

VFW Bert Fuller Post 9578

Newsletter

November 2024 Alpine, CA



Commander's Message

Comrades, Auxiliary, friends, and community members,

As November unfolds, we enter a special time of reflection and gratitude. **Veterans Day on Monday, Nov. 11th** offers us an opportunity to honor the service and sacrifice of our veterans, past and present. This day reminds us of our commitment to support those who have defended our freedoms, and it is a privilege to gather and pay tribute to their contributions.

Our **VFW Post 9578** will be holding a **Veterans Day** ceremony **11/11 at 11 a.m.** to recognize and celebrate our veterans and pay tribute to those who are no longer with us. This is a time to reflect on their service, bravery, and dedication, and we invite all members and supporters to join us in honoring their legacy. I encourage all members and supporters to attend, volunteer, and be present as we honor our veterans' legacy. Your presence makes a difference and speaks volumes about our dedication to our community and comrades.



Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



House Committee Message

Comrades,

Please come out and attend our members **General Meeting** held at **11 a.m. Saturday Nov. 9th** at the **Post**. Your input and feedback on **Post** operations is welcome.

The **House Committee** will meet at **10 a.m. Saturday Nov. 9th** at the **Post**. May God bless America, and our troops.

Rich

Post 9578 House Committee Chair
Rich Simmons

VFW Post 9578 Auxiliary

Notice of Regular Monthly Meeting

10 a.m., Saturday, November 2nd

VFW Post 9578 Meeting Room
844 Tavern Road, Alpine, CA

UNWAVERING SUPPORT



FOR UNCOMMON HEROES®

Auxiliary President's Message

I hope this message finds you well and getting ready for the holidays as they are rapidly approaching.



"Honor to the soldier and sailor everywhere, who bravely bears his country's cause. Honor, also, to the citizen who cares for his brother in the field and serves, as he best can, the same cause."
- **Abraham Lincoln**

Thank you for your service, dedication, and commitment to our mission. Together, we continue to make an impact, and it's an honor to serve alongside you all.

If you need to reach out to me, please call me at (858) 729-3911. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of **Alpine**!

Yours in comradeship,

John

Post Commander
John Sullivan



VFW Post 9578

Notice of Monthly Regular Meeting

11 a.m., Saturday, November 9th

VFW Post 9578 Meeting Room
844 Tavern Road, Alpine, CA (619) 445-6040



Greetings
Comrades and
Friends,

As we enter the
month of

First and foremost, on behalf of the **VFW Post 9578 Auxiliary** and myself, we wish to express our sincerest condolences to **Steve Abercrombie** on the loss of his wife **Vicki**, Life Member of the **Auxiliary**. Please keep **Steve** and his family in your thoughts and prayers during this difficult time. A Celebration of Life service will be held at the **Post at 2 p.m. on Sunday, Nov 24th**. The service will have a potluck afterwards. Please sign up at the **Post Canteen** if you can contribute.

We have met our goal for our **Wreaths Across America** event! Thank you to everyone who has purchased a wreath for our Alpine veterans. If you still want to purchase, we have started collecting for next year. Please go to the website and make a purchase:

[Wreaths Across America](#)

The nominal cost is \$17 per wreath and with every 2 purchased we receive an additional one. I am thrilled that for the first time, our veterans at the **Alpine** and **Viejas** cemeteries will be recognized this year.

We will be holding a ceremony at **9 a.m. on Saturday, Dec 14th** at the **Alpine Cemetery**. After the ceremony, the wreaths will be distributed. Thank you to the **Boys and Girl Scouts** and the **International Association of Machinists and Aerospace Workers** for their assistance in placing the wreaths. Thank you, **Pat Alston Aldrich**, **Olivia Wilkerson**, and **Commander John Sullivan**, for your assistance with this project.

The **Auxiliary** will be hosting lunch on **Veteran's Day** after the reading of the names on our wall outside of the **Post**. Lunch will be free for veterans and by donation for non-veterans. Thank you, **Erikka Simmons** for your assistance with this.

Our Auxiliary was asked to decorate a small house in recognition of **Buddy Poppies** and the **National Home for Children**. The homes were judged at the last District meeting. I am happy to share that our house won 2nd place. Now we are tasked with collecting donations inside the house for the **National Home for Children**. Come to our meeting on Saturday to see our tiny home.

