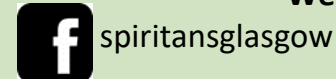


ST COLUMBA'S PARISH
74 HOPEHILL ROAD, G20 7HH
Tel: 0141 332 4530
Email: stcolumba@rcag.org.uk

Parish Priest: Fr Ambrose Ohene C.S.Sp. 07549260379
Fr Thomas Wilberforce C.S.Sp.

Website: stcolumbarc.co.uk



14th Sunday of YEAR A, 05/07/20

READINGS

First Reading—Zechariah 9:9-10

The Lord says this:
 Rejoice heart and soul, daughter of Zion!
 Shout with gladness, daughter of Jerusalem!
 See now, your king comes to you;
 he is victorious, he is triumphant,
 humble and riding on a donkey,
 on a colt, the foal of a donkey.
 He will banish chariots from Ephraim
 and horses from Jerusalem;
 the bow of war will be banished.
 He will proclaim peace for the nations.
 His empire shall stretch from sea to sea,
 from the River to the ends of the earth.

THE WORD OF THE LORD. THANKS BE TO GOD

2ND Reading—Romans 8:9,11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you. So then, my brothers, there is no necessity for us to obey our unspiritual

selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

THE WORD OF THE LORD. THANKS BE TO GOD

GOSPEL—Matthew 11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.

THE GOSPEL OF THE LORD. THANKS BE TO GOD

SHOULDER MY YOK & LEARN FROM ME FOR I AM GENTLE & HUMBLE IN HEART & YOU WILL FIND REST FOR YOUR SOULS.

How do we even begin to do that. We have not emphasized the place of humility enough. Humility is and should be the foundation of everything we do as Christians, otherwise it is just like the empty air—no substance. The saints always exalted the place of humility. If pride was the sin of Lucifer, humility made the Cross and our salvation possible. Anyone who is desirous of pleasing God must be humble because God resists the proud and will always favour the humble—James 4:6. It is also said that the humble man's prayer pierces the heavens—Ecclesiasticus/Sirach 35:17. Humility and love go together. Love without humility is empty show. Humility is the soul of real, selfless love. And that real, selfless love, made possible, made genuine by humility is the greatest of all virtues.

Jesus asks us all to learn from Him this great virtue. See how humble He was: From His throne above to the womb for 9 months, then born in abject poverty, probably became a Carpenter, made friends with the rejects of humanity and people of lowest social standing, had a death reserved for the worst criminals, spat on, insulted. And He did all happily because by it He was saving us.

PARISH CHURCH OPENS 11AM – 1PM SUNDAYS

10AM – 11AM WEEKDAYS

ADORATION CHAPEL OPENS 12 NOON – 3PM DAILY

ADMISSION TO CHAPEL – THROUGH ROTA – BOOKING SYSTEM

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ST COLUMBA'S PARISH/SACRED HEART ADORATION CHAPEL

IF YOU WOULD LIKE TO MAKE A DONATION, PLEASE USE THE DONATION STAND AT THE BACK OF THE CHURCH OR VISIT OUR WEBSITE.

Almighty Father, we wish to commit our parish of St Columba of Iona into Your merciful hands. We want to be a vibrant and flourishing parish formed after your heart, a family of missionary disciples of Jesus where love and service spread out from us to everybody. Touch the hearts of all of us and everybody within our parish to experience once again the power of the risen Christ so that our hearts can be filled with your love, joy, courage, strength and unity. We commit to you, in a special way, the sick, the house-bound, the struggling, even the weary. May Mary our mother be always close to us her children in all our hour of need. We make all these prayers through the merits of Jesus Christ your son. Amen.