

VFW Bert Fuller Post 9578

Newsletter

June 2024 Alpine, CA



Commander's Message

Dear Comrades,
Auxiliary, family and
friends of **Post 9578**,

As summer approaches, I
am reminded of the
dedication and sacrifice
each of you has made in
service to our country.



This month, we thank all
of the dads out there on **Fathers Day** and
we also celebrate the life of our very own
Korean War veteran Ab Abercrombie.
Ab was more than a comrade; he was a
friend, a mentor, and a guiding light for
many of us. His wisdom, humor, and
generous spirit will be deeply missed.
Whether it was through his heartfelt stories,
his encouraging words, or his unwavering
support, **Ab** had a unique way of
connecting with people and making them
feel valued. **Ab's** voice was like no other
and that is truly what I miss, seeing him in
his element at karaoke nights. Thanks to
Ab, people are able to enjoy their meals
when they sit out on the far deck because
he wanted people to enjoy the same views
he and his dear wife enjoyed.

Ab's service will be **2 p.m. Sunday, June**

Upcoming Post Events

See what's happening this month on our
Facebook page! Please click this link:



House Committee Message

Comrades,

Please come out and attend our members
General Meeting held at **11 a.m.**
Saturday June 8th at the **Post**. Your input
and feedback on **Post** operations is
welcome.

The **House Committee** will meet at **10**
a.m. Saturday June 8th at the **Post**.
May God bless America, and our troops.

Rich

Post 9578 House Committee Chair
Rich Simmons

VFW Post 9578 Auxiliary

Notice of Regular Monthly Meeting

10 a.m., Saturday, June 1st

VFW Post 9578 Meeting Room

844 Tavern Road, Alpine, CA (619) 445-6040

UNWAVERING SUPPORT



FOR UNCOMMON HEROES®

Auxiliary President's

9th at the **Post**, followed by a potluck. Flyers are posted around the post and social media. Please come if you are able to and support **Ab's** son **Steve** and his family and help us honor our dearest **Ab**.

I would like to extend my heartfelt gratitude to everyone who attended and participated in our **Memorial Day** Ceremony. Your presence and support from the **VFW Post 9578 Auxiliary** to the young ambassadors to **Rosemarie's Burgers** and all of our **Post** and **Auxiliary** officers. You all helped make this event a meaningful tribute to the brave men and women who have sacrificed their lives for our freedom.

The **Memorial Day** Ceremony is just one of many ways we can honor and support our veterans. We encourage everyone to stay engaged with our **Post's** activities throughout the year. Your continued involvement helps us maintain a strong and supportive veteran community.

Lastly, **Theo** and **Jan** have done so much in the **Quartermasters** office to keep this **Post** moving forward; if you see them, be sure to thank them. That being said, another way you could thank them without verbally saying is to volunteer at the **Post** and picking up some of the other small tasks that come up. Engage your veteran friends and invite them to visit and/or join the **Post**.

If you need to reach out to me, please call me at **(858) 729-3911**. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of **Alpine**!

Sincerely,

John
Post Commander
John Sullivan

Message

The **VFW Post 9578 Auxiliary** has been busy over the past month! We would like to congratulate **Mike Braneato** who won the **Cinco de Mayo** basket. **Mike**



is a regular at the **Post** and claims he never wins anything. Apparently, his luck changed, and we are happy that he was the big winner of this amazing basket.

On **Memorial Day** we welcomed the community, and recognized those who sacrificed their lives protecting our freedom. Our **Auxiliary** member's names were read of former members on the wall, and we served a complimentary lunch to those who have served. Lunch included sliders, chicken, French fries, potato salad, pasta salad, chips and cupcakes. Thank you to all that donated and helped to serve the meals. In addition, we held a complimentary raffle.

The upcoming **Auxiliary** meeting will be held at **10 a.m.** on **Saturday, June 1st**. Please plan on attending. There will not be lunch after the meeting as we don't have any members that can help with that event. Please attend our meeting and sign up to assist with future lunch with a view.

