

7th March 2021

3rd Sunday of Lent

Liturgy preparation for 3rd Sunday of Lent

When we come together as Church, we are the Body of Christ, the true Temple. Today, we commit ourselves once more to be his true followers, and unite ourselves as his members.

Lent is the season for self-appraisal, personal and communal, a time to consider whether we have truly been more faithful and wholehearted in our following of Christ.

First Reading (Ex 20:1 12)

On Mount Sinai God delivers to Moses the Ten Commandments, the central commands of the Law. These are the conditions under which Israel is to be God's special People, chosen to be his own and to be close to him.

Second Reading (1 Cor 1:22 25)

Paul explains to the young Christian community at Corinth that the wisdom of the world has no value in God's eyes. Christ is the Power and the Wisdom of God, and God's foolishness is wiser than human wisdom.

Gospel Reading (Jn 2:13 25)

At the opening of his ministry in Jerusalem Jesus purged the Temple. It could no longer be the symbol of God's presence in the world. For the future this was to be the Body of Christ himself.

Forms of Friday Fast and abstinence

The following are suggested as a way of fulfilling Friday fast and abstinence

- Abstaining from meat or some other food
- Abstaining from alcoholic drink or smoking
- Making a special effort at involvement in family prayer
- Making a special effort to participate in Mass on Friday
- Visiting the Blessed Sacrament
- Making the Stations of the Cross
- Fasting from all food for a longer period than usual and perhaps giving what is saved to the needy
- Healing the poor, sick or lonely.

Funeral Mass

Funeral Mass of Paul Spence will take place on Tuesday 9th March at 12pm here in St Columba's

SCIAF Sunday - 14th March

Across Scotland, we're all working together to protect the most vulnerable members of our community from the coronavirus. Our friends, our families and our neighbours. But in this time of need, it's easy to forget the most vulnerable of all - our neighbours around the world who are already living on a knife edge and are looking to us for help.

Next Sunday, the 4th Sunday of Lent, is SCIAF Sunday. It has been a difficult twelve months for all of us, but through the WEE BOX collection & donations, SCIAF has been able to help the poorest people in the world, this year SCIAF's WEE BOX, BIG CHANGE appeal will be going towards reaching out to many vulnerable children with disabilities in South Sudan.

With the support of parishes, SCIAF work in South Sudan will provide a lifeline for children with disabilities and their families. Our support will help adapt schools so that pupils with disabilities can access education and be provided with aids such as wheelchair, ramps, hearing aids and canes as well as healthcare to help them live more independently. For example, £35 could buy a classroom desk so a pupil with disability doesn't have to sit on the floor.

All donations to SCIAF's WEE BOX, BIG CHANGE appeal, made before 11th May, will be doubled by the UK government. Your donations will help SCIAF's life changing work around the world, while match funding from the UK government will provide a lifeline to children with disabilities. Thank you for your continued generosity.

YOUR PRAYERS ARE REQUESTED FOR THE FOLLOWING

RIP: David McBain, Paul Spence

