



WORKBOOK & GUIDE

# Moon Magick Manifestation Workbook

Welcome to your Moon Ritual Workbook, a guide to connecting with the moon's energy and aligning your intentions with its natural cycles. This workbook is designed for individuals and families to create meaningful rituals and fostering connection with each other and the world around you.

This workbook is a tool for creating intentional, magical moments.

There's no right or wrong way to use it: what matters most is the time you spend together, the connections you build, and the joy of aligning with the moon's natural rhythm.



### What's Included

Understanding the October Moons

October Moon Overview

Activities & Rituals (Family & Personal)

Journal Prompts & Tarot Spread

2025 Moon Calendars

### October Moon Dates

Below are the different moons for October combined with their times, astrological signs and energies.

	2 2		20	
Full Moon	Date & Time	Astrological Sign	Energies	
6	Monday, October 6 11:48 PM	Aries	Taking Initiative Starting New Projects Embracing Your Inner Warrior	
Last Quarter	Date & Time	Astrological Sign	Energies	
	Monday, October 13 2:13 PM	Cancer	Nurturing Yourself & Loved Ones     Focusing on Home Environment     Family and Ancestor Magic	
New Moon	Date & Time	Astrological Sign	Energies	
	Tuesday, October 21 8:25 AM	Libra	Creating Harmony in Relationships Focusing on Balance Beauty and Aesthetics	
First Quarter	Date & Time	Astrological Sign	Energies	
	Wednesday, October 29 12:21 PM	Aquarius	Innovation & Creativity     Freedom & Rebellion     Humanitarianism	



### Intro to the October Moon

October's moon arrives as the air grows crisp, the days shorten, and the last of the harvest is gathered in. Known most commonly as the Hunter's Moon, it rises large and bright in the autumn sky. Illuminating fields, forests, and the shifting world around us. This moon was traditionally a time of preparation when communities finished gathering their stores and readied themselves for the cold, quiet months ahead.

The energy of autumn deepening is potent during this moon. The growth of summer has ended, and now the earth begins to rest. We are invited to slow down as well harvesting the fruits of our own efforts, letting go of what no longer serves, and preparing ourselves spiritually and emotionally for the darker season.



### October Hunter Moon

The Hunter's Moon is the name traditionally given to the full moon that follows the Harvest Moon. While the Harvest Moon lights the fields for gathering the last crops, the Hunter's Moon shines brightly during the crisp nights of October, guiding hunters as they tracked game and prepared food stores for the winter ahead. Its light lingers longer in the sky, rising soon after sunset, creating a natural lantern that once allowed people more time to gather, hunt, and secure their survival as the darker half of the year approached.

Spiritually, the Hunter's Moon carries the energy of preparation, provision, and protection. It asks us to take stock of what we have, release what we don't need, and secure what will nourish and sustain us through the coming season. Just as our ancestors used this moon to ensure their physical survival, we can use its light to ensure our emotional, spiritual, and energetic survival gathering wisdom, setting boundaries, and fortifying our spirits.



### HISTORICAL + CULTURAL SIGNIFICANCE OF THIS TIME

The Hunter's Moon has long been an important seasonal marker across cultures. In the Northern Hemisphere, it signaled the final turning point from harvest to winter. After the crops were gathered under the Harvest Moon in September. October's moon rose to guide hunters in gathering game and preserving food. Its bright, lingering light in the evening sky made it easier to hunt and prepare, ensuring communities had enough resources to endure the cold months ahead.

In Celtic and Pagan traditions, this time of year was a sacred threshold. The Hunter's Moon prepared the way for Samhain, the fostival marking the end of the harvest and the beginning of the darker half of the year. Samhain was a time to honor ancestors, light fires for protection, and embrace the thinning voil between worlds. The Hunter's Moon was seen as the final beacon of light before the descent into winter's shadow.



