

The Silhouette

May 2020 Newsletter of CAMEO Quilters Guild

Vol. 26 No. 10



Raffle Ticket stubs & money due to Linda Watkins before May 30. Call her first, don't just mail the cash!

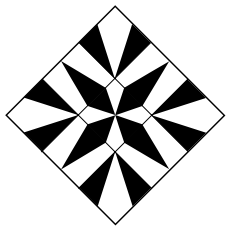


Long-time CAMEO member

Shirley G.

passed away due to the effects of Covid-19. The guild has made a donation in her memory to the Woodside Bible Church "Mourning 2 Joy" support group of which Shirley was a member.

Shirley was a wonderful quiltmaker and her many CAMEO friends miss her dearly. Our deepest sympathies go out to Shirley's family and friends.



A Message from the President Sharon Cratsenburg

CAMEO Members: I hope this newsletter is finding everyone safe and healthy during this critical time. I would like to wish all mothers a very Happy Mother's Day. Please enjoy your day even though it may be celebrated differently this year.

To safeguard the health of our members and to follow the governor's stay-at-home order until the end of May, **the meetings for the rest of this guild year are cancelled.** Although we all enjoy getting together and celebrating the end of our year with a potluck, the health and well-being of everyone is our foremost concern. I truly missed the speakers we were going to have, our retreat and our quilt show but safety is our main concern.

The good news is that we can all look forward to the 2021 Quilt Show and will have more time to finish our quilts! If you have submitted quilt entries for the 2020 show, we will keep your quilt registrations for next year unless you tell us differently. **Remember to get your raffle tickets to Linda Watkins as soon as possible. The 2020 Raffle drawing is May 30.**

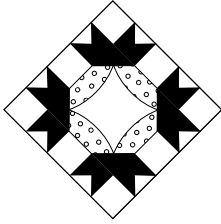
Enjoy the spring flowers, sunshine and the sewing time you have. Please take care of yourself and if you need a friend, give a member a call. She might need you, too!

Quilt-Alongs currently underway

1. Bonnie Hunter's Unity Quilt Along. Not quite a mystery, but a "Round Robin" with each round revealed weekly. Now in Week 6, but you could catch up or download the instructions to sew at a later time. Visit: www.quiltville.com
2. Pat Sloan has many quilt alongs going at once, you can jump in at any time. Currently there is a May Challenge and she has a daily video blog with tutorials to keep quilters from feeling isolated. Check out: www.ilovetomakequilts.com.
3. Lori Holt's "Bee In My Bonnet" Sew Alongs on Facebook. "Farm Girl Vintage 2" and "The Vintage Housewife" sew alongs are current, but a Patriotic Sew Along will start in June. Lots of hand stitching for your virtual sit n stitch group!
FatQuarterShop.com links you to the Youtube tutorial videos and sells fabric & supplies, but you can always use your own stash!

Membership

Laurie Johnson
VP, Membership



CAMEO has six members renewed for the 2020-21 guild year as of May 10. Your dues will help pay our essentials: church rental, insurance, and fees to the State of Michigan. We plan to hold meetings next guild year and there are many good ideas being developed!

Hearts & Hugs

A Heart N Hug was recently mailed to Kathy Debien.

Programs & Workshops

Jean Schlegelmann
VP, Scheduler for 2020-2021 guild year

CAMEO's programs for next year have had to change. The world has had to make a lot of changes because of the Coronavirus and those changes needed to be made quickly. The way we do business and the way we come together socially will have to change, too.

As a group, we have not been able to meet or gather since February 2020 and we had to cancel our quilt show scheduled for May 29 and 30, 2020. The show is a major fundraiser for us to keep us operating. We had to revise our program schedule due to the budget and the uncertainty.

But don't worry - we have some fun ideas planned to keep the group interesting! If you have any ideas you feel strongly about, don't hesitate to share them with us. Once we get the ok to start meeting again, you will hear about them in the newsletter before our meeting. So be sure and read ahead so you will be ready to participate.



