

The Silhouette

October 2019 Newsletter of CAMEO Quilters Guild

Vol. 26 No. 3

October 17, 7pm

RUTH ANN BERRY TRUNK SHOW

October 19, 9am-3pm Workshop: 3D ISOMETRIC QUILTS

We are excited to present our October speaker (representing the "Fall Season"), Ruth Ann Berry. She is the author of "Bargello Quilts in Motion", C&T Pub 2014, "Braided Bargello", C&T Pub 2017, "Simplified 3D Quilts" Self Pub 2017, and "Stunning 3D Quilts", C&T Pub (July 2020 release) and over 50 quilt patterns available at major distributors. She owns and operates a small town quilt shop, studio and online store, "The Quilter's Clinic" and travels extensively to exhibit and teach at guilds and festivals.

Ruth Ann will be leading a **workshop on the 3D Isometric quilt pattern**. There are still openings to take the workshop, so please send your completed form in with payment for the workshop. Workshop cost for guild members is \$45. Ruth Ann will bring extra patterns, kits and rulers for purchase at the Thursday night meeting. The materials list will be sent out when payment is received. You may use her kit or your own fabric for the workshop. Kits prices start at \$20 for a table runner, prices increase as the size of the project increases. Patterns available at www.quiltersclinic.com.



A workshop registration may be downloaded from our website



A Message from the President Sharon Cratsenburg

Fall is in the air. The leaves are turning and fireplaces are starting to glow to keep the chill off. It's a great time to grab a cup of coffee or tea and sit and hand sew. Big projects become smaller if you take at least an hour a day to sew some stitches. In no time the project is complete. This is a great time to contribute something for the charity committee. A small quilt will take no time to complete. Also, kits are available at the charity table. Don't forget bags for Haven are due by the November meeting.

Ruth Ann Berry will be our speaker at the October 17th guild meeting. Send your check to Jan Recinos if you still would like to take the workshop on Saturday, October 19.

Thank you to the Board members who helped put together the September Tea. Our speaker was very knowledgeable and the tea treats were fantastic.

Enjoy the fall weather. If you want to take an exciting Halloween walk, drive out by me in Romeo and take a walk down Tillson Street. It's very haunting!



The Fabulous Finds table will be open at the October meeting. Please thank Cheryl Cawley for volunteering to take the leftovers to the Salvation Army each month.



Hearts & Hugs

The **Hearts 'n Hugs Committee** mails small quilt blocks to our members who need encouragement and support. If you know of any member who could use a "hug" from CAMEO, below are the members who will each serve a 3-month term (covering a calendar year).

Susan Larson - current
Donna Brokenshire
Loreen Garrison
Kay Hartwell

Groups are good for your brain

Whether it's a book club, quilt guild, or singing in the choir, being connected can lead to better cognition. There's growing evidence that taking part in group activities benefits brain health because these experiences involve socializing and provide a sense of belonging. Involvement in a variety of social groups also offers opportunities to receive emotional support, as well as give it to others.

Membership

Laurie Johnson
VP, Membership

The guild **rosters will be distributed at the October meeting**, so please pick yours up at the Membership table when you sign in. The photos look wonderful. Many thanks to Cindy May, Henya Rachmiel, Rosemary Spatafora and Linda Watkins for submitting photos and listings for our directory.



CAMEO currently has 49 members, 46 of whom are active members. **Four new members joined in September**, so please welcome them to CAMEO!

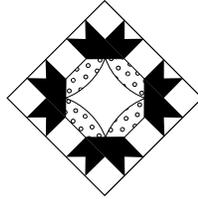
Kay Hartwell

serving on Hearts N Hugs Committee

Louise McCormick-Glazier
returning as an Associate - Charter member

Dianna McCracken
serving on Charity Day Committee

Lynda Wolf
serving on Hospitality Committee



Hospitality

submitted by Carol J. Fetsco

Many thanks to CAMEO's Officers who provided us with goodies that filled our Hospitality Table for a delightful tea experience last month.

This guild year we will continue inviting members who have birthdays during a meeting month to bring in the treats to that meeting. We will invite members with Summer birthdays to also bring in treats when there are fewer actual birthdays in a meeting month.