At the District meeting, our **Auxiliary** was recognized for having **97.1%** membership. We are 10 members short of being at 100%. I am confident we will reach that in no time!

November, we find ourselves in a season of deep reflection and gratitude.

This month holds special meaning for all of us as we prepare to observe **Veterans Day**, a day dedicated to honoring the brave men and women who have served our nation with courage and selflessness.



It is a time to remember our shared experiences, to honor those who have worn the uniform, and to pay tribute to those who have made the ultimate sacrifice in defense of our freedoms.

This November, let us also remember to give thanks for our freedoms, our families, and the bonds that unite us as veterans. As we gather together for **Veterans Day** and **Thanksgiving**, may we be reminded of the blessings we have and the strength we draw from one another.

In closing, I offer this prayer for our comrades and their families:

"Lord, we thank You for the men and women who have served our country with honor and sacrifice. We ask that You continue to watch over them, especially those who are struggling with the physical, emotional, or spiritual wounds of war. Grant us all the strength to support one another, and may we never forget the service and sacrifice of our fellow veterans. Guide us with Your wisdom, protect us with Your grace, and fill our hearts with gratitude this season. Amen."

If you know any veteran in need or if you just need some guidance, please reach out anytime via text, call or email.

Office: (619) 445-6040
Cell: (702) 468-0821
Fax: (619) 445-8740

Email: VFW9578Chaplain@gmail.com

May God bless you, and may He continue to bless our nation.

Yours in service and faith,

Ryan
Post 9578 Chaplain

Our next meeting will be held at **10 a.m.** on **Saturday, Nov 2nd** at the **Post**, downstairs in the meeting room. Please attend and volunteer to assist on one of our projects.

Here is the contact email for the **Auxiliary**:
AlpineVFWAuxiliary9578@gmail.com
Also, I can be reached at (619) 540-6204.

Kind regards,

Nancy
Post 9578 Auxiliary President
Nancy Hauer

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link:
[VFW Post 9578 Auxiliary](#)

Auxiliary Chaplain's Message



Thank you, God, for the cooler weather. We sure do appreciate it!

I'm sure a lot of you have all noticed... things have been strained and difficult recently in our world. This has led to some "Spiritual Distress." Spiritual distress is a disruption in a person's belief or value system. It may occur when a person is unable to find sources of meaning, peace, hope, love, comfort, strength, and connection in life or when conflict occurs between his/her beliefs and what is happening in their life.

It's natural for individuals who have been diagnosed with a terminal illness or who are experiencing great physical or emotional pain to question their beliefs. But for the rest of us, there's something we can do.

The best way to cope is to be an active listener to others and provide support to each other in a calm, peaceful environment. Speak to others about their life. Talk through good times as well as bad to help each other gain perspective.

Friends and family can help a great deal if we all approach the situation with kindness for each other. Hear each other out.

Special Notice regarding Post Events, Meals

The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.

Monday Nights @ The Post

6 p.m. **GAME** Night!

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:
[@AlpineVFW9578](https://www.facebook.com/AlpineVFW9578)
 or:
www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040


VFW Post 9578

This Week's Meals by Christie

Tuesday
 Lunch 11 a.m. - until gone!
 Smoked Tri Tip Sammies, Pasta Salad & Chips - \$10

Open to the public for meals and entertainment!

VFW Post 9578 * 844 Tavern Road, Alpine * (619) 445-6040



VFW Post 9578

This Month's Tuesday Meals by Kimberly

Tuesdays
 Dinner 5 p.m. - until gone
 Tacos with all the fixings OR Taco Salad - \$3

Open to the public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040



Tuesday Nights @ The Post

5 - 7 p.m. **Fundraiser Games**

Open to the public for meals and entertainment

Stay connected with our up-to-date Facebook:
[@AlpineVFW9578](https://www.facebook.com/AlpineVFW9578)
 or:
www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

VFW Post 9578

This Week's Meals by Kimberley

Wednesday
 Dinner 5 p.m. - (until gone)
 Burrito, Rice & Beans, Salsa & Chips - \$8

Open to the public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040



A journal or diary can also be helpful as it allows you to express thoughts, feelings, concerns, and questions. You can record stories, write down questions and try to answer them yourself. It will give you an outlet to process your thoughts and emotions.

***Remember to do your patriotic duty and vote if you haven't already.**

*Please come and show respect, honor, and thanks to our **Veterans** at **11 a.m.** on **Monday, Nov. 11th** at our **Post**.