Here is the contact email for the Auxiliary: **AlpineVFWAuxiliary9578@gmail.com**
Also, I can be reached at (619) **540-6204**.

Kindest regards,

Nancy
Post 9578 Auxiliary President
Nancy Hauer

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link:

[VFW Post 9578 Auxiliary](#)

Auxiliary Chaplain's Message

"Service to others is the rent you pay for your room here on earth."



VFW Post 9578

Notice of Monthly Regular Meeting

11 a.m., Saturday, June 8th

VFW Post 9578 Meeting Room

844 Tavern Road, Alpine, CA (619) 445-6040



Celebration of Life

VFW Post 9578 Life Member

James “Ab” Abercrombie

U.S. Navy Corpsman

who served in the Korean War

Please keep Ab's family in your prayers



2 p.m. Sunday, June 9th

POTLUCK (please bring a dish to share)

VFW Post 9578

844 Tavern Road, Alpine (619) 445-6040

Hello Everyone!

First and foremost, I'd like to introduce myself: my name is **Ryan Gondek** and I am your new **Alpine VFW Post 9578 Chaplain**. I am very excited and looking forward to working with and getting to know everyone.



A little background: I have been involved with the **VFW** for a few years now and attended many events before even becoming a **Life Member**. I am a former **Post Commander** and former **Post**

Muhammad Ali

“As you grow older, you will discover that you have two hands - one for helping yourself, and the other for helping others.” **Audrey Hepburn**



“The smallest act of kindness is worth more than the grandest intention.” **Oscar Wilde**

Who typically volunteers?

People aged 65 - 74 were the most likely age group to formally volunteer. 22% volunteered at least once a month and 32% volunteered at least once a year. This was down from 31% and 40% respectively from recent years. People aged 25 - 34 were the least likely age group to formally volunteer. As of 2024, millennials are between 28 - 43 years old.

Why don't more millennials volunteer?

From an increase in narcissism and selfishness, to being overworked and not having enough time to help others, kids and teenagers don't help in their communities as much as they used to. There are countless factors that contribute to this saddening decrease in volunteer work. If they aren't stepping up – then we ALL need to do a better job to fix that.

What drives volunteers?

People volunteer for a variety of reasons ranging from wanting to meet people and be involved in the local community to being proactive in supporting a cause or “giving something back” to an organization that once helped them.

Are you a Volunteer? If not, why not?

“Volunteers do not necessarily have the time; **they just have the heart.**” **Elizabeth Andrew**

“You make a living by what you get. **You make a life by what you give.**” **Winston Churchill**

“Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain loving one another.” **Erma Bombeck**

Think about this the next time you see the opportunity to volunteer.

Happy Father's Day to all our Dads!

Chaplain before transferring to Alpine.

My wife **Kemerley** and I are a blended family of 8 children and are both **East County San Diego** natives. My military service consisted of 6 years in the **Army National Guard** with various assignments and active duty guard time as well. During my time in the **National Guard** I served as a **Combat Engineer**, hooah!

Please feel free to reach out to me for any questions and any possible help you may need. I have an open door policy and love to meet new people.

Numbers 6:24-26

The Lord Bless us and keep us. The Lord make his face to shine upon us, and be gracious unto us. The Lord lift up His countenance upon us, and give us piece, this day (night) and forever more.

Thanks,

Ryan

Post 9578 Chaplain

Thank You,

Ryan Gondek

Special Notice regarding Post Events, Meals

The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.

Monday Nights @ The Post

6 p.m. **GAME** Night!

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

VFW Post 9578

This Week's Meals by Christie

Tuesday

Lunch 11 a.m. - until gone!

Smoked Tri Tip Sammies, Pasta Salad & Chips - \$10

Open to the public for meals and entertainment!

VFW Post 9578 * 844 Tavern Road, Alpine * (619) 445-6040



Happy 85th birthday to our **Quartermaster** and my beloved husband, **Theo!**

With continued gratitude in my fifth year of being your Auxiliary Chaplain,

Jan

Post 9578 Auxiliary Chaplain

Jan Bazdorf

Canteen Manager's Message

Congratulations to **Marge** and **Linda** for winning the **San Diego Padres** game tickets and raffle basket.