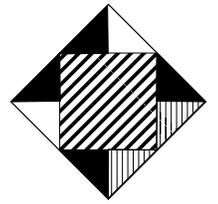
Any member's contribution to the Hospitality Table will always be welcome in any meeting month.

Of course, no one is required to contribute.

The October birthdays are:

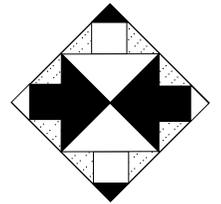
Kathy D.
Donna B.
Louise M.-G.
Pat C.-M.

The **July birthdays invited to contribute are Carole G., Janeen S., and Sandra P.**



Charity

Linda Wallace



At the September meeting, we voted on the charities CAMEO will support this year: Miracle Quilts, Haven, the CUMC Layette Program, and Smiles for Ryan.

We will be starting with Haven. For those of you who are new to the guild, Haven is a home for abused women and children. Each year we make bags and fill them with various purchased items. (A list will be at the Charity table for you to take). You can buy for a woman, toddler, young girl, or young boy. Going to the dollar store is very helpful. When you come to the table, you will find that some bags are already made and some need to be made (they are easy to do). All bags need to be filled. You do not wrap anything. You just place everything in the bag then return the bags at the November meeting. Please keep a record of how much you spent.

Some Ideas:

Toiletries: Body wash, lotion, shampoo, conditioner, etc.
Games: board games, card games, puzzles, etc.
Toys: dolls, action figures.
Books, coloring books and crayons, word search, etc.
Clothing: socks, mitten, gloves, scarfs

Please, do NOT give us sample sizes of shampoo, conditioner and body lotion.

We hope to see you at the Charity table!

Deadline for the November Silhouette is November 6.

Keep reading for "Slip of the Keyboard."



"CHARITY BEGINS AT HOME" CHALLENGE RULES

You may submit to the Charity Committee:

Any quilt with a minimum size of 36" x 36" or
Two knitted or crochet baby quilts or
10 pillowcases

ALL MATERIAL MUST BE YOURS. QUILTING MUST BE DONE BY YOU, A FRIEND OR BY CHECK!!! YOU MAY NOT ASK OUR PROFESSIONAL QUILTERS TO QUILT IT FOR FREE.

The drawing will be at the APRIL meeting. Your name will be put into the drawing for each item you donate. When you turn in your item, be sure you inform the person at the Charity table that your donation is for "Charity Begins at Home." **First Place will be 20 Fat Quarters.**

Programs & Workshops

Jan Recinos
VP, Facilitator



Lecture & Trunk Show: November 21, 7pm

SIMPLY SASHIKO!

Presented by Mary DeRay

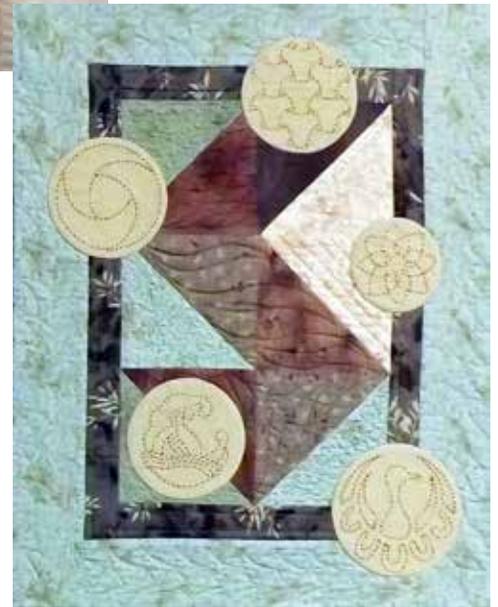
Workshop: Saturday, November 23, 9am-3pm

A workshop registration may be downloaded from our website

Our November presenter will be speaking on the Japanese sashiko hand stitching technique.

Mary DeRay of Oakwood, IL wants us to delight in a journey back to handwork with calming and meditative qualities. Japanese sashiko stitching has a very long history dating back to the 17th century. It is the simplest of utility mending stitches. Mary's desire to share this form of textile art led her to teach the process. This class is open and the forms are at www.cameoquilters.org (and included in this newsletter). Guild Member workshop fee: \$45, kits are \$30 or \$50 depending on the size of the project.

We welcome Mary to Michigan!



