



The Buccaneer Spa 340 Seaview Wellness Menu

Focused Massage Therapy session 50 minutes \$140

Choose your Focus - Relax - Slow flow full body relaxation - Refresh - Neck & Back focused - Rebuild - endurance with a sports focused massage - cross friction - focused on your fitness goals & target areas.

Immunity Massage 50 Minutes \$155

Stimulate your lymphatic system - we apply immune boosting essential oils to help clean and clear your immune system. A light pressure lymphatic massage will be applied.

Gua Sha Stone Massage 50 minutes \$155

Deeper tissue massage without the pressure -Gua Sha stones help to loosen tight and restricted areas gently- this technique also flushes lymph to boost immunity.

Facial Massage Uplift Therapy - 20 minutes \$130

Massage therapy techniques are implemented to uplift facial muscles, lesson tension, stimulate collagen - Gua sha - rose Quartz and a Jade roller help to reduce puffiness and tension.

Express Back Massage - 20 minutes: \$75

Express session. Neck & shoulders are massaged with Gua Sha stones to release tension and muscular restrictions.

Mommy & Me Pregnancy Massage - 50 minutes \$155

Massage for the mom to be! A gentle massage which will require extra support and side lying positions for safe practices. Relax as a light massage helps to relieve back and joint pain. Some contraindications may apply. Massage can be provided between 12 - 36 weeks.

Honey can you rub my back! 50 minutes \$150

Be ready for that big question - learn how to give your partner a back and neck massage! Learn how to find knots and & tension to help each other relax with a 1 to 1 massage lesson. You will each learn some of our basic massage techniques for your own personal "at home" use! Making Beachside Memories that you will take home with you! This is an interactive lesson in massage.



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Stress Buster in Paradise 45 Minutes \$155

A wonderful alternative to a full body massage, this treatment is ideally suited for people with chronic muscular neck and shoulder tension, where stress accumulates. Essential oils calm and balance stress levels within the entire body. We begin with a focused massage to the entire back, neck and shoulders. A detoxification mud pack is applied to the upper back, neck and shoulder area. As this softens and relaxes muscles, tired feet are gently massaged with cooling, soothing crème.

Bamboo Bliss Massage 45 Minutes \$155

This is a wonderful service which incorporates the fusion of bamboo sticks into our massage session. It will enhance relaxation and enable the therapist to work deeper into your muscles...you will feel refreshed as your tension melts away.

Deep Tissue Myotherapy



Deep Tissue Therapy 50 minutes \$160

Myofascial therapy focuses on the deeper layers of your muscles. It can address chronic pain & repetitive muscular patterns as well as old scar tissue from injury. A brief consult, stretching & manual therapy will help you let go and release restrictions. Great for sports pre and post events or the weekend warrior wanting to learn more about staying out of pain patterns provided by our Licensed Physical Therapist.

Deep Tissue Express 20 Minutes \$85

Myofascial therapy focuses on the deeper layers of your muscles. It can address chronic pain & repetitive muscular patterns as well as old scar tissue from injury. Therapy will be straight to the point in our express session.



Integrated Therapy for the Mind, Body & Soul

Mind Body Session 50 min \$145.00

A combination of mindful relaxation, yogic breathing, compression, gentle stretching and aromatherapy allows your mind and body to unwind and promote ease of movement. The practitioner will help you release restrictions to increase flexibility and ease of movement. You can address specific areas of stress and tension.

Customized healing session 60 minutes \$160.00

Our practitioner will combine healing techniques specific to your current needs and wellness goals. A session may include one or more of the following modalities:

Reiki healing session-tuning fork combo. Sound healing combo-guided meditations and visualizations for therapeutics and healing. Acupressure yoga style touch.

Yoga Therapy 60 min \$150.00

Using yoga as a therapeutic lens, welcome to a softer approach to your practice. From the initial consult, assessments, and guidance, yoga therapy is meant to support you to walk away feeling more empowered to meet your responsibilities, and better in your mind, body and heart. All stretches, breath-work and hand-on adjustments are all customized based on your goals, while the coaching/facilitation meets you where you are and give you the tools you need to get from A to B.

An 18% Gratuity will be added to all services. If you wish to leave an additional gratuity with the therapist please do so with cash.





Facials

Stimulator Facial \$150

Especially for rough, dry skin. This facial combines physical and gentle AHA/BHA exfoliation to reveal smoother glowing skin.

Anti-aging Facial \$200

A combination of peptides, stem cell growth factors will leave your skin feeling smooth, tighter & rejuvenated.

Ultra Hydration Treatment Facial \$200

This facial features hyaluronic acid & NaPCA to leave even the most dehydrated skin feeling plump & re-hydrated.

