



Dear All,

We are now working in collaboration with The Forestry Commission at Bishop Wood just off Bishopdyke road. The Forestry Commission are huge fans of Forest School offering us the opportunity to explore unspoilt woodlands.

Directions - Please turn into the car park off **Bishopdyke road**. There is only one car park pull in off this road but can be tricky to find. Don't go down Scalm lane to the main car park. Continue on Bishopdyke road with Scalm Lane on your right on the B1222 towards Cawood. you will pass Greenacre Farm on your left and we are the next right turn over a slight hill in the road (railway bridge) If you are coming from Cawood we are on the left. If you get to the Scalm lane cross roads you have missed us. The nearest postal code is **LS25 6HJ This is however a PRIVATE residence and not our site.**

Meeting point - The gate will be open 20 mins before the start of the session. Follow the track to the end and turn left. The track is unmade and some parts are bumpy and depending on the weather could be muddy. At the end of the track there is a car park that is for Forest School use only, please park here. The site is right next to the car park and is relatively flat, an adult will be there to greet you. We are required to lock the gate so if you are late please make the short walk down to the wood through the pedestrian side of the gate.

The address and postcode are below and we will have our mobiles on in case anyone is late or lost! **Take a note of my number if you have any problems.. 07904214006/07969347028**

Kit - This time of year the weather can still be unpredictable and can be wet. Please don't underestimate the amount of clothes that you will need on/with you in a bag. We are outside whatever the weather so it is important that you are dressed appropriately. Long trousers are a MUST. Layered clothing, waterproof trousers and jacket, long socks. For more guidance on summer and winter kit list please refer to 'How we stay safe' on our website. You may need insect repellent or suncream. Please put midge spray on this time of year.

Tick check - There are a large number of deer living in these woods which carry ticks. Please check your child the evening they come home for evidence that they may have a tick and seek medical attention or let us know if you need assistance.. Adhering to the kit list of long trousers and long socks will reduce the risk of ticks.

Activities -We have planned a timetable of different activities for each day. This is also available on the booking site and on the website and may help your child make up their mind about which session they would like to attend. The tools will be cleaned between children.

Food - We will be cooking campfire snacks each day and will be mindful of hand washing before eating these and their own packed lunch. Let us know any food allergies or intolerances on the booking form.

Toilet - There will be toilet facilities in the woods, however it is important that children are toilet trained and independent in the toilet in order to get themselves dressed. This is for safeguarding and health and safety reasons. The toilet will be cleaned between children.

Looking forward to seeing you,

Sally and Siobhan x

	M	T	W	TH	F
WEEK 1	the art of fire making	primitive weapons	bows and arrows	natural dyes	camp fire treats
WEEK 2	crash and carry	camp fire treats	foraging	clay bowls	water filtration
WEEK 3	willow weaving	primitive weapons	camp fire treats	the art of fire making	natural dyes
MONDAY - FRIDAY					
ARKENDALE 20TH JULY - 7TH AUGUST			BISHOP WOOD 10TH AUGUST - 28TH AUGUST		

Safeguarding information



All staff are DBS checked and have experience working in the outdoors and activities are fully risk assessed. Staff are trained in paediatric outdoor first aid. We are fully insured for all activities. The site has clear boundaries and is secure. **Please read our policies and procedures found on our website 'How we stay safe' <https://grassrootsmuddyboots.com/how-we-stay-safe>**

Questions please feel free to have good look round our website at grassrootsmuddyboots.com to see what we are all about. If you have any questions at all please give me a ring or a text on 07904214006 or email: sally@grassrootsmuddyboots.com.

Please do not hesitate to contact me if you have any queries or questions we are happy to help.