***Alpine Veterans Wall of Honor, 9:30 a.m. Saturday, Nov 16** at at the **Alpine Community Center**. All are welcome! We have 34 new Heroes to honor! For info: [**Jan.AlpineWalofHonor@gmail.com**](mailto:Jan.AlpineWalofHonor@gmail.com)

Have a wonderful Thanksgiving!

With peace, love, and thankfulness,

Jan

Post 9578 Auxiliary Chaplain
Jan Bazdorf

Canteen Manager's Message



The annual **Kids Christmas Party** will be held at **3 p.m. Sunday, Dec. 8th** and is open to community children under the age of 10. Signup required at the Canteen by **Saturday, Nov 23rd**.

Christmas raffle basket tickets are \$1 each or six for \$5.

We are always looking for donations for our monthly raffle baskets. Please let the **Canteen staff** know if you have a donation.

Come on up to the **Post** and enjoy beautiful views and wonderful sunsets.

Kimberley

Canteen / Entertainment Manager
Kimberley Rivera

Wednesday Nights @ The Post

5 – 7 p.m. Fundraiser Games

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](https://www.facebook.com/AlpineVFW9578)

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Friday Nights @ The Post



Open to the public for meals and entertainment!

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

VFW Post 9578

Christie Kurtz

This Week's Meals by Christie

Thursday

Lunch 11 a.m. – until gone!

Soup of the Day

Hawaiian Roll

\$8



Open to the public for meals and entertainment!

*VFW Post 9578 * 844 Tavern Road, Alpine * (619) 445-6040*

Thursday Nights @ The Post

5 – 7 p.m.

Fundraiser Games

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](https://www.facebook.com/AlpineVFW9578)

or:

www.VFW9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

VFW Post 9578

Sandy Curry

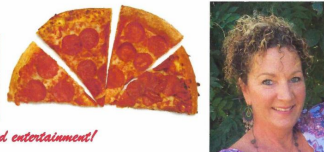
This Week's Meals by Sandy

Thursdays

Dinner 5 p.m. – until gone!

Pizza by the slice

\$3



Open to the public for meals and entertainment!

*VFW Post 9578 * 844 Tavern Road, Alpine * (619) 445-6040*

A festive poster for the 'Annual Kids Christmas Party' at VFW Post 9578. The poster is framed by a decorative border of Christmas trees, gingerbread men, Santa Claus, and gifts. The text is centered and reads: 'VFW Post 9578 Annual Kids Christmas Party 3 p.m. Sunday Dec 8th FOR KIDS 10 AND UNDER OPEN TO THE ALPINE COMMUNITY Photo with Santa, Cookies & Drinks Sign ups required by Nov 22 at the Post Canteen For more information call: Kimberley at (619) 729-3153 844 Tavern Rd. Alpine'. The text is in various colors and fonts, including red, green, and purple.

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our **Post's** property, it will put our **ABC** liquor license in jeopardy, as well as our **Post** charter with the **National VFW**.

Please report any violations of drug use on **Post** property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

Friday Nights @ The Post



5 – 7:30 P.M. DINNER SERVICE

FISH FRY

Fish & Chips Dinner - \$16	Shrimp & Chips Dinner - \$16
Fish & Shrimp Dinner - \$16	Chicken Sandwich & Fries - \$12
½ Fish or Shrimp Dinner - \$11	Shrimp Salad - \$12
Shrimp Cocktail - \$11	French Fries - \$4
Fish Sandwich & Fries - \$13	Chicken Caesar Salad - \$12
Dinner Salad - \$6	Dessert - \$4



Burger* Menu

Cheeseburger - \$12	Western Burger - \$15
Avocado Bacon Burger - \$15	Mushroom Bacon Swiss Burger - \$15
Po' Boy Sandwich - \$16	
<i>*All served with fries & coleslaw</i>	
Chicken Tenders - \$10	Onion Rings - \$6
	Jalapeno Poppers - \$6

Open to the public for meals and entertainment!