CAMEO's Upcoming Programs and Workshops

- | | |
|------------------|---|
| October 17, 2019 | Ruth Ann Berry Trunk Show |
| October 19 | Ruth Ann Berry Workshop - 3D Isometric Quilts |
| November 21 | Mary DeRay Trunk Show - Simply Sashiko! |
| November 23 | Mary DeRay Workshop - Sashiko! |
| December 19 | Holiday Potluck (members only) |
| January 16, 2020 | Nancy Kloster Trunk Show |
| January 18 | Nancy Kloster Workshop - Quiltworx Scandinavian Snowflake |
| February 20 | Whistle Stop |
| February 22 | Charity Day Sewing |
| March 19 | Nancy McNally Trunk Show |
| March 21 | National Quilting Day Open Sew |
| April 16 | Ginger Mangie Trunk Show |
| April 18 | Ginger Mangie Workshop - Embellish With Relish |
| May 21 | CAMEO Trunk Show |
| May 23 | Open Sew |
| May 29-30 | CAMEO Quilt Guild Our Jubilee Quilt Show" |
| June 18 | Annual Meeting & Potluck (members only) |



Quilters Calendar

submitted by Ann Bonelli

October 7, 2019, 7pm

Macomb County Quilt Guild

Dianne Springer Lecture and Trunk Show
Workshop Oct. 8, 8am-5pm "Quilt on a Chair"
Trinity Lutheran Church
38900 Harper, Clinton Twp.
www.macombcountyquiltguild.org

October 8-9, 9:30am

Needlework and Textile Guild of Michigan

Najma Ma'at - Lecture: "My Fiber Art Journey"
1½ day workshop, "Fiber Collage"
St. Stephen Episcopal Church
5500 N. Adams Rd., Troy
www.ntgm.org

October 10, 2019, 7pm

Great Lakes Heritage Quilt Guild

Cassandra Beaver - Lecture, "Pleasing Plaids"
Nov. 15 Workshop: Dimensional Thread Painting
Birmingham Unitarian Church
38651 Woodward, Bloomfield Hills
www.glhq.org

October 10-12

Michigan Fiber Arts and Quilters Convention

Blue Water Convention Center, Port Huron
<https://mfaaqc.home.blog/>

October 10-12

Greater Flint Arts Council Flint Festival of Quilts

Six locations. www.festivalnet.com

October 11-12, 10am-4pm

Festival of Quilts

Dearborn United Methodist Church
22124 Garrison, Dearborn. 48124.
313-563-5200
www.dearbornfirstumc.org/quilt-show

October 15, 2019, 7pm

Quilt Guild of Metro Detroit

Cheryl Lynch – Lecture, "Turning Travel into Treasure"

10/16 Workshop – Mini Mosaic
Redeemer United Methodist Church
20633 Vernier R., Harper Woods.
www.qgmd.org

October 17, 7pm

Capitol City Quilt Guild

Lecture - Gudrun Erla GE Designs

First Presbyterian Church, Lansing.
Oct. 18 & 19 Workshop 9am-4pm
Country Stitches, East Lansing
2200 Coolidge Rd. 48823.
517-351-2416
www.capitolcityquiltguild.org

October 28, 7pm

Jackson Quilt Guild

Mary Hogan - Lecture, "Hexagon Quilts:
New Construction and Design"
10/29 Workshop: Super Stars
3225 Fourth St., Jackson.
www.piecesandpatchesquiltguild.org

November 7, 7pm

Oakland County Quilt Guild

Lynn Harris: Lecture, "Do It for the Process"
First Congregational Church
1315 N. Pine St., Rochester
www.oaklandcountyquiltguild.com

How to get free admission to The Novi Expo:

VOLUNTEER!

Darlene Baer and I have reserved a booth at the **Novi Sewing & Quilt Expo on November 14, 15 and 16**. She and I will be selling raffle tickets for our quilt show quilts.

Our agreement with the Expo requires that first: we man the booth for the entire show (10-6 on Thursday and Friday, 10-5 on Saturday), and second: that we ask our CAMEO members to volunteer at the Expo. Those volunteer jobs involve collecting tickets and handing out wristbands or helping in the classrooms. *Admission is free for the day for expo volunteers.*

The CAMEO booth will be manned, but if you are able to volunteer at the Expo itself, please contact Judy Murray or Darlene Baer.

