

# PROSTATE CANCER AWARENESS

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# PROSTATE CANCER FACTS



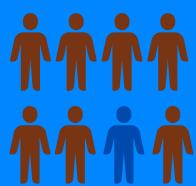
### **1 OUT OF 8**

Men will be diagnosed with prostate cancer in his lifetime.



### 1 OUT OF 6

Black men will be diagnosed with prostate cancer in his lifetime.





## **CARDIO EXERCISE**

Exercise can lower your risk of getting lethal prostate cancer, or of having cancer come back if it's already been treated.

2025 Statistics

313K

The American Cancer Society estimates 313,780 new cases of prostate cancer in the United States for 2025. Black men have a 70% higher prostate cancer diagnosis rate than White men, with the highest incidence in the United States and the Caribbean.

### **Family History**

Men who have a direct blood relative, like a father or brother, with a history of prostate cancer are twice as likely to be diagnosed with the disease.



### **RISK FACTORS**



Certain cancers in your family, like breast and ovarian cancer, have been linked to a higher risk of PC.



The risk of prostate cancer grows significantly as men age. About 60% of all prostate cancers are diagnosed in men over 65.

No symptoms don't guarantee good health. Prioritizing prostate health, regular PC screenings in our healthcare routine can help catch issues early.



Exposure to certain chemicals including pesticides can add to prostate cancer risk and severity.