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Nov 2024

Friday Nights @ The Post

5 – 7:30 P.M. BURGERS DINNER MENU

All served with fries & coleslaw

Cheeseburger - \$12

Lettuce, Tomato, Onion, and Cheese

Western Burger - \$15

Bacon, BBQ Sauce, Cheddar Cheese, Onion Rings

Avocado Bacon Burger - \$15

Avocado, Bacon, American Cheese & Garlic Pepper Aioli Sauce

Mushroom Bacon Swiss Burger - \$15

Grilled Mushrooms, Bacon, Swiss & Secret Sauce

Po' Boy Sandwich - \$16

Fried Shrimp, Fried Fish, Lettuce, Tomato, Onion & Garlic Pepper Aioli Sauce on a French Roll

SIDES

Chicken Tenders - \$10

Onion Rings - \$6

Jalapeno Poppers - \$6

Dessert - \$4

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

@AlpineVFW9578 or www.vfw9578.com

Nov 2024

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Post Members Meetings - 2nd Saturday

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: (619) 445-6040

Fax: (619) 445-8740

eMail: VFW9578cmd@gmail.com

Newsletter Submissions

Items for consideration may be emailed to

John.P.Sullivan1@gmail.com

Contact: (858) 729-3911

or mailed to the post at:

VFW Bert Fuller Post 9578

Attention: **John Sullivan**

844 Tavern Road

Alpine, CA 91901

Please note: newsletter submission deadline is the 25th of the prior month.

VFW Post 9578 Hours of Operation

(Subject to change without advance notice - call Post at (619) 445-6040 for details)

The **Post** will observe the following business hours:

Sundays: 9 a.m. - close

Mondays: 11 a.m. - close

Tuesdays: 11 a.m. - close

Wednesdays: 11 a.m. - close

Thursdays: 11 a.m. - close

Fridays: 11 a.m. - close

Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day.

If you have questions on the guidelines please call the **Post** at (619) 445-6040.

FYI for Post Members:

House Committee meetings are held every **second Saturday of the month** at

Alpine VFW Post 9578

Saturday Dinner Menu

5 - 7:30 p.m.



\$25 Ribeye Steak Dinner

Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Cocktail \$11

Shrimp Skewer \$10

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable or Potato \$4

Dessert \$4



Stay connected and up-to-date:

Facebook page: @AlpineVFW9578

VFW Website: www.vfw9578.com

Open to the Public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

Nov 2024

Post Member meetings are held **every second Saturday of the month at 11 a.m.**

Auxiliary Member meetings are held on the **first Saturday of the month at 10 a.m.**

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578** and invite them to enjoy the meals and events!

VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions

Alpine VFW Post 9578

Sunday Breakfast Menu

Served 9 a.m. - 12:30 p.m.

- Ribeye Steak, Eggs, Potatoes & Toast - \$25
- Bacon, Eggs, Potatoes & Toast - \$14
- Sausage, Eggs, Potatoes & Toast - \$14
- Porkchop Breakfast - \$18
- Porkchop (only) - \$12
- Chicken Fried Steak Breakfast - \$17
- Chicken Fried Steak Sandwich - \$17
- Breakfast Sandwich w/ Potatoes - \$12
- Biscuits and Gravy (full order) - \$10
- Biscuits and Gravy (half order) - \$5
- BLT Sandwich w/ Potatoes - \$10
- Pancakes - \$8
- Extra Bacon or Sausage - \$6
- Extra Egg or Toast - \$2
- Extra Gravy - \$3



Stay connected and up to date:

Facebook: @AlpineVFW9578 or website: www.vfw9578.com

Open to the public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

Nov 2024

VFW Bert Fuller Post 9578

Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

VFW Bert Fuller Post 9578

Vision Statement:

VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Post Officers & Trustees

- John Sullivan** - Commander
- Richard Simmons** - Sr Vice Commander
- Chris Martindell** - Jr Vice Commander
- Theo Bazdorf** - Quartermaster
- Ryan Gondek** - Chaplain
- Theo Bazdorf** - Adjutant
- Jim Bilka** - Judge Advocate
- Rick Walsh** - Service Officer

- Wayne Williams** - 1st Year Trustee
- Rich Martindell** - 2nd Year Trustee
- Fred Erickson** - 3rd Year Trustee

Auxiliary Officers

Nancy Hauer - President
Jeanne Pate - Senior Vice
Jamye Pritchett Solorzano -
JrVice
Jan Bazdorf - Chaplain
Pat Alston Aldrich - Treasurer
Erika Simmons - Secretary
Vikki Hemmen - Conductress
Sven Ricketts - Guard

Olivia Wilkinson - Trustee #1
Sherry Wheeler - Trustee #2
Kemerley Gondek - Trustee #3

House Committee

Richard Simmons - Chairperson
Dan Focht - Member
Joel Murillo - Member
James Wheeler - Member
Neal Zeitler - Member

Canteen / Entertainment

Kimberley Rivera - Canteen Manager
Sandy Curry - Canteen Assistant Manager

Volunteer Bartenders

Christie Kurtz
Dani Caton
Katie Sharp
Leta Keyes
Sandy Curry

Coming to **VFW Post 9578** for meals and entertainment? Please remember to tip the **Canteen** bartenders and wait staff for the great service that they provide!