## Energy & Themes of the Hunter's Moon

The Hunter's Moon radiates a bold, luminous energy that reflects both preparation and transformation. It is a time of gathering protection, and clarity, when we align with nature's cycle of drawing inward and readying ourselves for the darker months ahead.

Just as our ancestors stocked food and resources, this moon reminds

### us to gather what we truly need—wisdom, energy, tools, and support

Preparation & Provision

systems—to sustain us through the winter season.

\*\* Release & Renewal

The Hunter's Moon invites us to let go of what no longer serves us. As

### the trees shed their leaves, so too can we release outdated habits,

fears, or attachments, making room for growth and rest.

# Illumination & Clarity

With its striking brightness, this moon brings clarity to hidden truths

and illuminates paths forward. It supports shadow work, truth-seeking,

# and facing what has been kept in the dark.

☆ Ancestral Connection

This is one of the most potent moons for connecting with ancestors and spirit guides. Its energy thins the veil, allowing us to honor lineage, seek guidance, and feel supported by those who walked before us.

### \* Protection & Strength

As the year turns toward the dark, the Hunter's Moon strengthens our boundaries—both spiritual and personal. It's a powerful time for protective magick, warding rituals, and affirming our inner resilience.

In essence, the Hunter's Moon is about equipping ourselves with clarity, courage, and care—so we can step into the darker half of the year not with fear, but with purpose and power.

### THE FULL MOON IN ARIES

When the Full Moon shines in Aries, fiery and bold energy fills the night sky. Aries is the first sign of the zodiac, ruled by Mars, the planet of action, courage, and drive. This moon stirs passion, independence, and determination, reminding us to step forward with bravery and claim our path.

Spiritually, the Aries Full Moon calls for balance between self and others. While Aries inspires fierce independence, its opposite sign. Libra, reminds us of the importance of harmony, relationships, and connection. Under this moon, we are asked to reflect: Where am I ready to lead, and where do I need to cooperate?

This is a powerful moon for rituals that involve courage, empowerment, new beginnings, and protection. Use its fire to burn away fears, set strong intentions, and light the way forward with confidence and passion.





### Energies of the Full Moon in Aries

- Courage & Action This is the moon of bold moves, urging you to act on your instincts and pursue your desires with confidence.
- Independence & Identity Aries reminds us to stand in our authenticity, express who we truly are and trust in our individuality
- express who we truly are, and trust in our individuality.

  Release of Fear & Hesitation Anything holding you back from taking
- action can be acknowledged and released under this moon.

  Igniting Passion Aries energy fans the flames of creativity, motivation, and desire, fueling projects, goals, and personal transformation.

### Moon Symbolism for Families

For families, the Hunter's Moon is a reminder to gather close and prepare together for the season ahead. Just as our ancestors used this moon to stock up for winter, families today can use its energy to reflect on what they've accomplished, what they wish to release, and how they can support one another in the months to come. It's a wonderful time to share stories of ancestors, light candles together, or create protective charms for the home. The Hunter's Moon invites families to honor the balance of light and shadow, teaching children about the cycles of nature while fostering gratitude, protection, and connection within the family circle.



When the Full Moon rises in fiery Aries, it encourages families to embrace courage, playfulness, and independence together. This moon's bold energy is wonderful for inspiring children to try new things, speak their truth, and celebrate their unique strengths. For parents, it's a reminder to model healthy ways of expressing passion and setting boundaries, showing that strong energy can be channeled with love. As a family, you can use this moon to start fresh projects, have fun with active games or outdoor adventures, and talk about the importance of being brave and authentic. The Aries Full Moon sparks excitement and confidence, helping the whole family move forward with lov and purpose.



### Family Full Moon Activities

#### Moonlit Courage Circle

Gather as a family under the moon and let each person share one thing they feel brave about or a goal they want to pursue. Light a candle for each person to symbolize their inner fire and courage.





