALPINE, CA 91901

FLOWERS & GIFTS
619-445-7974
ALPINEARTISTICFLORIST.COM



Keep this card handy by your pc or laptop!



BeClawsWeCare4Pets PetSitters
While you are away, your pets will play!
Jennifer and Tillie Ostermiller
 Servicing all San Diego, Los Angeles, Palm Springs etc...
 719-685-6221 (business cell)

- Don't "bored" your dog in a kennel
- We are better than a kennel
- Individual specialized attention (TLC)
- Reasonable prices

Petsitters@BeclawsWeCare4Pets.com
www.BeClawsWeCare4Pets.com



Elyse Lobaugh
 Licensed Insurance Agent
 Auto-Home-Boat-Umbrella
 Membership


Grossmont Branch Office (619) 644-5128 Direct
 8765 Fletcher Parkway (714) 549-6024 Fax
 La Mesa CA 91942 (800) 672-5246 Claims
 Lobaugh.Elyse@aaa-calif.com
 Department of Insurance Lic. #0003259



Supporting every corner of our community.

Proud to support The VFW Bert Fuller Post 9578

Kellye Murphy
 Vice President | Business Center
 Manager
 Alpine Office
 (619) 445-9321
 calbanktrust.com



A division of Zions Bancorporation, N.A. Member FDIC

"TECH SUPPORT" SCAMS ARE ON THE RISE – DON'T BE THE NEXT VICTIM!

- Pop-up warnings
- Unsolicited calls from "Tech Support"
- Email message warnings
- Website error messages



WARNING!
SYSTEM MAY HAVE DETECTED
VIRUSES ON YOUR COMPUTER





WARNING! THREATS FOUND!!!

You have received a phone call, pc or laptop screen pop-up or email informing you that there is a problem with your computer or laptop. Pretending to be from a popular tech company, scammers will try to convince you that your computer or laptop is infected and they want to immediately remote in to it, and then will gain access to your personal and financial information...

What To Do Next – Action Steps:

If a caller: Hang up the phone and...

If a pop-up: Immediately shut down the pc/laptop and...

If an email: Close your email program, shut down your pc/laptop and...

Call **ALPINE COMPUTER** to come check your pc/laptop for any malware or unauthorized access.
(619) 277-7858

ALL Plumbing Fixtures – Repair or Replacement!

"We always leave the job site cleaner than when we arrive!"
Mike Putnam



- ★ Sewer & Drains
- ★ Camera Service
- ★ Toilets
- ★ Water Heaters
- ★ Tankless Water Heaters
- ★ Circulating Pumps
- ★ Slab Leak Detection & Repair
- ★ Water Pipe Leaks

\$25⁰⁰ OFF
 1st Service Call

Regional Elite Plumbing
 "Service & Repair Specialist"
 Lic #435515
 (619) 722-1049

EMERGENCY SERVICE AVAILABLE
 Serving San Diego County for 35+ Years!

All calls answered by the owner!

ACCURATE LAND SURVEYS

Bill Russell
Crew Chief



PROPERTY SURVEYS ⊕ MAPPING ⊕ CONSTRUCTION STAKING

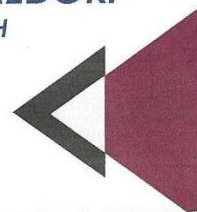
2514 Alpine Blvd Suite #4
Alpine, CA 91901
Bill@AccurateLandSurvey.com

Off 619-445-0110
Call 619-792-7522
AccurateLandSurvey.com

THEODORE ALAN BAZDORF

MINISTER, FIRST NATION CHURCH
Non-Denominational
Wedding Ceremonies

Phone: 619-890-8436
E-Mail: theobaz@netzero.net



East County Karate We Teach Attitudes First

Nathan Morton

9253 Adlai Road
Lakeside, CA 92040

(619) 627-4850

NathanMorton619@gmail.com

Computer or Laptop Troubles?

...probably infected by malware!



Do NOT overpay for tech support - big box electronics & national office supply stores charge hundreds of dollars for services that Alpine Computer & Tutor can provide at a reasonable cost.

Computer/Laptop Checkup Special

\$25 per computer or laptop

East County area - some restrictions apply - call for details

Don't wait around for hours!

We'll come to your home or business at a specific day and time that is convenient for you.

Serving East County For 25+ Years













Issues with your computer, laptop, printer, network or software programs? Call Alpine Computer today!
(619) 277-7858 • AlpineComputer@hotmail.com

