

# AMERICAN CENTRAL INSURANCE NEWSLETTER

SUMMER | 2020

## HOW MEDICARE COVERS COVID-19 TESTS:

Medicare Part B (Medical Insurance) covers a test to see if you have coronavirus (officially called coronavirus disease 2019 or COVID-19).

With Original Medicare, you pay nothing for this test done to help your doctor diagnose or rule out a suspected illness or condition. In some circumstances, a home health nurse, laboratory technician, or appropriately-trained medical assistant may give you this test in your home.

**NOTE:** Medicare Advantage Plans can't charge copayments, deductibles, or coinsurance for clinical lab tests to detect or diagnose COVID-19. Medicare covers these tests at different locations, including some "parking lot" test sites. Medicare also covers COVID-19 antibody tests as well as preventive tests and screenings to help prevent, find, or manage a medical problem.

Source: <https://www.medicare.gov/coverage/coronavirus-disease-2019-covid-19-tests>

## HOW TO SAFELY SPEND TIME WITH GRANDCHILDREN DURING COVID-19

In a time of crisis, it's natural to want to be with family and help, but in this particular crisis families need to think differently and keep grandparents safe. "Grandparents really shouldn't be doing childcare, even if the child is a baby, it's impossible to be sure that the baby's parents won't bring anything home." Claire McCarthy, MD

- Stay connected with grandchildren via Telephone, Zoom or FaceTime
- Become a Pen Pal with your grandkids, write letters & mail cards
- Ask about your grandchild's interests & share some of yours
- Tell stories about what life was like when you or their parents were children before microwaves, iPhones & Netflix
- Video chat together reading books, playing games & having a meal

More ways to stay safe while staying connected with your grandkids at: <https://health.harvard.edu>.



*\*By responding to this advertisement, I understand a sales agent may contact me by telephone, email or mail to discuss Medicare Advantage plans and Prescription Drug plans, and Medicare Supplement Insurance plans.*



# GRANDMA'S GERMAN POTATO SALAD

## INGREDIENTS

Total Time: 1 hour

Servings: 8

**8 medium** red potatoes  
**4 - 5 hard boiled** eggs  
(chopped)  
**2 ribs** of celery (diced) *(Optional)*  
**5 slices** bacon (chopped)  
**1 small** onion (chopped)

**1 cup** sugar  
**1 egg**  
**1 tsp** salt  
**1 tbs** corn starch  
**1 cup** vinegar

## DIRECTIONS

- Put whole red potatoes in pot & cover with water.
- Add salt & bring to a boil.
- Reduce to simmer & cook about 25 minutes until tender.
- Drain & let cool slightly.
- Cook bacon in skillet until it starts to brown.
- Add onion & salt.
- Cook until onion is translucent and bacon is crisp.
- Remove from heat.
- Peel potatoes & cut into small cubes into large bowl.
- Add chopped hard boiled eggs & chopped celery. Mix gently & set aside.
- Add vinegar & sugar to bacon & onions pan & stir over medium heat. Salt to taste.
- Serve warm or at room temperature.

## SAVE THE DATE

JUNE

20

SUMMER BEGINS

21

FATHER'S DAY

JULY

04

INDEPENDENCE DAY

AUGUST

21

SENIOR CITIZEN DAY

SEPTEMBER

07

LABOR DAY

13

GRANDPARENTS DAY



## DID YOU KNOW . . .

Every 4th of July the Liberty Bell in Philadelphia is tapped (not actually rung) thirteen times in honor of the original thirteen colonies?

## CONTACT US

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