#### Create Protection Charms

\_Work together to craft simple protection charms using autumn leaves, twine, and small crystals or stones. Hang them around the home or place them on a family altar to invite safety and strength through the

#### Family Fire Ritual

Build a small fire outdoors (or light a candle indoors) and write down fears or doubts on slips of paper. Toss them into the flame together, releasing what no longer serves and making space for courage and new beginnings.





#### Active Adventure Night

Channel Aries' fiery energy with a family walk, stargazing hike, or playful outdoor game under the moonlight. Use the time to celebrate being active, alive, and connected to both each other and the natural world.

### Family Full Moon Ritual

### Courage and Connection Under the Hunter's Moon

Theme: Courage, Protection, and Ancestral Connection

The Hunter's Full Moon in flory Aries is a powerful time for families to come together in strength, courage, and unity. Just as our ancestors once gathered under this moon to prepare for the darker season, this ritual invites your family to release fears, celebrate bravery, and call in protection for the months ahead. Through candles, intention, and shared words, you'll weave a circle of love and courage that supports every member of your household.

#### What You'll Need

- A candle for each family member (red, orange, or white are ideal)
- · A bowl of water or autumn leaves for grounding
- · Paper and pens/pencils
- · A small fire-safe bowl or cauldron



### Family Full Moon Ritual

#### 1. Gather & Center

Sit together in a circle, indoors or outside under the moon. Take three deep breaths as a family, imagining the fiery light of the Aries Full Moon filling the space with warmth and courage.

#### 2. Light the Flame

Give each family member a candle. As each person lights theirs, invite them to say: I carry courage within me. My flame is strong.\*



#### 3. Release & Renew

On a small piece of paper, have each person write down one fear, doubt, or obstacle they are ready to release. One by one, place the papers into the fire-safe bowl and carefully burn them (or fold and bury them under autumn leaves if burning isn't possible).



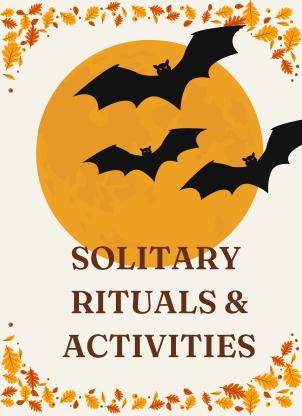
### 4. Call on Protection & Strength

Dip fingers into the bowl of water or hold an autumn leaf. Say together: "We are safe, we are strong, we are connected. The Hunter's Moon lights our path.' Imagine a glowing shield of moonlight surrounding, your family and home.

#### 5. Close with Gratitude

Blow out the candles, thanking the moon, your ancestors, and one another. End by sharing something, each family member feels proud of or a brave step they want to take in the weeks ahead.





### FULL MOON ACTIVITIES

#### Moonlit Release Ritual

Write down fears or habits you are ready to let go of and burn the paper in a firesafe bowl. As the smoke rises, imagine Aries' flery energy clearing your path forward.





#### Candle of Courage

Light a single red or orange candle and meditate on your inner strength. Speak aloud one brave step you are ready to take and let the flame charge your intention.



#### Ancestor Connection

Create a small offering of food, drink, or autumn leaves for your ancestors under the moonlight. Sit quietly and invite their wisdom, listening for guidance through meditation or journaling,





### Active Moon Magick

Channel Aries' passion with movement, like dance, run, or practice yoga under the moon. As your body moves, envision yourself releasing old energy and filling with courage and vitality.

### Solitary Ritual for the Hunter's Full Moon

### "FLOW WITHIN"

Theme: Courage, Release, and Ancestral Strength

The Hunter's Full Moon in Aries burns with a fiery light, calling you to step boldly into your own power. This is a night for releasing fear, claiming courage, and connecting with the strength of those who came before you. Alone under the moon's glow, you become both hunter and protector—seeking what nourishes your spirit while letting go of what no longer serves. This ritual will guide you in honoring your ancestors, igniting your inner fire, and walking forward with confidence into the darker season ahead.