Quilt Museum Websites

Shelburne Museum
online exhibitions:

www.shelburnemuseum.org

Iowa Quilt Museum Virtual tours:

www.iowaquiltmuseum.org/news/

or click the tab for Iowa QuiltScape

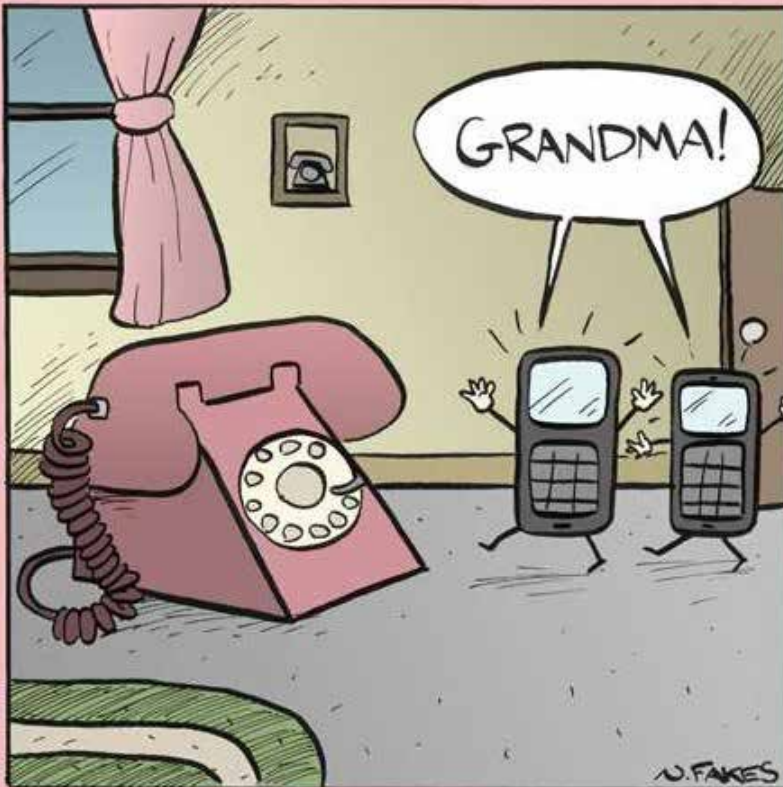
Free Patterns to download:

www.byannie.com/petit-four-baskets

www.byannie.com/piecekeeper

www.byannie.com/easy-does-it

Hope you had a wonderful Mother's Day!



**Cameo Board Virtual Meeting
April 29, 2020 at 7:30pm Minutes**

This was a virtual meeting with president Sharon Cratsenburg, present were Darlene Baer, Pat Baldauf, Ann Bonnelly, Jackie Considine, Linda Griffin, Judy Murray, Jan Recinos and Jean Schlegelmann.

Minutes were approved and placed on file

President Sharon Crastenberg

Memorial. Usually when a member dies, flowers are purchased from the Guild. Due to the pandemic this was not possible when Shirley Gugan passed on April 15. It was proposed to send \$100 to the Woodside Bible Church-Mourning 2 Joy. Motion passed.

May Meeting Cancelled. As suggested by the church, Sharon will book all forthcoming meetings with Clawson United Methodist Church and there will be no penalty if they have to be cancelled due to pandemic. She will book the Saturdays after meeting for open sew.

Raffle. Please continue to sell raffle tickets, you can get more books from Linda Watkins. Then please get money and stubs to Linda Watkins. We received a nice boost when Alan Martens, for whom the face shields were made, bought \$100 worth of tickets. Drawing will be held May 30 details to be determined.

Retreat Bear Lake. Date, October 30-November 1 is still held open for us, but no confirmation or deposit has been given. They would like us to send menu to them so that costs may be calculated. The retreat for Bear Lake is pending the conditions and stipulations by the governor regarding isolation for the COVID19 virus.