I would like to thank everyone who participated in selling and purchasing tickets. It was a huge success!

There will be a Celebration of Life for **Ab Abercrombie** at **2 p.m.** on **Sunday, June 9th**. Please mark your calendars and plan on bringing your favorite pot luck dish.

On **Sunday, June 16th** we will have a **Father's Day** raffle wagon - please purchase your tickets from the **Canteen** staff.

We celebrate each month's birthdays on the **last Friday** of the **month**. If you have a birthday this month, please have the **Post Canteen** bartender or wait staff put your name on this month's birthday list.

Kimberley

Canteen / Entertainment Manager

Kimberley Rivera

Tuesday Nights @ The Post

5 – 7 p.m. Fundraiser Games

Open to the public for meals and entertainment

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

VFW Post 9578

Christie Kurtz

This Week's Meals by Christie

Wednesday

Lunch 11 a.m. – until gone!

BBQ Chicken Sliders, Slaw & Chips - \$8

Open to the public for meals and entertainment!

VFW Post 9578 • 844 Tavern Road, Alpine • (619) 445-6040



Wednesday Nights @ The Post

5 – 7 p.m. Fundraiser Games

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

VFW Post 9578

Christie Kurtz

This Week's Meals by Christie

Thursday

Lunch 11 a.m. – until gone!

Grilled Brats or Italian Sausage

Pasta Salad

Choice of Chips

\$8

Open to the public for meals and entertainment!

VFW Post 9578 • 844 Tavern Road, Alpine • (619) 445-6040



Thursday Nights @ The Post

5 – 7 p.m.

Fundraiser Games

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

www.VFW9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040



VFW Post 9578 Needs **Volunteers** Sunday, June 9th!

2 p.m. Sunday, June 9th:

help move tables and chairs to prepare/cleanup the patio deck for

the Celebration of Life for "Ab" Abercrombie

Contact the Post at (619) 445-6040 for details

Saturday Nights @ The Post

5 – 9 p.m. June 1st



5 – 9 p.m. June 8th

Brown Sugar Oldies

5 – 9 p.m. June 15th

Two Lane Highway



5 – 9 p.m. June 22nd

UPFRONT BAND

5 – 9 p.m. June 29th



Open to the public for meals and entertainment!

Alpine VFW Post 9578
844 Tavern Road
(619) 445-6040

www.VFW9578.com

5 – 7:30 p.m. Dinner Service

\$24 Ribeye Steak Dinner

Ribeye Steak
Baked Potato
Vegetable
Dinner Roll



Ribeye Steak
& Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Skewer \$10



Shrimp Cocktail \$11

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable \$4

Dessert \$3



5 – 9 p.m. **Karaoke**

5 – 7:30 P.M. DINNER SERVICE

FISH FRY

- | | | |
|---|--|---|
| Fish & Chips Dinner - \$16 | Shrimp & Chips Dinner - \$16 |  |
| Fish & Shrimp Dinner - \$16 | Chicken Sandwich & Fries - \$12 | |
| ½ Fish or Shrimp Dinner - \$11 | Shrimp Salad - \$12 |  |
| Shrimp Cocktail - \$11 | French Fries - \$4 | |
| Fish Sandwich & Fries - \$13 | Chicken Caesar Salad - \$12 | |
| Dinner Salad - \$6 | Dessert - \$3 | |

Burger* Menu

- | | |
|------------------------------------|---|
| Cheeseburger - \$10 | Western Burger - \$12 |
| Avocado Bacon Burger - \$12 | Mushroom Bacon Swiss Burger - \$12 |
| Po' Boy Sandwich - \$16 | |

**All served with fries & coleslaw*

- | | | |
|-------------------------------|--------------------------|-------------------------------|
| Chicken Tenders - \$10 | Onion Rings - \$6 | Jalapeno Poppers - \$6 |
|-------------------------------|--------------------------|-------------------------------|

Open to the public for meals and entertainment!

