

The Wilmington Al-Anon Information Services Newsletter - Fall 2019



Spreading the Word!

On November 4 the "Out of the Darkness, Into the Light", suicide prevention event attracted betwen 700 and 1000 people - a fantastic event. Our Al-Anon table had many visitors. We were able to talk with attendees and provide them with literature (CAL). In addition, we visited all the other resource vendors, introduced Al-Anon, and left them with a packet of information. This was an amazing opportunity to share the hope that our program offers, and we had fun doing it!

Thank you Kelly T 💗

We are so grateful to Kelly for her service over the past 2 years as Chair of WAIS. During her tenure our public outreach became even more active, we launched a facebook page (#waisnc), and most recently, a website: www.WilmingtonNCAI-Anon.org. We now supply tri-fold meeting lists to the groups. And of course, there is the 2020 WAIS AI-Anon calendar that we produced and gave to each group.

Finally, WAIS has become more financially and organizationally stable. We transitioned from the answering service to a free Google Voice service. We revised and approved new bylaws, allowing us to serve the groups and the community effectively.

We are on firm ground and ready for the future. So thank you to Kelly, for your generous and loving

service. We're looking forward to working with her as ex officio Chair. If you're looking for a great service opportunity, consider...

WAIS Open Positions

Looking for a few good Al-Anon Members! We have the following service positions available: Chair, Alternate Chair, Teleserve Coordinator, and Archivist. Join us! It's a great way to flex your recovery muscles and give back to the program that has given us all so very much. Please join us!

Service Opportunities at the Treatment Center

If you have at least one year in Al-Anon, you can share your experience, strength, and hope with family members of patients at the Treatment Center for 1 hr on Saturday or Sunday, starting at 1:30. Upcoming Family Days are Nov 16/17, Dec 14/15, Jan 11/12, and Feb 8/9.

Ready for the Holidays?

End of the year holidays can be especially difficult for families and friends of alcoholics. Is your group ready to welcome newcomers? Be sure you're stocked up on meeting lists, phone lists, Newcomer's packets and other CAL. <u>How Al-Anon Works for Friends oand Families of Alcoholics</u> can be an especially helpful CAL for newcomers.

BE SURE YOUR GROUP IS REPRESENTED AT OUR NEXT MEETING:

Wednesday, January 15, 2020, 6:30 pm Wilmington Unitarian Universalist Church 4313 Lake Ave, Wilmington

Treasurer's Report

Our treasury stands at \$1892. We are grateful for your support as we continue to carry the message of help and hope to families and friends of alcoholics.

Please send your group's donations to: WAIS P.O. Box 12706, Wilmington, NC 28405