



WAIS HAPPENINGS



The Wilmington Al-Anon Information Services Newsletter - Summer 2020

When Anyone, Anywhere Reaches Out For Help

How often have you heard in an Al-Anon meeting the exact words you needed to hear at exactly the right time? Or have you had someone thank you after a meeting for sharing just what they needed to hear? (That's happened to me when I thought that what I shared couldn't possibly have made sense! I know my Higher Power put those words in my mouth.)

Tradition 5 tells us that "each Al-Anon Family Group has but one purpose: to help families of alcoholics". In other words, our sole purpose is to help each other. For me, that help so often comes in the shares I hear spoken in a meeting. I hear my Higher Power speaking through you, but I won't hear your experience, strength, and hope if you aren't coming to meetings.

Yes, the Zoom meetings can be awkward. We're not all comfortable with technology. It might feel easier to just forget the whole thing until we can resume meeting in person, and many of our smaller meetings are really struggling with low attendance. "When Anyone, Anywhere, Reaches Out For Help, Let the Hand of Al-Anon Be There, And Let It Begin With Me". We need each other in these meetings. I know I sure do.

Self Care in the era of Covid

Self care is vital in these challenging times, and one of the best things we can do for ourselves is attend an extra meeting or 2 each week. And isn't it easier, when we don't need to drive across town to get to a meeting? For me, it has made a world of difference!

WSO Covid-19 Appeal

Covid-19 is significantly impacting our World Service Office. The May Covid-19 appeal letter informed us that literature sales were down 75% and contributions were down 34%. Despite significant cost cutting measures including staff furlough and layoffs, WSO continues to support our fellowship as usual, processing literature orders through customer service and shipping products ordered, fielding calls for public

outreach and electronic meeting information, and keeping our presence known on social media and other services.

The WSO is the glue that holds Al-Anon together. Can you or your groups help? Groups and individuals can contribute to the WSO here:

<https://al-anon.org/contributions/>

The full text of the appeal letter can be found here:

<https://www.al-anon.org/pdf/Treasurer-COVID-Appeal-to-Fellowship.pdf>.

Treasurer's Report

Our treasury stands at \$2187. We have funded our Zoom account through June, 2021 and funded our website for another year.

We are grateful for your support as we continue to carry the message of help and hope to families and friends of alcoholics.

**BE SURE YOUR GROUP IS
REPRESENTED AT OUR NEXT MEETING:
Wednesday, September 16, 2020, 6:30 pm
<https://us02web.zoom.us/j/86868420788?pwd=K0FodEJ3eFhyU3hOV1JMU3haamtQUT09>**

Public Outreach? Now?

Yes, WAIS is still working on public outreach. We've purchased 6 Al-Anon books to donate to our 6 local libraries. The Hampstead library has already received their copy of How Al-Anon Works, and the Leleand and New Hanover County libraries will get their books as soon as they start accepting donations.

We are working on outreach to law enforcement and the judiciary, more on that as the project proceeds.

Please send your group's donations to: WAIS P.O. Box 12706, Wilmington, NC 28405