Skin Brightening Treatment Facials \$200

Revive dull, uneven skin with gentle skin brighteners to restore a youthful glow.

Acne Treatment Facial \$200

Reduce inflammation, enlarged pores, oiliness, blackheads & restore balance & healthy lipid barrier.

Dermaplaning \$150

Gently removes dead skin cells & "peach fuzz" for a healthy, youthful glow.

Nice and Easy: \$150

Simply relax have a gentle cleansing facial with Osea Ocean Milk cleansers, deep moisture with the seabiotic water cream provides a weightless moisturizer that delivers up to 72 hours of deep hydration, and white alge mask brightens and nourishes skin. Mineral peptides make skin feel plump while hyaluronic acid draws in water for lasting hydration.

Blemish blaster: \$200

Help dimmish skin blemishes with a deep pore cleans using the Osea cleansing Mudd, our essential corrective serum a non-drying complex to reduce blemish- causing oils and impurities, sea mineral mist balances and soothes, while visibly evening your skin tone, mask and protect with the blemish balm a sheer, fast -absorbing moisturizer that clarifies to promote an even skin tone.

Ultimate luxury: \$220

A customized Osea facial to cater to your skins needs, along with a gua sha massage to promote skin toning and lymphatic flow and topped with a gold mask that helps to reducing inflammation, reduce redness and fine lines, supports collagen production, includes ocean eyes serum.





Lashes & Waxing

Brows & Lashes

Brow Tint	\$70
Lash Tint	\$80
Lash & Brow Tint	\$110
Lash Lift	\$100
Lash Lift and Tint	\$160
Brow Lamination	\$90

Waxing (Featuring hard or soft wax)

Lip	\$30
Brows	\$30
Chin	\$35
Nostrils or Ears	\$25
Neck	\$40
Sideburns	\$40
Underarms	\$55
Arms	\$75
Basic Bikini	\$55
Landing Strip	\$75
Frontal Brazilian	\$90
Full Brazilian	\$105
Lower Legs	\$65
Full Legs	\$100
Back or Chest	\$80
Back and Chest	\$155



Petite Salon Services

***Salon services are located downstairs
from the hotel gift shop.***

By Appointment - when available

Wellness Mani & Pedi services:

Our manicures & pedicures will focus on helping you relieve mind - body stress while caring for your hands and feet. A beautiful end result, with the polish color of your choice.

Signature Pedicure \$95

Nourish and pamper your feet. We integrate a calming foot soak & gua sha stone foot massage. Your feet will look and feel amazing.

Signature Manicure \$65

Calming soak with essential oils. A detailed massage for your hands and forearms. Your hands will feel relaxed and soft.

Hair Services

Woman Cut & Dry \$70

Shampoo, condition cut, dry & style.

Men Cut & Dry \$60

Shampoo, condition cut & dry.

Blow Dry & Style \$50

Bridal / Event Up-Do starts at \$150

Call for pricing and booking event salon services.



Buccaneer Wellness Spa Information

All services are booked by appointment, when available.

If you have purchased a package from the hotel please let us know when booking your services. We need a credit card to schedule & hold all appointments. Services will be charged to card by Peace of St Croix, Massage Academy VI.

Please confirm your dates of stay & room number when booking your services.

There is a 100% late cancellation fee & no-show fee with less than 24 hours notice. We require a credit card for non - hotel guests to hold your appointment or ask you to pre purchase a gift certificate for service.

Please allow 24 hour notice if you must cancel so we can accommodate another guest.

An 18% Gratuity will be added to all services. If you wish to leave an additional gratuity with the therapist please do so with cash.

CLIENT MUST BE 18 years & older.

Treatment times are reserved especially for you. As a courtesy to other guests, late arrivals will only receive their remaining available appointment time.

IMPORTANT DIRECTORY INFORMATION

Massage, facials & waxing will be provided at our Seaside Wellness Room 340

Hair & Nail services are provided at the Petite Salon downstairs from the hotel gift shop.

By appointment only

Directions to Seaside massage & wellness 340 :

From security gate entrance, stay on main road up, over hill toward Mermaid Beach area.

Take 2nd left look for sign on right seaside room 340.

We are along the water line with an amazing view!

Directions to Petite Salon for Hair & Nail services:

From hotel gift shop area- walk down stairs to Petite Salon.

***Enjoy your services to calm your MIND, BODY & SPIRIT
Services, schedules, prices & staff are subject to change without notice.***

Book online at the Buccaneer <https://www.thebuccaneer.com/>

Amenities /spa

Questions - Contact Vicki via Text / Call 570-977-1900