

Permanent Makeup Pre and Post Procedure Instructions

For Clients Who Have Had the Procedure Before

For all clients who have permanent cosmetic makeup procedure performed, we only use the very finest pigments available. Some procedures may need to be repeated because the original application can fade anywhere from 25% to 40%. Individual chemical and genetic makeup can affect the final result.

We Cannot Predict Your Fading Experience

It is fully possible to get the perfect results with only one application; however, this cannot be guaranteed. Please remember that the amount of pigment you retain or lose after your initial application is not a reflection of the quality of work. Pigment retention varies with each person. In case your procedure must be repeated, you will need to wait at least 21 days of the date of your original application.

Application Cannot Be Repeated Within 28 Days or Less

The tissue is not ready to absorb new pigment although your skin looks healed. Please be patient.

We Charge an Additional Fee for Touch Ups

Most touch-ups can be done in 30 to 45 minutes.

Pre-Care Instructions:

- Do not work out 24 hours before procedure or 10 days after.
- NO alcohol or caffeine 24 hours before procedure (Yes, there is caffeine in decaf coffee and tea!).
- Avoid sun and tanning one week prior to procedure and 10 days after.
- Do not take Aspirin, Niacin, Vitamin E or Advil/Ibuprofen One week before procedure.
- Avoid power shakes and power greens, Fish Oil, and "Hair, Skin, Nail" supplements One week prior to procedure.
- Discontinue Glycolics, Chemical Peels and Retin-A 4 weeks prior.
- Refrain from use of any Alpha Hydroxy Acid (AHA) products close to the eyebrow area 2 weeks prior to and 2 weeks after your procedure. Check your moisturizer, facewash BB or CC creams and makeup primers for anything that says acid.
- No brow waxing or tinting two weeks before.
- Please Note: You will be more sensitive during your menstrual cycle as well.
- You have to be off any kind of Accutane for 1 year. NO Exceptions!
- No Latisse (on lashes or brows) for minimum of three weeks prior to permanent eyeliner or brow.
- For permanent eyeliner, eyelash extensions must be removed 3-5 day prior.
- Fillers should be done six weeks prior to scheduled procedure or six weeks after procedure.
- Botox should be performed four weeks prior to scheduled procedure or two weeks after.

Cold Sores and Fever Blisters:

In the case of permanent lip color, cold sores and fever blisters **MUST** be treated. If you get cold sores or have ever had one in the past, you will need an antiviral prescription from your doctor before a lip procedure. Physicians usually instruct to take it 2 days before. As this procedure will bring out the virus if not medicated beforehand.

Oily Skin:

If you have oily skin, results will appear softer and may require additional procedures.

Preparing the Skin

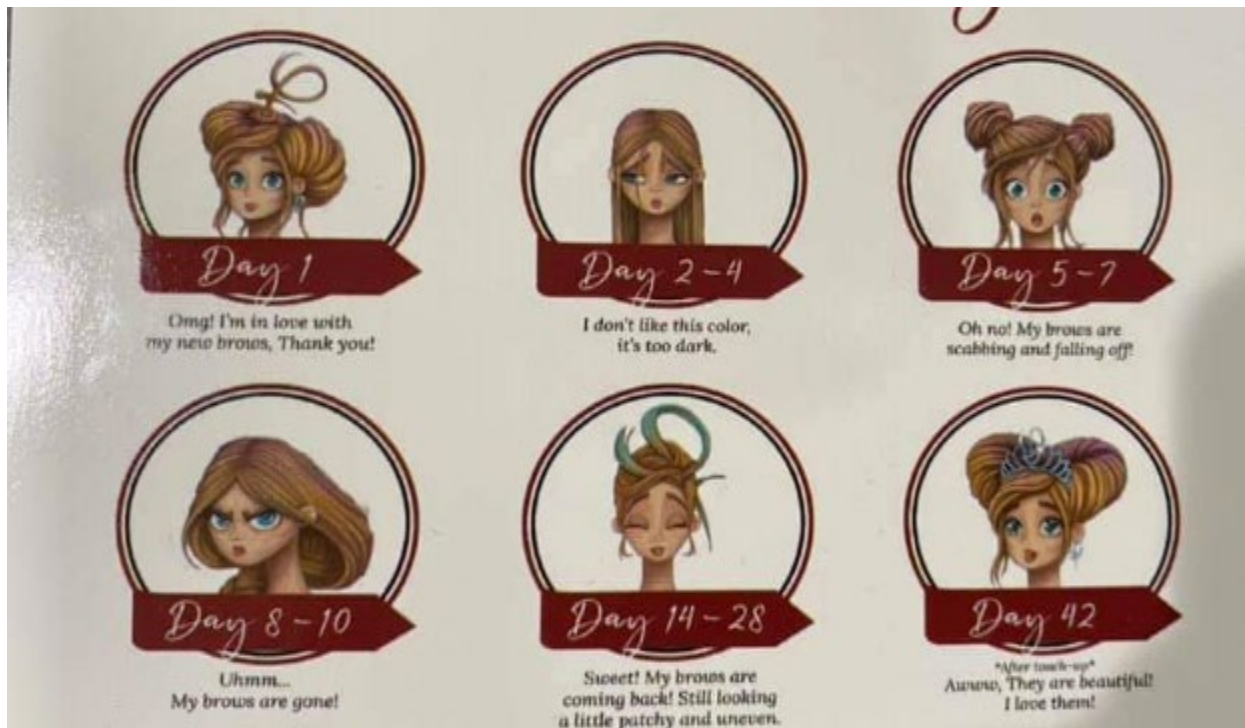
To prepare the skin, you will need to cleanse the area free of makeup. Clean with baby-wipes, makeup remover or apply antibacterial soap with a Q-Tip to remove any excess skin oils.