When you visit the Expo and have some time (or would like to sit down for a while), **stop by the booth to give us a break!**

Judy Murray

Watch Out for the Slip of the Keyboard!

It's back... and you never know where it will strike!

The Silhouette is a source of important information for our guild members. To encourage members to read the entire newsletter, the Editor gets to bury a silly statement somewhere in each newsletter. Members who find the Slip of the Keyboard will write it on a slip of paper at each monthly meeting and be entered into a drawing for a fabulous quilting prize! So, if you come across something that's not quite right, doesn't make sense or just doesn't fit - you've found it! Good luck and happy hunting!

A Fascinating Meeting - September, 2019

The September program: "Tea Etiquette Talk" with Barbara Gulley, was enjoyed by all. Thanks go to the Executive Board for a worthy repast. The room was colorful and the participants were as well, with their beautiful china tea cups and fascinators!

Could this become a new CAMEO "Welcome Back" tradition?

submitted by Jan Recinos

If anyone could share the recipe for the Butter Muffins, we have had requests to put it in the newsletter. Thanks in advance!



President Sharon Cratsenburg introduces the 2019-2020 Executive Board. L to R: Jan Recinos, Laurie Johnson, Darlene Baer, Sharon, Pat Baldauf, Judy Murray, Kathy Debien, Jean Schlegelmann, Linda Griffin and Jackie Considine.



Lucy Lesperance wearing her fascinator!



Carol Herzberg and a close-up of her intricate fascinator

CAMEO's Teapot Quilt



Some of the food offerings at the Tea Table



Kathy Debien stylin' in her fascinator

10 Tips to Get the Perfect 1/4" Seam

from American Patchwork & Quilting

1. Check Your Stitching

Cut three 1-1/2"-wide strips of fabric. Join two of the strips using a 1/4" seam; then add the third strip with another 1/4" seam. Press the seams away from the center strip. Turn patchwork to the right side of the fabric and measure the center strip. It should measure exactly 1" wide. Reset your seam guide as necessary.

You can also check the width of a machine's presser foot by sewing a sample seam with the raw fabric edges aligned with the right of the machine's presser foot. Measure the seam allowance using a quilting ruler. (Alternatively, sew along a piece of graph paper with a 1/4" grid or an index card with lines 1/4" apart to check if your seams are accurate.)

2. Adjust the Needle Position

Needles on many machines move right or left. Sew sample seams and check each seam size as you move the needle in small increments. Jot down the needle position for each seam size so you can quickly set it as needed. When sewing, watch the guide and not the needle.

3. Change the Throat Plate

The start of a 1/4" seam is cleaner with a single-hole throat plate; threads and fabric won't sink into the hole. Be sure to change the plate before you zigzag-stitch, or the needle will break.

4. Start and End Seams with a Fabric Scrap

To prevent a patchwork seam from puckering or having incomplete stitches at the beginning or end of a seam, use a small piece of fabric to begin and end your seam. Feed the small scrap in first, then the patchwork fabrics, followed by another small scrap. Snip off the stitched scraps.

5. Purchase a Specialty Foot

A 1/4" presser foot, whether it's generic or made just for your machine, takes much of the guesswork out of sewing 1/4" seams. Run the edge of the fabric along the right-hand edge of the foot as you sew. Measure the seam before beginning each project. Some specialty feet have an attached edge guide, above, that prevents you from stitching a too-wide seam.

6. Choose a Seam Guide

Most sewing machine companies offer an easily positioned, screw-in seam guide attachment that provides an edge for the fabric to slide along. Magnetic guides, used on noncomputerized machines, also are available. You can fashion your own guide from a strip of painter's tape, masking tape, or adhesive moleskin. To set a guide, lower the needle, place a ruler or 1/4" graph paper against the front or back of the needle, and position the guide along the 1/4" line.

7. Pinning Is the Secret

When you want the seam lines in patchwork pieces to line up perfectly, first pin the pieces together with extra-fine pins. With right sides together, pin one piece to another unit, aligning raw edges. Match seams by pushing a pin through both layers to check alignment.

