



# WAIS HAPPENINGS



## The Wilmington Al-Anon Information Services Newsletter - Spring 2020

### Here's an Idea...

WAIS is looking for a couple of people who might be interested in helping us with short term service work for our recovery community. We have identified a couple of projects that could use your assistance. There are some creative projects as well as some internet research that can all be done at your convenience.

If you are finding yourself with a little extra down time and would like to help us with these projects we will be hosting a brief (under 45 minutes) Zoom Meeting on Wednesday, April 29<sup>th</sup> at 5:30pm to review what we have in mind. If you have any interest in exploring some of these opportunities please join us.

The link to the Zoom Meeting is here:  
<https://zoom.us/j/99587329761>

For more information, you can contact Pam (pamelacook99@gmail.com), Dana (buildingbloxxnc@gmail.com), Steven (sslisailor@aol.com), or Kelly (kmtocce@gmail.com).

### A New Meeting for the "Duration"

Are you needing an extra meeting during this stressful time? A new Zoom meeting has started on Saturday nights at 7:00 pm. The meeting ID is 973 428 5244, Password 815474. Join us!

### Local Meetings Have Gone Digital

Several of our meetings have taken advantage of the Zoom account established by WAIS for the duration of our stay at home order. Nine of our local meetings have chosen to "go digital", and a 10th, Saturday night, meeting has started just for the duration of our stay at home order. You can learn more and get the Zoom links on our Facebook page @waisnc, and on our website, [www.wilmingtonncal-anon.org](http://www.wilmingtonncal-anon.org)

### Hope for Today is available as an ebook!

You can find Hope for Today, along with Courage to Change, How Al-Anon Works, and Alateen, Hope for

Children of Alcoholics as ebooks from your favorite ebook provider. In addition, audio book versions of How Al-Anon Works and One Day at a Time and a downloadable version of Having Had a Spiritual Awakening are available from WSO.

### WSO Offers Digital Meetings

If you've ever wondered what it would be like to attend an Al-Anon meeting some place far away (think Australia, for example!) Our Al-Anon World Service Office (WSO) has provided links to digital meetings around the world. Using a variety of platforms from phone in to Zoom or Skype, we have the opportunity to check out meetings around the world. The link is: [https://al-anon.org/al-anon-meetings/electronic-meetings/?utm\\_source=facebook&utm\\_medium=social&utm\\_campaign=corona-virus-2020](https://al-anon.org/al-anon-meetings/electronic-meetings/?utm_source=facebook&utm_medium=social&utm_campaign=corona-virus-2020)

### Treasurer's Report

Our treasury stands at \$2394. We are grateful for your support as we continue to carry the message of help and hope to families and friends of alcoholics.

### BE SURE YOUR GROUP IS REPRESENTED AT OUR NEXT MEETING:

**Wednesday, May 20, 2020, 6:30 pm**  
**Wilmington Unitarian Universalist Church**  
**4313 Lake Ave, Wilmington**

**In the event that we are unable to meet face-to-face, we will meet on Zoom. The link is: <https://zoom.us/j/99610912373>**

Please send your group's donations to: WAIS P.O. Box 12706, Wilmington, NC 28405