#### What You'll Need

- One red or orange candle (for Aries' fire energy)
   A small fire-safe bowl or cauldron
- Paper and pen
- · A protective stone (obsidian, black tourmaline, or hematite work well)
- A glass of water for grounding



### SOLITARY FULL MOON RITUAL

#### 1.Prepare Your Space

Find a quiet place where you can see the moon (or visualize it if indoors). Take three deep breaths, feeling the fire of Aries' energy around you and the Hunter's Moon glowing above.

#### 2. Light the Flame

Light your candle, saying: 1 call upon the fire of Aries, the light of the Hunter's Moon. May courage and clarity guide me."



#### 3. Release & Burn

On your paper, write down one or more fears, doubts, or obstacles holding you back. Fold the paper and place it into the fire-safe bowl. carefully burning it as you say: I release what no longer serves me. I walk forward in strength."

#### 4. Empowerment Invocation

Hold your protective stone in your hand. Speak aloud one bold intention or action you're ready to take, letting the flame of the candle charge both your words and the stone with flery strength.

#### 5. Close & Ground

Blow out the candle, thanking the moon and your ancestors for guidance. Sip the glass of water slowly, imagining it grounding and balancing the fire within you. Place your stone somewhere meaningful to carry the energy of this ritual forward.





# JOURNALING PROMPTS

### HUNTER MOON REFLECTIONS

Where in my life am I being called to step forward with more courage, even if it feels uncomfortable?
How can I honor my individuality and independence while still nurturing balance and connection in my relationships?
What fears, doubts, or hesitations am I ready to release so I can move forward boldly on my path?
What passion, project, or desire is burning within me that I am ready to ignite under this fiery moon?

### "Ignite Your Inner Fire" Tarot Spread

This 5-card Aries Full Moon spread is designed to help you tap into the flery energy of courage, action, and authenticity. Use it to uncover what fears to release, what passions to ignite, and how to step boldly forward on your path.



#### PERFORMING THE SPREAD

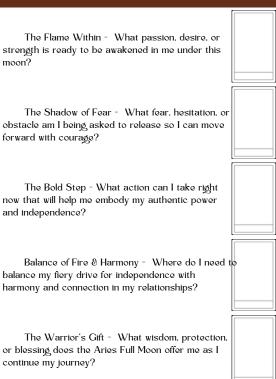
Find a quiet, sacred space where you can focus.

Shuffle your tarot or oracle deck while thinking about new beginnings and renewal.

Lay out the cards in the pattern above.

Reflect on the meaning of each card and how it applies to your lourney.

## "Ignite Your Inner Fire" Tarot Spread



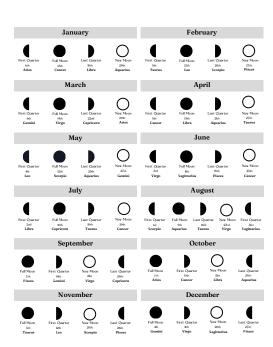


### Monthly Moons

Each month features a unique moon, often tied to seasonal themes and energies. These moons align with astrological signs as the moon moves through the zodiac, influencing how you connect with its power. The astrological sign the moon is in can enhance or shift its energy.

Month	Moon Name	Associated Energy	Astrological Sign Examples
January	Wolf Moon	Reflection, inner strength	Cancer, Leo
February	Snow Moon	Purity, renewal, endurance	Virgo, Libra
March	Worm Moon	Growth, transformation, new beginnings	Scorpio, Sagittarius
April	Pink Moon	Blooming, love, creativity	Capricorn, Aquarius
May	Flower Moon	Abundance, fertility, celebration	Pisces, Aries
June	Strawberry Moon	Gratitude, sweetness, fulfillment	Taurus, Gemini
July	Buck Moon	Strength, leadership, vitality	Cancer, Leo
August	Sturgeon Moon	Wisdom, intuition, perseverance	Virgo, Libra
September	Harvest Moon	Completion, gratitude, abundance	Scorpio, Sagittarius
October	Hunter's Moon	Preparation, focus, determination	Capricorn, Aquarius
November	Beaver Moon	Hard work, community, stability	Pisces, Aries
December	Cold Moon	Reflection, rest, spiritual depth	Taurus, Gemini