Pain Preparation

PMU and MicroBlading can be a painful procedure. However, there are great numbing solutions for before, during and after that we will be using for comfort throughout your Micro Pigmentation procedure.

Post Procedure:

There will be an epithelial crust that forms in the days following the procedure. This crust is a combination of dried pigment and plasma that forms externally. It is important that you do not pick it. Picking the crust will result in a loss of pigment. The crust will fall off naturally within a few days. For the first few days following the procedure



Follow This Daily Regime

- Clean the area 30 minutes after the procedure of MicroBlading with a cotton wet with purified water, please be very gentle with the treated area. Applied SkinCandy from PhiBrows in a very small quantity, do not rub the skin, only dabbing. Must repeat the step every 2 hours for the next 24 hours.
- Do not touch the treated area unless applying SkinCandy. No scratching, rubbing, or picking of the treated area, you can cover them with plastic at night for 3 nights
- For the next 7 days avoid all the creams except SkinCandy, all make-up (Foundation) in the eyebrow area. Avoid workout that involve a lots of sweating, sauna, facial massage and steaming-inhalation
- Be cautious around the area (such as pulling clothing over your head)
- Do not apply makeup on treated area until healed
- Apply SkinCandy 3 - 5 times a day on treated area until peeling comes off; normally 5 to 7 days. (Again do not peel the area yourself, let this fall off naturally)
- In the next 30 days: Sunbathing, solarium, light therapy, chemical peelings, fruit acids, microdermabrasion, creams that contain regeneration factors, laser treatment over the treated area during MicroBlading healing process (fraxel laser, IPL), because they can destroy the pigment and cause burns. Use of antibiotics, hormonal therapy can lead to a fast pigment fading. Always protect your eyebrows from the sun with SPF's (NOT DURING THE FIRST 7 DAYS)
- Touch up may be done after 28 days, however its best to wait 30 to 34 days

Oily Skin: In very oily skin only this step will be carried out. Aftercare from day 2 onwards does not apply to this kind of skin.

Day 2 and so forth

- Moderate to oily skin: apply a light coat 3 times a day for 2 days of SkinCandy
- Normal or Combination Skin: apply a light coat 3 times a day for 5 days of SkinCandy
- Dry Skin: apply a light coat 3 times a day for 7 days of SkinCandy

***** The success of our MicroBlading treatment depends 70% on this After Care being carried out to the T.**

***** Recovery is complete after 28 days.**

***** In this period you must register for the retouch.**

I, _____, have read and understand the above information and of my own free will I choose to move forward with my procedure.

Signature: _____ Date: _____

Here are some examples of works done by some master artist from PhiAcademy, also links for you to see the procedure.





<https://youtu.be/RT1Fn2QuvKc>

<https://youtu.be/TKn2qagYGjc>