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Friday Nights @ The Post

5 – 7:30 P.M. **BURGERS DINNER MENU**

All served with fries & coleslaw

Cheeseburger - \$10

Lettuce, Tomato, Onion, and Cheese

Western Burger - \$12

Bacon, BBQ Sauce, Cheddar Cheese, Onion Rings

Avocado Bacon Burger - \$12

Avocado, Bacon, American Cheese & Garlic Pepper Aioli Sauce

Mushroom Bacon Swiss Burger - \$12

Grilled Mushrooms, Bacon, Swiss & Secret Sauce

Po' Boy Sandwich - \$16

Fried Shrimp, Fried Fish, Lettuce, Tomato, Onion & Garlic Pepper Aioli Sauce on a French Roll

SIDES

- | | |
|-------------------------------|--------------------------|
| Chicken Tenders - \$10 | Onion Rings - \$6 |
| Jalapeno Poppers - \$6 | Dessert - \$3 |

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#) or www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040



**Lovely Leta's
Lunch & Dinner Specials
June 1 - 3**



Saturday, June 1st 10 a.m. – 4 p.m. *(or until gone)*

\$8 Spaghetti Lunch

Sunday, June 2nd 1 p.m. - close *(or until gone)*

\$8 Chicken Enchiladas

Monday, June 3rd 5:30 – 7:30 p.m. *(or until gone)*

\$10 Pulled Pork Plates

Open to the public for meals and entertainment!

VFW Post 9578 * 844 Tavern Road, Alpine * (619) 445-6040

**Important Notice for all Post Members,
Auxiliary, invited guests and Visitors:**

VFW Bert Fuller Post 9578 is a **Drug-Free Zone**. If drugs are used on our **Post's** property, it will put our **ABC** liquor license in jeopardy, as well as our **Post** charter with the **National VFW**.

Please report any violations of drug use on **Post** property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

Post Members Meetings - 2nd Saturday

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: **(619) 445-6040**

Fax: **(619) 445-8740**

eMail: **VFW9578cmd@gmail.com**

Newsletter Submissions

Items for consideration may be emailed to

John.P.Sullivan1@gmail.com

Alpine VFW Post 9578

Saturday Dinner Menu

5 - 7:30 p.m.

\$24 Ribeye Steak Dinner



Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Cocktail \$11

Shrimp Skewer \$10

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable or Potato \$4

Dessert \$3



Stay connected and up-to-date:

Facebook page: @AlpineVFW9578

VFW Website: www.vfw9578.com

Open to the Public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

Contact: (858) 729-3911

or mailed to the post at:

VFW Bert Fuller Post 9578

Attention: John Sullivan

844 Tavern Road

Alpine, CA 91901

Please note: newsletter submission deadline is the 25th of the prior month.

VFW Post 9578 Hours of Operation

(Subject to change without advance notice - call Post at (619) 445-6040 for details)

The **Post** will observe the following business hours:

Sundays: 9 a.m. - close

Mondays: 11 a.m. - close

Tuesdays: 11 a.m. - close

Wednesdays: 11 a.m. - close

Thursdays: 11 a.m. - close

Fridays: 11 a.m. - close

Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day.

If you have questions on the guidelines please call the **Post** at (619) 445-6040.

FYI for Post Members:

House Committee meetings are held every **second Saturday of the month at 10 a.m.**

Post Member meetings are held every **second Saturday of the month at 11 a.m.**

Auxiliary Member meetings are held on the **first Saturday of the month at 10 a.m.**

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578** and invite them to enjoy the meals and events!

VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their

Alpine VFW Post 9578

Sunday Breakfast Menu

Served 9 a.m. - 12:30 p.m.