8. Press For Success

In quilting, almost every seam needs to be pressed before the piece is sewn to another. Pressing the seams ensures accurate piecing. The direction you press is important in piecing and usually will be specified in the instructions. When in doubt, press seam allowances toward the darker fabric. You'll usually press the entire seam allowance to one side rather than open.

When two seams will be joined, press the seam allowances in opposite directions; this helps line up seams perfectly and reduces bulk. Press seam allowances in each row in opposite directions so they abut when rows are joined.

Press, don't iron: Don't know the difference? Ironing involves moving the iron while it is in contact with the fabric; this stretches and distorts seams. Sometimes, I open my mouth and my mother comes out. Pressing means lifting the iron off the surface of the fabric and putting it back down in another location.

Setting a seam: Before pressing a seam open or to one side, press the seam as it was sewn, without opening up the fabric pieces. This helps sink the stitches into the fabric, leaving you with a less bulky seam allowance.

9. Joining Pieces, Blocks, and Rows

Precise 1/4" seams allow you to join units, blocks, and rows with ease. Use exact 1/4" seam allowances throughout a quilt's construction. With the number of seams in a quilt top, little variances can quickly multiply.

It isn't necessary to backstitch at the beginning of any seam that will be intersected by another seam later in the quilt making process. Use a stitch length of 10 to 12 stitches per inch (2.0- to 2.5-mm setting) to prevent the stitches from unraveling before they're stitched over again. Secure seams that won't be sewn across again (such as those in borders) with a few backstitches..

On the sewing machine, squares and triangles in blocks should be sewn together from edge to edge. Save time and thread by chain piecing whenever possible. To chain-piece, feed the pieces under the machine needle. Don't lift the foot or clip the thread. Short lengths of thread will link the stitched patches. Cut them apart when you've finished sewing the units.

10. Sewing-Machine Troubleshooting Tips

While it's a good idea to take your machine to a dealer regularly for a tune-up, here are a few fixes for common problems.

Bad stitch quality: Before making any other adjustment, lift the machine's presser foot and rethread the machine.

Skipping or uneven stitches: Try replacing the needle with a new one. Although some quilters only change a needle when it breaks, a smarter rule of thumb is to insert a fresh needle at the start of every project (or every 8 hours of sewing).

Thread breaking: If you're using old thread, try a new spool; old thread can become brittle and lose elasticity.

submitted by Pat Baldauf

**CAMEO QUILTERS GUILD MEETING MINUTES
SEPTEMBER 19, 2019
CLAWSON UNITED METHODIST CHURCH**

President Sharon Cratsenburg called meeting to order at 7:00 pm. Welcome and Pledge of Allegiance. Treats and tea provided by Board members were offered.

Member-at-large Judy Murray introduced speaker Barbara Gulley who presented "Tea and Etiquette."

Hospitality break at 8:05, meeting resumed at 8:15 pm. Minutes from June, 2019 guild meeting were accepted and placed on file.

Announcements: former member Vera Miles diagnosed with leukemia.

CAMEO year end donations: Donation of \$100 each will be made to each of the following:
Clawson United Methodist Church, Lions Bear Lake Camp and Miracle Quilts.

Charity: Linda Wallace announced that Haven bags are ready to pick up; filled bags due back at the November meeting. This year's charities are: Haven, CUMC Layette Program, Miracle Quilts and Smiles for Ryan (pillow-cases). "Charity Begins at Home" challenge will continue again. Participants will use their own fabric and batting and are solely responsible for finishing quilt(s) (including quilting & binding). Participants cannot expect free quilting services from guild longarmers for this challenge. Smallest size accepted will be 36" x 36". Dollar value needed when quilt(s) turned in. Names will be placed in a drawing to win prize.

Audit Committee: Report completed. Recommended that more detail be made on expenditures. Treasurer should deposit checks as soon as possible. Audit report filed.

VP Facilitator: Jan Recinos displayed programs for the year. Announced "Founders' Day" in May - veteran guild members will present trunk show of quilts.

Membership: Laurie Johnson stated that 47 members were enrolled as of this announcement with two visitors ready to join. Introduced new members Lynda Wolf and Louise McCormick-Glazer along with visitors Kay Hartwell and Dianna McCracken.

Quilt Show: Both Raffle quilts were revealed: "Treasured Keepsakes" (1930s style) and "50 Shades of Blue" (contemporary style).

