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EDUCATION

- M.S. Troy University (Orlando, FL), 2016
Master of Science in Counseling and Psychology
- B.A. Flagler College (St. Augustine, FL), 2013
Bachelor of Arts in Psychology

LICENSES AND CERTIFICATIONS

- North Carolina Board of Licensed Clinical Mental Health Counselors
Licensed Clinical Mental Health Counselor (LCMHC) #14219
- South Carolina Board of Examiners for Counselors, Therapists, and Psycho-Educational Specialists
Licensed Professional Counselor (LPC) #8286
- National Board of Forensic Evaluators
Certified Forensic Mental Health Evaluator (CFMHE) #275

PROFESSIONAL EXPERIENCE

- Alliance Clinical Counseling, PLLC (Waxhaw, NC)
- Owner
 - Licensed Clinical Mental Health Counselor (2021-present)
- Southeast Child & Family Guidance, PLLC (Waxhaw, NC)
- Licensed Clinical Mental Health Counselor (2018-2021)
- South Piedmont Community College (Monroe, NC)
Department of Humanities and Social Sciences
- Adjunct Professor (2019-2021)
- South Carolina Department of Corrections (Kerhsaw, SC)
- Lead Qualified Mental Health Professional (2018)
- Polk County Problem Solving Courts (Bartow, FL)
- Juvenile Drug Court Counselor (2015-2016)
 - Post-Adjudication Drug Court Felony Counselor (2016-2017)
- Psychological Affiliates, Inc. (Winter Park, FL)
- Administrative Assistant (2013-2015)

PROFESSIONAL ORGANIZATIONS

- Licensed Professional Counselors Association of North Carolina 2021-present

TEACHING

- South Piedmont Community College (Monroe, NC)
Department of Humanities and Social Sciences
General Psychology PSY 150 2019-2021

PROFESSIONAL DEVELOPMENT**2023**

National Board of Forensic Evaluators

Testing for Forensic Populations: A Comprehensive Overview and Certification Program (40 CEs)

Phase I: Overview of Forensic Mental Health Testing Instruments, Malingering, and Competency Evaluation (10 hours)

Phase II: Tests for Child Abuse, Sexual Abuse, Substance Abuse, and Custody Evaluations (10 hours)

Phase III: Intelligence and Adaptive Behavior Tests (10 hours)

Phase IV: Risk Assessment, Anger, Psychopathy, and Sexual Violence (10 hours)

Sound Preparation to Avoid Disqualification as an Expert Witness (2 hours)

Business Practices of Forensic Mental Health Evaluation (4 hours)

A “Bad” Witness vs. A “Good” Witness: A Judge’s Perspective (2 hours)

Licensed Professional Counselors Association of North Carolina

Self-Care through the Lens of Polyvagal Theory (1 hour)

2022

Licensed Professional Counselors Association of North Carolina

Becoming Comfortable When working with Sexual Assault (1 hours)

Bi-Annual Advocacy Day Training (2 hours)

Covert Emotional Abuse: You Are Not Crazy (1 hours)

COVID-19: The Clinician's Experience Two Years Later (1 hours)

Introduction to Forensic Mental Health Evaluation (1 hours)

Neurodevelopmental Disorders: ADHD, ASD, and Giftedness (1 hours)

Supporting Religious Nonbelievers (1 hours)

National Board of Forensic Evaluators

How to Use Free Online Assessment Measures for Mental Health Evaluations (1 hours)

2022 NBFEE-LPCANC Certification Workshop (8 hours)

Parenting in the Age of Digital Adversity (2 hours)

DSM-5-TR: What Mental Health Professionals Should Know About the New Edition - (2 hours)

SimplePractice Learning

Advanced PTSD Case Conceptualization (1.5 hours)

Professional Wills (1 hours)

Ethics: Self-Disclosure in Therapy (1.5 hours)

Zur Institute

Internal Family Systems: Theory and Applications (3 hours)

North Carolina Area Health Education Centers

Resilience: Movie Screening and Discussion (1.5 hours)

2021

North Carolina Area Health Education Centers

Digital Literacy Series: Screens and Teens: What Do We Know and What Can We Do? – (4 hours)

Empowering Wellness in Recovery: Applied Neuroscience in Psychotherapy (6 hours)
Ethics: Revamped, Revived and Energized (4 hours)
Storybook Skin: The Addiction to Self-Injury (4 hours)

2020

NetCE

Posttraumatic Stress Disorder (6 hours)
Ethics for Counselors (6 hours)
Behavioral Addictions (6 hours)
Borderline Personality Disorder (6 hours)
Anxiety Disorders (6.5 hours)

2017

Polk County Problem Solving Courts; Tenth Judicial Circuit of Florida

Advanced Emotional Regulatory Healing (1 hours)
Basic 101-NA, AA, and 12 Steps (1 hours)
Compassion Fatigue x2 (2.25 hours total)
Drugs of Abuse x2 (2 hours total)
Forensic Lab Logistics (1 hours)
Increased Levels of Care/Community Resources (1 hours)
Universal Precautions (1 hours)
Work Place Violence and Crisis Management (.5 hours)
Accelerated Resolution Therapy (ART) (3 hours)
Community Resources (1 hours)
Incident Reporting, Grievances, & Bomb Threats (1 hours)
DCF- Mandated Reporter Training (1 hours)
Inpatient Services (1 hours)
Narcan Training (.75 hours)

Prepare/Enrich

Prepare/Enrich Facilitator Certification (6 hours)

National Council for Community Behavioral Healthcare

Mental Health First Aid USA (7.5 hours)

2016

Correctional Counseling, Inc.

Moral Reconciliation Therapy (32 hours)

Polk County Problem Solving Courts; Tenth Judicial Circuit of Florida

DCF- Mandated Reporter Training (2 hours)
Medication Assisted Treatment (1 hours)