# 2025 Moon Phase Dates



# 2025 ASTROLOGICAL DATES

### Planet Directs/Retrogrades

				~	
I	Mercu	ry			
Direction	Date	Sign		Venus	3
Direct	Jan 01	Sagttarius	Direction	Date	Sign
Retrograde	Mar I5	Aries	Direct	Jan 01	Aquarius
Direct	Apr 7	Piscos	Retrograde	Mar 2	Artes
Retrograde	Jul 18	Loo	Direct	Apr IS	Piscos
Direct	Aug II	Leo			
Retrograde	Nov 09	Sagttarius			
Direct	Nov 29	Scorpto		Mars	
			Direction	Date	Sign
	Jupite	r	Direct	Feb 24	Cancer
Direction	Date	Sign			
Direct	Feb 4	Gemini			
Retrograde	Nov II	Cancer	Saturn		n
			Direction	Date	Sign
	**		Direct	Jan 0I	Pisces
	Uranu	s	Retrograde	Jul 13	Artes
Direction	Date	Sign	Diract	Nov 28	Piscos
Direct	Jan 30	Taurus	Direct	1404 28	riscos
Retrograde	Sep 6	Gemini			

			reptune		
	Pluto	1	Direction	Date	Sign
Direction	Date	Sign	Direct	Jan 01	Pisces
Direct	Jan 01	Capricorn	Retrograde	Jul 04	Artes
Retrograde	May 4	Aquarius	Direct	Dec 10	Pisces
Direct	Oct 14	Capricorn			

Meteor Showers				
Quadrantids	03-Jan-2025			
Alpha Centauroids	08-Feb-2025			
Eta Virginias	14-Mar-2025			
Kappa Serpentis	05-Apr-2025			
Lyrids	22-Apr-2025			
Pi Puppis	23-Apr-2025			
Eta Aquariids	06-May-2025			
Eta Lyrids	09-May-2025			
Botilds	28-Jun-2025			
South. Delta Aquariids	30-Jul-2025			
Alpha Capricornids	30-Jul-2025			
South. Delta Aquariids	04-Aug-2025			
Persads	12-Aug-2025			
Kappa Cygnets	18-Aug-2025			
Alpha Aurigids	3I-Aug-2025			
Capricorn ds	03-Oct-2025			
Camelopardalis	06-Oct-2025			
Draconis	08-Oct-2025			
Orionids	2I-Oct-2025			
Northern Taurids	06-Nov-2025			
Southern Taurids	06-Nov-2025			
Leonidas	17-Nov-2025			
Alpha Monocerotids	2I-Nov-2025			
Geminids	14-Dec-2025			
Ursids	22-Dec-2025			
Comae Berenicids	25-Dec-2025			

### For More Magick



We hope you find joy, inspiration, and connection as you work through this magical workbook. It's designed to help you align with nature's rhythms, set powerful intentions, and infuse your daily life with meaning and enchantment. If you're looking to dive deeper into magickal practices, explore seasonal celebrations, or connect with more tools and guidance for intentional living, we invite you to visit our website. There, you'll find resources, curated products, and teachings to support your journey and help you embrace a truly magical lifestyle.

Learn more at www.modernmagickalfamily.com and let the magic unfold!

@ 2025 Modern Magickal Family. All rights reserved.

This workbook and all included content, graphics, text, and illustrations are the intellectual property of Modern Magickal Family and may not be reproduced, distributed, or used for commercial purposes without explicit written permission. This guide is intended for personal use only. Thank you for honoring and respecting this creative work.