Retreat: Columbiere is reserved for Spring Retreat April 2-5, 2020. A possible Fall Retreat 2020 at Bear Lake Camp is being explored by ad hoc committee if we can get 30 people interested in attending.

Barbara Lusk announced that "Festival of Quilts" is accepting quilt submissions for show at Dearborn United Methodist Church Oct. 11-12, 2019. Barb and Henya Rachmiel are organizing a CAMEO group entry and will deliver quilts to show. Submission form online or in August Silhouette. Good way to advertise our own quilt show and guild.

Round Robin: Henya Rachmiel is organizing. This year's will be 12-1/2" unfinished blocks organized as a "Square" Robin. Participants can begin in October.

Show `n Tell

Meeting adjourned at 8:55 pm.

Respectfully submitted by Kathy Debien for Ann Bonnelly.

**Cameo Board Meeting
September 25, 2019
Minutes**

Meeting was held at Clawson United Methodist Church, with Jan Recinos hosting. President Sharon Cratsenburg called the meeting to order at 7:10 pm. Present were: Pat Baldauf, Ann Bonnelli, Darlene Baer, Jackie Considine, Kathy Debien, Linda Griffin, Laurie Johnson, Judy Murray, Jan Recinos, Jean Schlegelmann

President Sharon Cratsenburg August Board Meeting Minutes were approved.

Liaisons were reviewed and responsibilities discussed. Basically keep in touch with your committee chairs and keep them on time with their responsibilities.

Everyone should keep the Hearts & Hugs Committee aware of anyone needing solicitude.

Board Meeting dates and locations were completed.

Retreat is set for April 2-5, 2020 at Colombiere. The forms are out already and members can begin paying as soon as they like.

Some members are also interested in a Fall Retreat at Bear Lake, the dates they have available at present are November 8-10, 2019 and Sept 27-29, 2020 cost about \$107 per participant.

Audit was completed and placed on file. The books should all be completed by June and be ready to present to Audit Committee by July 14th so they can have the report ready by August and then the new treasurer takes over.

Patent update would be \$100. Sharon will look into request for renewal, to check the date.

Quilt Show Update. The raffle tickets are available. Discussion on the simplest way to handle two quilts. Before the drawing, the names of the two quilts will be put in a basket. Whichever name is drawn, Fifty Shades of Blue or Treasured Keepsake will be the Quilt drawn first. Then the winner drawn. No exchanges. Then the second quilt winner will be chosen. Laurie will make a sign that can accompany the quilts as they are displayed. Members taking the quilts for display in various locations will wear Cameo T shirts. These T-shirts will be available to all members, cost \$10.00 each.

VP Membership Laurie Johnson. There are 49 members registered. The Membership Folder will be ready for the October Meeting. There is still some work to be done on the Committee lists. The electronic roster will be kept up to date at all times.

A guild member suggested that completed Charity quilts be shown at meetings to motivate participation. Board discussed showing the items received by Charity except Haven bags or pillow cases. Charity Table is closed by Show 'N Tell time so it would have to be during the meeting. Donors could present a Charity Parade or committee could present the donations? Members liked the idea, Sharon will discuss it with Charity Chairperson.

VP Facilitator Jan Recinos. Program Updates. There are 9 members signed up for the October 19 workshop by Ruth Ann Berry-3D Isometric Quilt. She has sent Jan no specific information on the requirements or details on the kits. Jan will contact her. Also check her website for details www.quiltersclinic.com. Jan will try to get more information from the presenters to encourage members to sign up for their workshops. Jan plans to email other local guilds with our speaker information.

VP Programs Jean Schlegelmann. Shared the information she has collected about possible speakers. Cautioned to be sure every detail is spelled out in the contract before signing

Treasurer Jackie Considine.

Sharon took care of filing the Form 990. The Go Daddy debit card update is needed. The three \$100 donation checks were mailed to Miracle Quilts, Lions Bear Lake Camp and Clawson United Methodist Church

Corresponding Secretary Kathy Debien. Suggestion was made to send a Welcome card to new members.

Meeting adjourned 8.45pm.

Next meeting Thursday October 24, at the home of Darlene Baer

Respectfully submitted Ann Bonnelli