- Ribeye Steak, Eggs, Potatoes & Toast - \$24
- Bacon, Eggs, Potatoes & Toast - \$14
- Sausage, Eggs, Potatoes & Toast - \$14
- Porkchop Breakfast - \$18
- Porkchop (only) - \$12
- Chicken Fried Steak Breakfast - \$17
- Chicken Fried Steak Sandwich - \$17
- Breakfast Sandwich w/ Potatoes - \$12
- Biscuits and Gravy (full order) - \$8
- Biscuits and Gravy (half order) - \$4
- BLT Sandwich w/ Potatoes - \$10
- Pancakes - \$8
- Extra Bacon or Sausage - \$6
- Extra Egg or Toast - \$2
- Extra Gravy - \$3



Stay connected and up to date:

Facebook: @AlpineVFW9578 or website: www.vfw9578.com

Open to the public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

VFW Post Officers & Trustees

John Sullivan - Commander
Richard Simmons - Sr Vice Commander
Chris Martindell - Jr Vice Commander
Theo Bazdorf - Quartermaster
Ryan Gondek - Chaplain
Theo Bazdorf - Adjutant
Jim Bilka - Judge Advocate
Rick Walsh - Service Officer

Wayne Williams - 1st Year Trustee
Rich Martindell - 2nd Year Trustee
Fred Erickson - 3rd Year Trustee

Auxiliary Officers

Nancy Hauer - President

Jeanne Pate - Senior Vice

Jamye Pritchett Solorzano -
JrVice

Jan Bazdorf - Chaplain

Pat Alston Aldrich - Treasurer

Erika Simmons - Secretary

Vikki Hemmen - Conductress

Sven Ricketts - Guard

Bob Bealo - Trustee #1

Olivia Wilkinson - Trustee #2

Sherry Wheeler - Trustee #3

House Committee

Richard Simmons - Chairperson

Dan Focht - Member

Joel Murillo - Member

James Wheeler - Member

Neal Zeitler - Member

Canteen / Entertainment

Kimberley Rivera - Canteen Manager

Sandy Curry - Canteen Assistant Manager

Volunteer Bartenders

Christie Kurtz

Dani Caton

Katie Sharp

Leta Keyes

Sandy Curry

families

- Serve our communities

- Promote a positive image of the VFW

- Respect the diversity of veteran opinions

VFW Bert Fuller Post 9578

Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

Coming to the **Post** for meals and entertainment? Please remember to tip the **Canteen** bartenders and wait staff for the great service that they provide!



VFW Bert Fuller Post 9578

Vision Statement:

VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

Our Newsletter Supporters

AAA Southern CA (619) 644-5128

Elyse Lobaugh

Alpine Artistic Florist (619) 445-7974

Jamie Lewis

www.alpineartisticflorist.net

Alpine Dentistry (619) 445-8896

Jonar R. Bonifacio DDS Dr. "B"

[Alpine Dentistry](http://www.alpinedentistry.com)

Accurate Land Surveys (619) 445-0110

Rob Russell

Alpine Computer & Tutor (619) 277-7858

Duncan Marks

Bisher's Quality Meats (760) 789-1488

Dan Bisher

<https://weareramona.com/listing/bishers-quality-meats-ramona/>

California Bank & Trust (619) 445-9321

Kellye Murphy

California Signs & Marketing (619) 258-2001

[California Signs & Marketing](http://www.cal-signs.com)

Clayco Solar Services (619) 971-2799

Clay Mauldin

Copy Corral (619) 562-3660

Julie Walker

www.lakesidecopy.com

East County Karate (619) 627-4850

Nathan Morton

<http://ecmartialart.com>

Kamps Propane (619) 390-6304

Richard Edwards

www.kampspropane.com

Keller Williams (619) 301-2301

Doris Fifer

Off The Hook Mobile Detailing (619) 760-5021

Jake Evans

Pet/House Sitting (619) 820-1827

Vikki Hemmen

Primary Residential Mtg (619) 722-1303

Chris Wiley

www.alpineprmi.com

Regional Elite Plumbing (619) 722-1049

Mike Putnam

Minister, First Nation Church (619) 890-8436

Theodore Alan Bazdorf

Three T RV (619) 444-0047

Tim Tracey

www.3trv.com

SIGNS, BANNERS, BUSINESS CARDS...MORE!



We Make You Look Good!

