

Cookie Policy

Organisation: The Martial Arts Mental Health and Wellbeing Company

Trading Name: The Holistic Dojo

Director: Kerry Tidman

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Policy Date: June 2025

Review Date: June 2026

1. What Are Cookies?

Cookies are small text files placed on your device when you visit a website. They help improve your experience, remember preferences, and understand how the site is being used.

2. How We Use Cookies

We may use cookies to:

- Remember your settings and preferences
- Enable secure logins or bookings
- Understand how people interact with the website (e.g. page visits, time spent)
- Improve accessibility and usability
- Enable embedded content (e.g. Kajabi, Stripe, Calendly, YouTube)

3. Types of Cookies We May Use

- Essential cookies: Required for basic website functionality
- Analytics cookies: Help us understand visitor behaviour (e.g. Kajabi, Google Analytics)
- Third-party cookies: May be set by platforms we embed (e.g. video or booking tools)

4. Managing Cookies

You are in control. You can set your browser to accept, reject, or notify you about cookies. You can also delete cookies at any time through your browser settings.

5. Your Consent

By using our website, you consent to the use of cookies in line with this policy. You can update your preferences at any time.

6. Updates

This Cookie Policy may be updated from time to time to reflect legal or technical changes.

Signed: Kerry Tidman

Director, The Holistic Dojo

Date: June 2025