Almighty Father, we wish to commit our parish of St Columba of lona into Your merciful hands. We want to be a vibrant and flourishing parish formed after your heart, a family of missionary disciples of Jesus where love and service spread out from us to everybody. Touch the hearts of all of us and everybody within our parish to experience once again the power of the risen Christ so that our hearts can be filled with your love, joy, courage, strength and unity. We commit to you, in a special way, the sick, the housebound, the struggling, even the weary. May Mary our mother be always close to us her children in all our hour of need. We make all these prayers through the merits of Jesus Christ your son. Amen.

## AN ACT OF SPIRITUAL COMMUNION

My Jesus,

believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

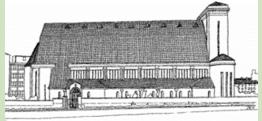
Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there

and unite myself wholly to You.

Never permit me to be separated from You. AMEN



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spiritansglasgow



## TRINITY SUNDAY YEAR A. 7/6/20 **READINGS**

#### 1st reading—Exodus 34:4-6;8-9.

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with him there.

He called on the name of the Lord. The Lord passed before him and proclaimed, 'The Lord, a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness.' And Moses bowed down to the ground at once and worshipped. 'If I have indeed won your favour, Lord,' he said 'let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins, and adopt us as your heritage.

THE WORD OF THE LORD. THANKS BE TO GOD

### 2nd reading—2 Corinthians 13:11-13.

Brothers, we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you.

Greet one another with the holy kiss. All the saints send you greetings.

The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

THE WORD OF THE LORD. THANKS BE TO GOD

#### GOSPEL-JOHN 3:16-18

## God sent his Son so that through him the world might be saved

#### Jesus said to Nicodemus:

'God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life.

For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.

No one who believes in him will be condemned; but whoever refuses to believe is condemned already,

because he has refused to believe in the name of God's only Son.'

#### THE GOSPEL OF THE LORD. THANKS BE TO GOD

# THE GRACE OF OUR LORD JESUS CHRIST, THE LOVE OF GOD AND THE UNITY OF THE HOLY SPIRIT BE WITH YOU ALL.

This is how St Paul blesses the Corinthians in today's second reading. This is also what the priest says everyday at Mass after the Sign of the Cross. this statement is the core of Catholicism and mainline Christianity—that God is three and God is one. Sounds confusing? Not three Gods but three persons in one God. It is a mystery which many Christian thinkers have cracked their brains trying to explain but a 'mystery' is different from a 'problem'. A problem can be fully understood and solved whereas we cannot fully exhaust the deep richness of a mystery—like a bottomless ocean. It is, to use the old word, UNFATHOMABLE. God revealed himself to us in three distinct persons—FATHER, SON and HOLY SPIRIT.—bound in a relationship of love. And unity. Perhaps those words can challenge us to reflect on our own lives— made in the image of the triune God, lives which need to reclaim that original design. We need to reclaim that design because sin has distorted that resemblance of God. And the best way we can do that is to once again become people of loving, compassionate hearts.

#### Memorials, Feasts and SOLEMNITIES

Sunday 14th June	MOST HOLY BODY AND BLOOD OF CHRIST
Saturday 13th June	Memorial of St Anthony of Padua
Thursday 11th June	Memorial of St Barnabas
Tuesday 9th June	Feast of St Columba

**DAILY MASSES:** OFFERED FOR THE INTENTIONS OF PARISHIONERS



PLEASE FEEL FREE TO
CALL THE PARISH AT
ANY TIME IF YOU
FEEL YOU NEED
SOME SPIRITUAL
SUPPORT.

**OFFERINGS** 

WE STILL HAVE A PARISH TO MAINTAIN AND BILLS TO PAY. THEY RE-FUSE TO STAY AT HOME. PLEASE CONSIDER YOUR CONTINUED SUP-PORT OF OUR PARISH DURING THESE DIFFICULT TIMES.

IF YOU WOULD PREFER TO PAY BY CHEQUE, PLEASE MAKE CHEQUE PAYABLE TO ST COLUMBA'S PARISH. IF YOU PREFER TO DONATE THROUGH INTERNET BANKING, PLEASE CALL 07549260379 FOR THE DETAILS. IF YOU WOULD PREFER TO PAY THROUGH OUR FACEBOOK PAGE OR WEBSITE (SEE PAGE ONE FOR LINKS), WE HAVE THE LINKS THERE TOO. THANKS AND MAY GOD BLESS YOU.