7-Day Tech-Free Challenge for Kids

Day	Tech-Free Activity	Completed?
Monday		( ) Yes ( ) No
Tuesday		( ) Yes ( ) No
Wednesday		( ) Yes ( ) No
Thursday		( ) Yes ( ) No
Friday		( ) Yes ( ) No
Saturday		( ) Yes ( ) No
Sunday		( ) Yes ( ) No

Tip: Color a star or draw your own picture in the 'Completed?' box when you finish your activity! Let your creativity shine without screens!

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