Nov 2023 Bert Fuller VFW Post 9578 Activities (subject to change w/o advance notice!)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Oct 29 From 9 a.m.: Sports on 7 TVs!	Oct 30 5:30 p.m. GAME Night!	Oct 31 5 p.m. FUNDRAISER GAMES	1 5 p.m. FUNDRAISER GAMES	2 5 p.m. FUNDRAISER GAMES	3 5 - 9 p.m. Karaoke by Fred Johnson	4 10 a.m. Auxiliary Mtg 11:30 a.m. - 2 p.m. "Burgers With A View" 5 - 9 p.m. Live Band: CCnE
5 From 9 a.m.: Sports on 7 TVs!	6 5:30 p.m. GAME Night!	7 5 p.m. FUNDRAISER GAMES	8 5 p.m. FUNDRAISER GAMES	9 5 p.m. FUNDRAISER GAMES	10 5 - 9 p.m. Karaoke by Fred Johnson	11 VETERANS DAY 1 p.m. Ceremony at the Post 5 - 9 p.m. Live Band: BIG SKY MOON
12 From 9 a.m.: Sports on 7 TVs! 3 - 5 p.m. Denny Lee Memorial Service & Potluck	13 5:30 p.m. GAME Night!	14 5 p.m. FUNDRAISER GAMES	15 5 p.m. FUNDRAISER GAMES	16 5 p.m. FUNDRAISER GAMES	17 5 - 9 p.m. Karaoke by Fred Johnson	18 10 a.m. House Comm 11 a.m. General Mtg 6 - 10 p.m. Live Band: The Whole She-Bang
19 From 9 a.m.: Sports on 7 TVs!	20 5:30 p.m. GAME Night!	21 5 p.m. FUNDRAISER GAMES	22 5 p.m. FUNDRAISER GAMES	23 THANKSGIVING 5 p.m. FUNDRAISER GAMES	24 5 - 9 p.m. Karaoke by Fred Johnson	25 5 - 9 p.m. Live Band: Brown Sugar Oldies
26 From 9 a.m.: Sports On 7 TVs!	27 5:30 p.m. GAME Night!	28 5 p.m. FUNDRAISER GAMES	29 5 p.m. FUNDRAISER GAMES	30 5 p.m. FUNDRAISER GAMES	Dec 1 5 - 9 p.m. Karaoke by Fred Johnson	Dec 2 Live Band TBA

Nov 2023 Bert Fuller VFW Post 9578 Menu (subject to change w/o advance notice!)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Oct 29 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	Oct 30 11 a.m. \$8 Lunch by 5 p.m. Dinner TBA	Oct 31 11 a.m. \$8 Lunch by 5 p.m. Dinner TBA	1 11 a.m. \$8 Lunch by 5 p.m. Dinner TBA	2 11 a.m. \$8 Lunch by 5 p.m. Dinner TBA	3 11 a.m. \$8 Lunch by 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	4 11:30 – 2 p.m. \$10 Burger Lunch; \$8 Hot Dog Lunch by Auxiliary 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 
5 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	6 11 a.m. \$8 Lunch by 5 p.m. Dinner TBA	7 11 a.m. \$10 Lunch by Christie Tri-tip Sammies Side & Chips 5 p.m. Dinner TBA	8 11 a.m. \$8 Lunch by Christie BBQ Chicken Sammies Side & Chips 5 p.m. Dinner TBA	9 11 a.m. \$8 Lunch by Christie Meatballs & Provolone Cheese Sammies Side & Chips 5 p.m. Dinner TBA	10 11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	11 VETERANS DAY 11 a.m. \$8 Lunch TBA 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 
12 9 a.m. – 12:30 p.m. Breakfast Service 22 p.m. Lunch/Dinner TBA	13 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	14 11 a.m. \$10 Lunch by Christie Tri-tip Sammies Side & Chips 5 p.m. Dinner TBA	15 11 a.m. \$8 Lunch by Christie BBQ Chicken Sammies Side & Chips 5 p.m. Dinner TBA	16 11 a.m. \$8 Lunch by Christie Meatballs & Provolone Cheese Sammies Side & Chips 5 p.m. Dinner TBA	17 11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	18 11 a.m. \$8 Lunch TBA 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 
19 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch TBA 3 – 5 p.m. Denny Lee Memorial Potluck	20 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	21 11 a.m. \$10 Lunch by Christie Tri-tip Sammies Side & Chips 5 p.m. Dinner TBA	22 11 a.m. \$8 Lunch by Christie BBQ Chicken Sammies Side & Chips 5 p.m. Dinner TBA	23 THANKSGIVING Thanksgiving Dinner TBA	24 11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	25 11 a.m. \$8 Lunch TBA 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 
26 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	27 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	28 11 a.m. \$10 Lunch by Christie Tri-tip Sammies Side & Chips 5 p.m. Dinner TBA	29 11 a.m. \$8 Lunch by Christie BBQ Chicken Sammies Side & Chips 5 p.m. Dinner TBA	30 11 a.m. \$8 Lunch by Christie Meatballs & Provolone Cheese Sammies Side & Chips 5 p.m. Dinner TBA	Dec 1 11 a.m. \$8 Lunch TBA 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	Dec 2 11 a.m. 11:30 – 2 p.m. \$10 Burger Lunch; \$8 Hot Dog Lunch by Auxiliary 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 

www.vfw9578.com



VFW Burt Fuller Post 9578 | 844 Tavern Road, Alpine, CA 91901 (619) 445-6040

[Unsubscribe \[alpinecomputer@hotmail.com\]\(mailto:unsubscribe@alpinecomputer@hotmail.com\)](mailto:unsubscribe@alpinecomputer@hotmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by vfw9578alpine@gmail.com powered by



Try email marketing for free today!