Our Newsletter Supporters

AAA Southern CA (619) 644-5128
Elyse Lobaugh



BISHER'S QUALITY MEATS

The Very Best In Meats
Dan Bisher, Owner
2330 Main St #A Ramona 92065
Josh Lehman, Manager
(760) 789 1488

Your Home Sold
GUARANTEED
Or We'll Buy It!*

SAMANTHA LEACH
SAMANTHA@REEFPPOINTREALTY.COM

RP REEF POINT REAL ESTATE 619-933-6163

**EAST COUNTY
FAMILY DENTISTRY**
Creating Healthy, Beautiful Smiles

9710 Winter Gardens Blvd, Suite C, Lakeside, CA 92040
(619) 443-8447

ADA Member of the American Dental Association www.eastcountyfamilydentistry.com

PET/HOUSE SITTING

619,820-1827
vikki.hemmen48@gmail.com


VIKKI HEMMEN

3947 9th Ave. #2
San Diego, CA 92103

References Upon Request



**Kamps
PROPANE**




Richard Edwards - Account Executive

(619) 390-6304
(800) 797-4GAS Toll Free
(619) 390-6344 Fax

16245 Alpine Blvd.
Alpine, CA 91901
www.kampspropane.com

Three T RV
Tim Tracey

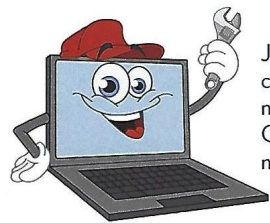


1131 Broadway
El Cajon, CA 92021

619-444-0047
Cell 619-302-4348
3tmotors@gmail.com
www.3trv.com
www.buyrvs4cash.com

Your local "on call" mobile computer tech!

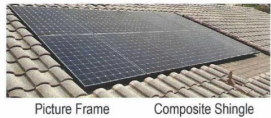
- Malware removal
- Computer repair
- Wi-fi troubleshooting
- Printer repair
- Wireless network installation
- New computer/laptop prep & data transfer from old PC/laptop
- New printer installation
- New computer pricing service
- Computer tutoring & software program assistance



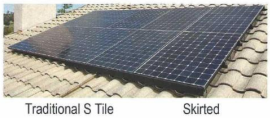
Just have a question about your computer, laptop, printer, wi-fi/home network or software programs? Contact your friendly local "on call" mobile computer tech today!

(619) 277-7858
AlpineComputer@hotmail.com

Keep this card handy by your pc or laptop!



Picture Frame Composite Shingle



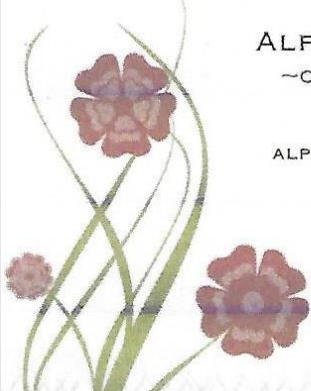
Traditional S Tile Skirted

FREE
With Solar Purchase:
Generator Manual, Transfer
Switch, Plug & Cord
(a \$1,000 value!)



Want it done the right way?
Don't overpay!
Call Clay today for all your SOLAR needs!

