



Forest School at Bluebell Wood Parents Information.

Dear Parents/Carers,

We are lucky that the owners of Bluebell Wood are more than happy to welcome children back to Forest School this summer. We have planted some saplings before 'lockdown' that are growing well and the den building sticks have been put to good use by local children and maybe adults playing in the woods.

Drop off and Collection - Please drop your child in the farm track pull in just off HILL BANK. Its about half a mile on the right after you have turned up Hill Bank. Directions and a map are below and I will have my mobile on in case anyone is lost or late. I will mark the parking place with our Grass Roots Muddy Boots flag. We will return with the children to this point at the end of the session.

Kit - This time of year the weather can still be unpredictable and can be wet. Please don't underestimate the amount of clothes that you will need on/with you in a bag. We are outside whatever the weather so it is important that you are dressed appropriately. Long trousers are a MUST. Layered clothing, waterproof trousers and jacket, long socks. For more guidance on summer and winter kit list please refer to 'How we stay safe' on our website. You may need insect repellent or suncream. Please put midge spray on this time of year.

Tick check - There are a large number of deer living in these woods which carry ticks. Please check your child the evening they come home for evidence that they may have a tick and seek medical attention or let us know if you need assistance.. Adhering to the kit list of long trousers and long socks will reduce the risk of ticks.

Activities -We have planned a timetable of different activities for each day. This is also available on the booking site and on the website and may help your child make up their mind about which session they would like to attend. The tools will be cleaned between children.

	M	T	W	TH	F
WEEK 1	the art of fire making	primitive weapons	bows and arrows	natural dyes	camp fire treats
WEEK 2	crash and carry	camp fire treats	foraging	clay bowls	water filtration
WEEK 3	willow weaving	primitive weapons	camp fire treats	the art of fire making	natural dyes

Food - We will be cooking campfire snacks each day and will be mindful of hand washing before eating these and their own packed lunch. Let us know any food allergies or intolerances on the booking form.

Toilet - There will be toilet facilities in the woods, however it is important that children are toilet trained and independent in the toilet in order to get themselves dressed. This is for safeguarding and health and safety reasons. The toilet will be cleaned between children.

Looking forward to seeing you,

Sally and Siobhan x

Safeguarding information



All staff are DBS checked and have experience working in the outdoors and activities are fully risk assessed. Staff are trained in paediatric outdoor first aid. We are fully insured for all activities. The site has clear boundaries and is secure. **Please read our policies and procedures found on our website 'How we stay safe' <https://grassrootsmuddyboots.com/how-we-stay-safe>**

Questions please feel free to have good look round our website at grassrootsmuddyboots.com to see what we are all about. If you have any questions at all please give me a ring or a text on 07904214006 or email: sally@grassrootsmuddyboots.com.

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