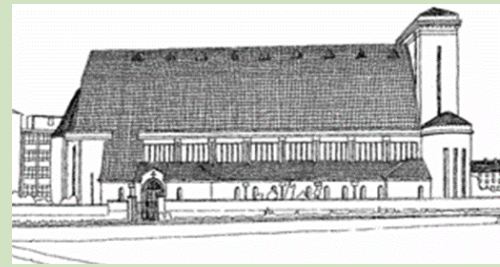


AN ACT OF SPIRITUAL COMMUNION

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You. AMEN



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22nd Sunday of YEAR A, 30/08/20

First Reading—Jeremiah 20:7-9

You have seduced me, Lord, and I have let myself be seduced;
you have overpowered me: you were the stronger.
I am a daily laughing-stock,
everybody's butt.
Each time I speak the word, I have to howl
and proclaim: 'Violence and ruin!'
The word of the Lord has meant for me
insult, derision, all day long.
I used to say, 'I will not think about him,
I will not speak in his name any more.'
Then there seemed to be a fire burning in my heart,
imprisoned in my bones.
The effort to restrain it wearied me,
I could not bear it.

2ND Reading—Romans 12:1-2

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

GOSPEL—Matthew 16:21-27

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to remonstrate with him. ‘Heaven preserve you, Lord;’ he said ‘this must not happen to you.’ But he turned and said to Peter, ‘Get behind me, Satan! You are an obstacle in my path, because the way you think is not God’s way but man’s.’

Then Jesus said to his disciples, ‘If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will a man gain if he wins the whole world and ruins his life? Or what has a man to offer in exchange for his life?’

‘For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.’

THE GOSPEL OF THE LORD. THANKS BE TO GOD

Almighty Father, we wish to commit our parish of St Columba of Iona into Your merciful hands. We want to be a vibrant and flourishing parish formed after your heart, a family of missionary disciples of Jesus where love and service spread out from us to everybody. Touch the hearts of all of us and everybody within our parish to experience once again the power of the risen Christ so that our hearts can be filled with your love, joy, courage, strength and unity. We commit to you, in a special way, the sick, the house-bound, the struggling, even the weary. May Mary our mother be always close to us her children in all our hour of need. We make all these prayers through the merits of Jesus Christ your son. Amen.

NOTICE MASS TIMES

SATURDAY EVENINGS	4:30PM
SUNDAY S	10AM, 12 NOON, 5PM
MONDAYS—FRIDAYS	10AM
SATURDAY MORNINGS	10AM

1. AS PER LEGISLATION, WE CAN TAKE NO MORE THAN 50 PEOPLE FOR MASSES AND NO MORE THAN 20 FOR FUNERALS.
2. WE ARE ADVISED TO RECORD ALL THE NAMES AND CONTACT DETAILS OF ATTENDEES TO BE PASSED ON TO THE NHS IN THE EVENT OF AN OUTBREAK IN THE PARISH. AS PER DATA PROTECTION, IT IS GOING TO BE USED ONLY FOR THE ABOVE PURPOSE.
3. THE CHURCH OPERATES A ONE-WAY SYSTEM FOR NOW, WITH ARROWS, SIGNS AND CORDONED OFFPLACES ESPECIALLY SEATS. PLEASE FOLLOW SIGNS AND DIRECTIONS BY VOLUNTEERS.
4. MASKS ARE TO BE WORN THROUGHOUT YOUR VISIT. WE HAVE SANITISERS AT THE ENTRANCE AND EXIT TO BE USED BY EACH PERSON.
5. IF YOU NEED TO USE VOTIVE CANDLES, THERE IS A VOLUNTEER ON STANDBY READY TO LIGHT ONE FOR YOU ON REQUEST, OR YOU COULD LIGHT IT FROM THE BIG CANDLE.
6. FOR NOW, NO PRIVATE PRAYERS ARE ALLOWED AFTER MASS SINCE CHURCH NEEDS TO BE SANITISED BY VOLUNTEERS BEFORE THE NEXT MASS.
7. 4 WEEKEND MASSES—4:30PM VIGIL, 10AM, 12 NOON AND 5PM. (EACH WITH A MAXIMUM OF 50 PERSONS EXPECTED). A VOLUNTEER WILL BE AT THE DOOR TO ADVISE ON THE NUMBER.
8. ADORATION CHAPEL OPEN FOR PRIVATE PRAYERS EVERYDAY 12 NOON—3PM, EXCEPT SUNDAYS. MAXIMUM ADMITTED—ONE PERSON EXCEPT FOR HOUSEHOLDS. YOU COULD ALSO RING FR AMBROSE AT 07549260379 TO MAKE ANOTHER ARRANGEMENT THAT SUITS YOU BETTER.
9. HOUSEHOLDS ARE ENCOURAGED TO SIT TOGETHER DURING MASS OR PRAYER IN THE BIG CHURCH.