(619) 971-2799 • claycosolar.com • contact@claycosolar.com



ALPINE ARTISTIC FLORIST
~CELEBRATE LIFE WITH FLOWERS~

JAMIE LEWIS
ALPINEARTISTICFLORIST@YAHOO.COM

1730 ALPINE BLVD #103
ALPINE, CA 91901

FLOWERS & GIFTS
619-445-7974
ALPINEARTISTICFLORIST.COM



BeClawsWeCare4Pets PetSitters
 While you are away, your pets will play!
Jennifer and Tillie Ostermiller
 Servicing all San Diego, Los Angeles, Palm Springs etc...
 719-685-6221 (business cell)

- Don't "bored" your dog in a kennel
- We are better than a kennel
- Individual specialized attention (TLC)
- Reasonable prices

Petsitters@BeClawsWeCare4Pets.com
www.BeClawsWeCare4Pets.com



Elyse Lobaugh

Licensed Insurance Agent
 Auto-Home-Boat-Umbrella
 Membership

Grossmont Branch Office
 8765 Fletcher Parkway
 La Mesa CA 91942

(619) 644-5128 Direct
 (714) 549-6024 Fax
 (800) 672-5246 Claims




Lobaugh.Elyse@aaa-calif.com
 Department of Insurance Lic. #0003259

**Supporting every corner
 of our community.**

Proud to support The VFW Bert Fuller Post 9578

Kellye Murphy
 Vice President | Business Center
 Manager
 Alpine Office
 (619) 445-9321
 calbanktrust.com



A division of Zions Bancorporation, N.A. Member FDIC

MOBILE **FAST**

East County ^ Computer, Laptop & MAC ^ repair!

- ☑ PC, Laptop or Mac Running Slow?
- ☑ Startup Slow or Not Starting Up At All?
- ☑ Blue, Black or Just 'Blank' Screen?
- ☑ Screen Popup or Email Warnings?

Call **ALPINE COMPUTER** now to come check your PC/laptop/Mac for any problems or malware!

Call (619) 277-7858

See \$25 SPECIAL OFFER on back!

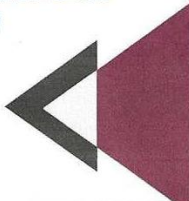
**Mac
 Service & Repair
 Hotline:**
(619) 882-8504
 7 a.m. - 7 p.m. Mon - Sat
 Se habla Español

Serving East County For 25+ Years

**ALPINE
 COMPUTER**

Need help with your computer, laptop, Mac, network & Wi-Fi or printer? Call **ALPINE COMPUTER** today!
 (619) 277-7858 • AlpineComputer@hotmail.com
www.AlpineComputerTutor.com

THEODORE ALAN BAZDORF
 MINISTER, FIRST NATION CHURCH
 Non-Denominational
 Wedding Ceremonies



Phone: 619-890-8436
 E-Mail: theobaz@netzero.net

ACCURATE LAND SURVEYS

Bill Russell
Crew Chief



PROPERTY SURVEYS ⊕ MAPPING ⊕ CONSTRUCTION STAKING

2514 Alpine Blvd Suite #4
Alpine, CA 91901
Bill@AccurateLandSurvey.com

Off 619-445-0110
Call 619-792-7522
AccurateLandSurvey.com

East County Karate
We Teach Attitudes First

Nathan Morton

9253 Adlai Road
Lakeside, CA 92040

(619) 627-4850

NathanMorton619@gmail.com

Nov 2024 Bert Fuller VFW Post 9578 Activities (subject to change w/o advance notice!)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 From 9 a.m.: Sports on 7 TVs!	28 5:30 p.m. GAME Night!	29 5 p.m. FUNDRAISER GAMES	30 5 p.m. FUNDRAISER GAMES	31 5 p.m. FUNDRAISER GAMES	1 5 - 9 p.m. Karaoke By Leslie	2 10 a.m. Auxiliary Mtg 5 - 9 p.m. Live Band:
3 From 9 a.m.: Sports on 7 TVs!	4 5:30 p.m. GAME Night!	5 5 p.m. FUNDRAISER GAMES	6 5 p.m. FUNDRAISER GAMES	7 5 p.m. FUNDRAISER GAMES	8 5 - 9 p.m. Karaoke By Leslie	9 10 a.m. House Comm 11 a.m. General Mtg 5 - 9 p.m. Live Band: The Whole She-Bang
10 From 9 a.m.: Sports on 7 TVs!	11 Veterans Day 11 a.m. Ceremony 5:30 p.m. GAME Night!	12 5 p.m. FUNDRAISER GAMES	13 5 p.m. FUNDRAISER GAMES	14 5 p.m. FUNDRAISER GAMES	15 5 - 9 p.m. Karaoke By Leslie	16 5 - 9 p.m. Live Band: Brown Sugar Oldies
17 From 9 a.m.: Sports on 7 TVs!	18 5:30 p.m. GAME Night!	19 5 p.m. FUNDRAISER GAMES	20 5 p.m. FUNDRAISER GAMES	21 5 p.m. FUNDRAISER GAMES	22 5 - 9 p.m. Karaoke By Leslie	23 5 - 9 p.m. Live Band: The New Catillacs
24 From 9 a.m.: Sports on 7 TVs!	25 5:30 p.m. GAME Night!	26 5 p.m. FUNDRAISER GAMES	27 5 p.m. FUNDRAISER GAMES	28 THANKSGIVING 5 p.m. FUNDRAISER GAMES	29 5 - 9 p.m. Karaoke By Leslie	30 5 - 9 p.m. Live Band: 8 EAST BAND