Colombiere. All refunds have been sent out. Please cash checks as soon as possible.

VP Faciliator Jan Recinos. May speaker is cancelled. Jan is also a member of Brighton Guild and they are having a virtual meeting with a speaker. She asked if our Guild would be interested in doing something similar. She will report back after she has attended their meeting.

VP Scheduling Jean Schlegmann. All speakers in discussion have been dropped except the Laura Heine speaker but she seems to be only available in April when we will have so much going on-Quilt Show& Retreat-or January or February. Jean has many ideas for programs using our own talent which she will elaborate on in the Newsletter.

Treasurer Jackie Considine. Refunds have been made to Members for Retreat and to Vendors and Ads for Quilt Show. This leaves very little in Cameo accounts, in fact once we pay for church rental and insurances we will be almost empty. No one anticipated that it would be 4 years between Quilt Shows which is our fund raiser. Four membership renewals have been received for 2020/2021. We had a new member join at the February meeting and have not had a meeting since so, it was proposed that her dues should be carried over for the coming year.

Newsletter All articles to Laurie by May 6.

Next meeting May 6, at 7pm

Respectfully submitted

Ann Bonnelly

NOTES:

6 tablespoons of olive oil was too much; next time, I would use 4 T.

I did not have all the spices, so I used "Aunt Jane's Crazy Mixed Up Salt" only.

I also omitted the cheese. This recipe would work without the sausage, too!

recipe submitted by Laurie Johnson

One Pan Healthy Sausage and Veggies



Roasted garlic-parmesan veggies with sausage and herbs all made and cooked on one pan. 10 minutes prep, easy clean-up!

Course	Dinner
Keyword	One Pan Healthy
Prep Time	10 minutes
Cook Time	30 minutes
Total Time	40 minutes
Servings	4 if served with rice/quinoa
Author	Chelsea

Ingredients

- 2 cups (~1 small) red potato
- 3/4th pound green beans
- 1 large head of broccoli (~ 1 and 1/2 cups)
- 1 and 1/2 cups chopped bell peppers 2 large or 6-7 mini sweet bell peppers
- 9 ounces smoked sausage I use turkey or chicken, not ground sausage
- 6 tablespoons olive oil
- 1/4 teaspoon red pepper flakes optional
- 1 teaspoon paprika
- 1/2 teaspoon garlic powder
- 1 tablespoon dried oregano
- 1 tablespoon dried parsley
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- Serve with: fresh parsley, quinoa/rice, lots of freshly grated Parmesan cheese

Instructions

1. Preheat the oven to 400 degrees F.
2. Line a large sheet pan with foil or parchment paper.
3. Prep the veggies: chop the red potatoes (pretty small pieces here so they will be tender in time), trim the green beans and halve (see video above recipe), chop the broccoli, chop the peppers into thick squares, and coin the sausage in thick slices.
4. Place all the veggies and sausage on a sheet pan. Pour the olive oil and all the spices on top. Toss to evenly coat all the veggies and meat. (I use this [15x21 inch sheet pan](#))
5. Bake 15 minutes, remove from the oven and flip/stir all the veggies around. Return to the oven and bake for another 10-15 minutes or until vegetables are crisp tender and sausage is browned.
6. If desired, sprinkle freshly grated Parmesan cheese over the veggies and sausage as soon as they come out of the oven.
7. Enjoy with rice or quinoa and fresh parsley if desired.

Stay At Home SHOW N TELL



Cheryl C's "Granny's Garden" with 1930s fabrics.
Lori Holt pattern.



Judy M finished this wall hanging for her church.



Darlene B



Darlene B

Stay At Home SHOW N TELL



Cindy M's "Stack N Whack" quilt



Judy M won a pattern from "Grateful for Peace + Joy" and made this sewing machine cover.



Baby quilt made by Laurie J from different Lori Holt "Farm Girl" blocks.

Donna B's quilt inspector approves!

