

NATIONAL CIVILITY MONTH

THE IMPORTANT OF CIVILITY



WHAT IS CIVILITY?

Civility is defined as "a polite act or expression." It refers to courtesy and both maintaining and demonstrating respectful behavior towards others.

1

2

A CULTURE OF RESPECT

Civility fosters a respectful environment where all ideas are listened to and relationships are built. Civility doesn't signify that negative feedback can't be provided, but rather encourages civil disagreement and discussion.

DISASSOCIATING FROM THE NEGATIVE

Becoming more civil has been linked to helping people separate themselves from negative emotions. Through civility, you are able to view situations more objectively.

3

4

PROMOTING DIVERSITY

Practicing civility allows diverse groups of people to develop a deeper understanding of each other's beliefs, opinions, values and perspectives. This helps to reduce instances of stereotyping and conflict.