Nov 2024 Bert Fuller VFW Post 9578 Menu (subject to change w/o advance notice!)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	28 11 a.m. \$8 Lunch by Christie Birria Tacos (2) Pico de Gallo Guac Refried Beans 5 p.m. Dinner TBA	29 11 a.m. \$10 Lunch by Christie Smoked Tri-Tip Sammies Pasta Salad & Chips 5 p.m. – until gone Tacos or Taco Salad	30 11 a.m. \$8 Lunch by 5 p.m. \$8 Dinner by Kimberley Burritos, Rice/Beans	31 11 a.m. \$8 Lunch by Christie Grilled Brat or Italian or Chicken Parm Sausage Pasta Salad & Chips 5 p.m. Dinner TBA	1 11 a.m. \$8 Lunch by 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner or Burger Dinner	2 10 a.m. Auxiliary Mtg 5 – 7:30 p.m. \$24 Ribeye Steak Dinner
3 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	4 11 a.m. \$8 Lunch by 5 p.m. Dinner TBA	5 11 a.m. \$10 Lunch by Christie Smoked Tri-Tip Sammies Pasta Salad & Chips 5 p.m. – until gone Tacos or Taco Salad	6 11 a.m. \$8 Lunch by 5 p.m. \$8 Dinner by Kimberley Burritos, Rice/Beans	7 11 a.m. \$8 Lunch by Christie Soup of the Day Hawaiian Roll 5 p.m. Pizza by Sandy	8 11 a.m. \$8 Lunch by 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner or Burger Dinner	9 10 a.m. House Comm 11 a.m. General Mtg 5 – 7:30 p.m. \$24 Ribeye Steak Dinner
10 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	11 Veterans Day 11 a.m. Free Lunch for Veterans by Post Auxiliary 5 p.m. Dinner TBA	12 11 a.m. \$10 Lunch by Christie Smoked Tri-Tip Sammies Pasta Salad & Chips 5 p.m. – until gone Tacos or Taco Salad	13 11 a.m. \$8 Lunch by 5 p.m. \$8 Dinner by Kimberley Burritos, Rice/Beans	14 11 a.m. \$8 Lunch by Christie Soup of the Day Hawaiian Roll 5 p.m. Pizza by Sandy	15 11 a.m. \$8 Lunch by 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner or Burger Dinner	16 5 – 7:30 p.m. \$24 Ribeye Steak Dinner
17 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	18 11 a.m. \$8 Lunch by 5 p.m. Dinner TBA	19 11 a.m. \$10 Lunch by Christie Smoked Tri-Tip Sammies Pasta Salad & Chips 5 p.m. – until gone Tacos or Taco Salad	20 11 a.m. \$8 Lunch by 5 p.m. \$8 Dinner by Kimberley Burritos, Rice/Beans	21 11 a.m. \$8 Lunch by Christie Soup of the Day Hawaiian Roll 5 p.m. Pizza by Sandy	22 11 a.m. \$8 Lunch by 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner or Burger Dinner	23 5 – 7:30 p.m. \$24 Ribeye Steak Dinner
24 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	25 11 a.m. \$8 Lunch by 5 p.m. Dinner TBA	26 11 a.m. \$10 Lunch by Christie Smoked Tri-Tip Sammies Pasta Salad & Chips 5 p.m. – until gone Tacos or Taco Salad	27 11 a.m. \$8 Lunch by 5 p.m. \$8 Dinner by Kimberley Burritos, Rice/Beans	28 THANKGIVING	29 11 a.m. \$8 Lunch by 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner or Burger Dinner	30 5 – 7:30 p.m. \$24 Ribeye Steak Dinner

www.vfw9578.com



VFW Burt Fuller Post 9578 | 844 Tavern Road | Alpine, CA 91901 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!