619-258-2001
www.CalSigns.net

**ALPINE
COMPUTER**

Duncan Marks
(619) 277-7858

Computer & Laptop Repairs
Virus, Malware Removal & Tuneups
New PC, Laptop, Printer, Wi-Fi Setup

ALPINECOMPUTER@hotmail.com



BISHER'S QUALITY MEATS

The Very Best In Meats
Dan Bisher, Owner
2330 Main St #A Ramona 92065
Josh Lehman, Manager
(760) 789 1488

*Your Home Sold
GUARANTEED
Or We'll Buy It!**



SAMANTHA LEACH
SAMANTHA@REEFPPOINTREALTY.COM

RP REEF POINT REAL ESTATE 619-933-6163

PET/HOUSE SITTING

619.820-1827
vikki.hemmen48@gmail.com

VIKKI HEMMEN

3947 9th Ave. #2
San Diego, CA 92103



References Upon Request




**EAST COUNTY
FAMILY DENTISTRY**
Creating Healthy, Beautiful Smiles

9710 Winter Gardens Blvd, Suite C, Lakeside, CA 92040
(619) 443-8447


ADA Member of the American Dental Association www.eastcountyfamilydentistry.com

Three T RV
Tim Tracey



1131 Broadway
El Cajon, CA 92021

619-444-0047
Cell 619-302-4348
3tmotors@gmail.com
www.3trv.com
www.buyrvs4cash.com



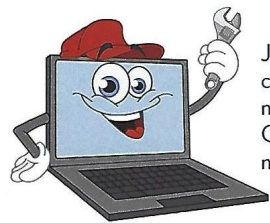
Richard Edwards - Account Executive

(619) 390-6304
(800) 797-4GAS Toll Free
(619) 390-6344 Fax

16245 Alpine Blvd.
Alpine, CA 91901
www.kampspropane.com

Your local "on call" mobile computer tech!

- Malware removal
- Computer repair
- Wi-fi troubleshooting
- Printer repair
- Wireless network installation
- New computer/laptop prep & data transfer from old PC/laptop
- New printer installation
- New computer pricing service
- Computer tutoring & software program assistance



Just have a question about your computer, laptop, printer, wi-fi/home network or software programs? Contact your friendly local "on call" mobile computer tech today!

(619) **277-7858**
AlpineComputer@hotmail.com

Keep this card handy by your pc or laptop!



FREE
With Solar Purchase:
Generator Manual, Transfer
Switch, Plug & Cord
(a \$1,000 value!)



Want it done the right way?
Don't overpay!
Call Clay today for all your SOLAR needs!

(619) 971-2799 • claycosolar.com • contact@claycosolar.com



ALPINE ARTISTIC FLORIST
~CELEBRATE LIFE WITH FLOWERS~

JAMIE LEWIS
ALPINEARTISTICFLORIST@YAHOO.COM

1730 ALPINE BLVD #103
ALPINE, CA 91901

FLOWERS & GIFTS
619-445-7974
ALPINEARTISTICFLORIST.COM



BeClawsWeCare4Pets PetSitters
 While you are away, your pets will play!
Jennifer and Tillie Ostermiller
 Servicing all San Diego, Los Angeles, Palm Springs etc...
 719-685-6221 (business cell)

- Don't "bored" your dog in a kennel
- We are better than a kennel
- Individual specialized attention (TLC)
- Reasonable prices

Petsitters@BeClawsWeCare4Pets.com
www.BeClawsWeCare4Pets.com



Elyse Lobaugh

Licensed Insurance Agent
 Auto-Home-Boat-Umbrella
 Membership

Grossmont Branch Office
 8765 Fletcher Parkway
 La Mesa CA 91942

(619) 644-5128 Direct
 (714) 549-6024 Fax
 (800) 672-5246 Claims



Lobaugh.Elyse@aaa-calif.com
 Department of Insurance Lic. #0003259

**Supporting every corner
 of our community.**

Proud to support The VFW Bert Fuller Post 9578

Kellye Murphy
 Vice President | Business Center
 Manager
 Alpine Office
 (619) 445-9321
 calbanktrust.com



A division of Zions Bancorporation, N.A. Member FDIC

MOBILE **FAST**

East County ^ Computer, Laptop & MAC ^ repair!

