

# **WAIS HAPPENINGS**



## The Wilmington Al-Anon Information Services Newsletter - Summer 2022

#### **Alateen Returns to Wilmington**

Alateen is planning to restart in Wilmington In September! To support the Alateen re-launch, a few additional Al-Anon members (male and female) are needed. An Al-Anon Member In Alateen Service (AMIAS) must be present to hold an Alateen meeting. This critical service position provides oversight for a safe forum and guidance to the Alateen members as they take responsibility for the Alateen meeting.

Learn more about this important service opportunity by attending one of the virtual information sessions (Monday, June 27 at 7-8p or Saturday, July 23 from 10-11a). Please contact Rich W (937-470-2983) with questions.

#### **Sunday Afternoon Meeting Restarts**

Get an extra dose of Al-Anon on Sunday afternoons! The Sunday afternoon group that used to meet at the Treatment Center and then at Unity Church has restarted. You can find them every Sunday at 3:00 PM at Masonboro Baptist Church, 1501 Beasley Road, in Wilmington. They're meeting in the Youth Activity Building and you will enter through the red doors. If you get a chance please stop by to support the group and welcome them back.

#### **Special WSO Appeal Letter**

Did you receive a special appeal letter from the Al-Anon World Service Office recently? With the pandemic still keeping many groups remote, contributions and literature sales are not meeting the planned budget. WSO's 2022 deficit was -\$325,749 as of April 30, 2022. Without increased contributions and literature sales, they will need to reduce the services we rely on.

Can you buy one book from the Raleigh Literature Distribution Center (<a href="https://alanonraleigh.com">https://alanonraleigh.com</a>) or the Al-Anon Online Store (<a href="ecomm.al-anon.org">ecomm.al-anon.org</a>) to help reduce the deficit? It is so important that we support our Arms of Service by purchasing literature through WSO or Raleigh LDC and not through Amazon or other non-Al-Anon vendors.

Another way we can help reduce the deficit is by making an additional, personal contribution here: <a href="https://al-anon.org/contributions/">https://al-anon.org/contributions/</a>. Without our help the WSO may need to cut staff even further and reduce the services we rely on. They can't do it without us!

#### **Service Opportunity**

WAIS is in need of a treasurer! This is a straightforward service position and does not require a big time commitment. The position does require a working understanding of the 12 Traditions and a strong commitment to the Al-Anon program. Interested? Please contact us at wilmingtonais@gmail.com

#### **Group Inventory?**

A group inventory, like a personal Step 4 inventory, can help any group grow strengths and address opportunities to improve. Asking "How do we welcome newcomers?" or "How do we provide a healthy space by limiting cross talk, gossip, or criticism?" in a safe and structured way, and then taking action to improve, can help a group stay strong and healthy. Some groups in Wilmington conduct inventories regularly but for others it may be a new practice. WAIS is assembling a package that we will share soon, including sample questions that local groups have used as well as the Al-Anon Guidelines for Group Inventory (G-8a and G-8b). We hope these will be helpful.

### Treasurer's Report

At our last WAIS meeting the treasury was \$3496.92. We have some big public outreach plans for 2022 and are grateful for your support as we continue to carry the message of help and hope to families and friends of alcoholics.

BE SURE YOUR GROUP IS REPRESENTED AT OUR NEXT MEETING:

Wednesday, July 13, 2022, 5:30-6:30 pm

Please send your group's donations to: WAIS P.O. Box 12706, Wilmington, NC 28405



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Zoom ID: 835 3423 2259, passcode 572893