

Safeguarding Policy

Organisation: The Martial Arts Mental Health and Wellbeing Company

Trading Name: The Holistic Dojo

Designated Safeguarding Lead: Kerry Tidman

Local Authority: Sandwell

Policy Date: June 2025

Review Date: June 2026

1. Our Commitment to Safeguarding

The Holistic Dojo is committed to safeguarding and promoting the welfare of both children (aged 11 and above) and adults.

We believe everyone deserves to be safe, respected, and supported, especially those who may be vulnerable due to disability, age, mental health, or lived experiences of trauma or discrimination.

This policy outlines how we protect the people we work with and what to do if you have any safeguarding concerns.

2. Who This Policy Covers

This policy applies to all service users, clients, students, parents/carers, volunteers, and anyone engaging with The Holistic Dojo services.

It applies to both online and in-person activities.

3. Types of Harm We Recognise

- Physical abuse
- Emotional or psychological abuse
- Sexual abuse or exploitation

- Financial abuse or coercion (for adults)
- Neglect or self-neglect
- Discriminatory abuse
- Online or digital abuse
- Domestic abuse
- Radicalisation and extremism

4. What To Do If You Have a Concern

All safeguarding concerns should be reported to the Designated Safeguarding Lead, Kerry Tidman.

If a child or adult is in immediate danger, dial 999.

For non-emergency advice or referrals in Sandwell:

- Sandwell Children's Safeguarding: 0121 569 3100
- Adult Social Care (Sandwell): 0121 569 2266
- Out of Hours Emergency Duty Team: 0121 569 2355

5. Confidentiality and Consent

We will respect confidentiality wherever possible. However, if someone is at risk of significant harm, we are legally and ethically required to share information with the appropriate services.

6. Review and Responsibility

This policy is reviewed annually or when legislation or best practice guidance changes.

Kerry Tidman, as Company Director, holds responsibility for implementing and reviewing this policy.

Signed: Kerry Tidman

Director & Designated Safeguarding Lead

Date: June 2025