- ☑ PC, Laptop or Mac Running Slow?
- ☑ Startup Slow or Not Starting Up At All?
- ☑ Blue, Black or Just 'Blank' Screen?
- ☑ Screen Popup or Email Warnings?

Call **ALPINE COMPUTER** now to come check your PC/laptop/Mac for any problems or malware!

Call (619) 277-7858

See \$25 SPECIAL OFFER on back!

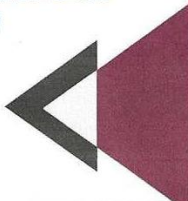
**Mac
 Service & Repair
 Hotline:**
(619) 882-8504
 7 a.m. – 7 p.m. Mon - Sat
 Se habla Español

Serving East County For 25+ Years

**ALPINE
 COMPUTER**

Need help with your computer, laptop, Mac, network & Wi-Fi or printer? Call **ALPINE COMPUTER** today!
 (619) 277-7858 • AlpineComputer@hotmail.com
www.AlpineComputerTutor.com


THEODORE ALAN BAZDORF
 MINISTER, FIRST NATION CHURCH
 Non-Denominational
 Wedding Ceremonies



Phone: 619-890-8436
 E-Mail: theobaz@netzero.net

ACCURATE LAND SURVEYS

Bill Russell
Crew Chief



PROPERTY SURVEYS ⊕ MAPPING ⊕ CONSTRUCTION STAKING

2514 Alpine Blvd Suite #4
Alpine, CA 91901
Bill@AccurateLandSurvey.com

Off 619-445-0110
Call 619-792-7522
AccurateLandSurvey.com

Computer or Laptop Troubles?

...probably infected by malware!



Do NOT overpay for tech support - big box electronics & national office supply stores charge hundreds of dollars for services that Alpine Computer & Tutor can provide at a reasonable cost.

Computer/Laptop Checkup Special

\$25

per computer or laptop

East County area - some restrictions apply - call for details

Don't wait around for hours!
We'll come to your home or business at a specific day and time that is convenient for you.

Serving East County For 25+ Years

**ALPINE
COMPUTER**

Issues with your computer, laptop, printer, network or software programs? Call Alpine Computer today!
(619) 277-7858 • AlpineComputer@hotmail.com

East County Karate

We Teach Attitudes First

Nathan Morton

9253 Adlai Road
Lakeside, CA 92040











(619) 627-4850

NathanMorton619@gmail.com

June 2024 Bert Fuller VFW Post 9578 Activities *(subject to change w/o advance notice!)*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Celebration of Life - VFW Post 9578 Life Member James "Ab" Abercrombie 2 p.m. Sunday, June 9 th POTLUCK <i>(please bring a dish to share)</i>					31 5 - 9 p.m.  Karaoke	1 10 a.m. Auxiliary Mtg 5 - 9 p.m. Live Band: 
2 From 9 a.m.: Sports on 7 TVs!	3 5:30 p.m. GAME Night!	4 5 p.m. FUNDRAISER GAMES	5 5 p.m. FUNDRAISER GAMES	6 5 p.m. FUNDRAISER GAMES	7 5 - 9 p.m.  Karaoke	8 10 a.m. House Comm 11 a.m. General Mtg 5 - 9 p.m. Live Band: Brown Sugar Oldies
9 From 9 a.m.: Sports on 7 TVs!	10 5:30 p.m. GAME Night!	11 5 p.m. FUNDRAISER GAMES	12 5 p.m. FUNDRAISER GAMES	13 5 p.m. FUNDRAISER GAMES	14 5 - 9 p.m.  Karaoke	15 5 - 9 p.m. Live Band: 
16 From 9 a.m.: Sports on 7 TVs! 2 p.m. COL Ab Abercrombie	17 5:30 p.m. GAME Night!	18 5 p.m. FUNDRAISER GAMES	19 5 p.m. FUNDRAISER GAMES	20 5 p.m. FUNDRAISER GAMES	21 5 - 9 p.m.  Karaoke	22 5 - 9 p.m. Live Band: UPFRONT BAND
23/30 From 9 a.m.: Sports on 7 TVs!	24 5:30 p.m. GAME Night!	25 5 p.m. FUNDRAISER GAMES	26 5 p.m. FUNDRAISER GAMES	27 5 p.m. FUNDRAISER GAMES	28 5 - 9 p.m.  Karaoke	29 5 - 9 p.m. Live Band: 8 EAST BAND

June 2024 Bert Fuller VFW Post 9578 Menu (subject to change w/o advance notice!)

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Celebration of Life - VFW Post 9578 Life Member James "Ab" Abercrombie 2 p.m. Sunday, June 9th POTLUCK (please bring a dish to share)						31 11 a.m. \$8 Lunch by 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner or Burger Dinner 	1 10 a.m. Auxiliary Mtg 10 a.m. – 4 p.m. Leta's \$8 Lunch Spaghetti  5 – 7:30 p.m. \$24 Ribeye Steak Dinner
2 9 a.m. – 12:30 p.m. Breakfast Service 1 – close (or gone) \$8 Lunch/Dinner by Leta Chicken Enchiladas	3 11 a.m. \$8 Lunch by Katie 5:30 – 7:30 p.m. \$10 Dinner by Leta Pulled Pork Plate	4 11 a.m. \$10 Lunch by Christie Smoked Tri-Tip Sammies Pasta Salad & Chips 5 p.m. – until gone Tacos or Taco Salad	5 11 a.m. \$8 Lunch by Christie BBQ Chicken Sliders Slaw & Chips 5 p.m. Dinner TBA	6 11 a.m. \$8 Lunch by Christie Grilled Brats or Italian Sausage Pasta Salad & Chips 5 p.m. Dinner TBA	7 11 a.m. \$8 Lunch by Christie 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner or Burger Dinner 	8 10 a.m. House Comm 11 a.m. General Mtg 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 	
9 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. COL Ab Abercrombie POT LUCK	10 11 a.m. \$8 Lunch by Katie 5 p.m. Dinner TBA	11 11 a.m. \$10 Lunch by Christie Smoked Tri-Tip Sammies Pasta Salad & Chips 5 p.m. – until gone Tacos or Taco Salad	12 11 a.m. \$8 Lunch by Christie BBQ Chicken Sliders Slaw & Chips 5 p.m. Dinner TBA	13 11 a.m. \$8 Lunch by Christie Grilled Brats or Italian Sausage Pasta Salad & Chips 5 p.m. Dinner TBA	14 11 a.m. \$8 Lunch by Christie 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner or Burger Dinner 	15 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 	
16 Father's Day 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	17 11 a.m. \$8 Lunch by Katie 5 p.m. Dinner TBA	18 11 a.m. \$10 Lunch by Christie Smoked Tri-Tip Sammies Pasta Salad & Chips 5 p.m. – until gone Tacos or Taco Salad	19 11 a.m. \$8 Lunch by Christie BBQ Chicken Sliders Slaw & Chips 5 p.m. Dinner TBA	20 11 a.m. \$8 Lunch by Christie Grilled Brats or Italian Sausage Pasta Salad & Chips 5 p.m. Dinner TBA	21 11 a.m. \$8 Lunch by Christie 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner or Burger Dinner 	22 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 	
23/30 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	24 11 a.m. \$8 Lunch by Katie 5 p.m. Dinner TBA	25 11 a.m. \$10 Lunch by Christie Smoked Tri-Tip Sammies Pasta Salad & Chips 5 p.m. – until gone Tacos or Taco Salad	26 11 a.m. \$8 Lunch by Christie BBQ Chicken Sliders Slaw & Chips 5 p.m. Dinner TBA	27 11 a.m. \$8 Lunch by Christie Grilled Brats or Italian Sausage Pasta Salad & Chips 5 p.m. Dinner TBA	28 11 a.m. \$8 Lunch by Christie 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner or Burger Dinner 	29 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 	

www.vfw9578.com



VFW Burt Fuller Post 9578 | 844 Tavern Road | Alpine, CA 91901 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!